Y11 A Christmas Carol by Charles Dickens, Knowledge Organiser

Exam Paper Overview:

Literature Paper 2: A Christmas Carol is on the Literature Paper 2 exam. This part of the exam is usually 1 hour, however, this year you will have 1 hour 20 minutes to respond to the novel question.

Dickens' Intentions and Ideas

Dickens' writing criticised economic, social, and moral issues in the Victorian era. He showed compassion and empathy towards the vulnerable and disadvantaged people in English society, and help to bring about several important social reforms. Dickens' deep social commitment and awareness of social issues come from his traumatic childhood, where his father was imprisoned for debt, and he was forced to work in a shoe-blacking factory at 12 years old. In his adult life, Dickens developed a strong social conscience and empathised with the victims of social and economic injustice. Dickens' intention in A Christmas Carol is to draw readers' attention to the plight of the poor and to highlight the hypocrisy of Victorian society. He juxtaposes the wealth and greed of capitalists with the poorer classes and draws attention to the way in which the greed and selfishness of some impacts on the quality of the lives of others. His moral message appears to be that we should care for our fellow man. The transformation of Scrooge suggests that Dickens feels it is never too late for change and redemption. Dickens emphasises the importance of family, friendship and charity in bringing about this

chanae.

Stave Summaries				
Stave 1	Stave 2	Stave 3	Stave 4	Stave 5
 Introduced to Ebenezer 		 Scrooge is then visited by the 	 The Ghost of Christmas Future is 	1. Scrooge wakes up in his own
Scrooge on Christmas Eve. He is	1. Scrooge is visited by the	Ghost of Christmas Present.	described.	bed.
a lonely miser obsessed with	Ghost of Christmas Past who	2. The spirit shows Scrooge how	2. The spirit takes Scrooge to see a	2. Scrooge wonders how much
money. He won't pay to heat	takes him to witness his past.	the Cratchit family celebrate	group of businessmen discussing	time has passed and calls to a
the office properly – meaning	2. Scrooge is taken first to his	Christmas. Scrooge asked if Tiny	someone who has died.	boy. He then sends the boy to
Bob Cratchit is very cold.	schoolboy years and he is	Tim will life. The spirit explains	3. Scrooge is then taken to see Old	the poulterer for the prize turkey
2. We learn Jacob Marley,	reminded how his friends	unless there are changes, he will	Joe, where he is in the process of	to give to Bob Cratchit,
Scrooge's business partner, died	would go home from	die. The spirit reminds Scrooge of	buying property of the dead man –	Scrooge meets one of the
exactly 7 years earlier.	Christmas while he was left	his earlier words: 'If he is to die,	which have been stolen.	charity collectors from earlier
 Scrooge is irritated that 	at school.	he had better do it, and	 Scrooge then returns to Bob 	and whispers to him that he will
Christmas Day seems to be	3. We see him with his sister,	decrease the surplus population'	Cratchit's house, where it is	give a large donation.
interrupting his business.	who one year took him	3. Scrooge is then taken to see	revealed Tiny Tim has died.	4. Scrooge then goes to Fred's
 Scrooge is visited by his 	home for the holidays.	how others celebrate Christmas:	5. Scrooge is then taken to the	house and is welcomed in. He
nephew Fred, who invites his	4. Next we are shown	miners, lighthouse workers, sailors	graveyard and is shown a grave	enjoys the dinner and party.
uncle to Christmas dinner.	Scrooge as a young	on a ship.	stone and realises this is for him.	5. On Boxing Day, Scrooge
Scrooge refuses.	apprentice, working for	4. He is then taken to Fred's	6. Scrooge falls to his knees and	arrives early to work, and plays
5. Scrooge is visited by two	Fezziwig. Dickens describes	house at Christmas, where they	begs that he will change his ways.	a trick on Bob. Scrooge then
charity workers, asking for	the Christmas ball Fezziwig	are playing games.		tells him he is going to raise his
donations. Scrooge refuses and	organised for his	5. The spirit then begins to age,		salary and promises to help
exclaims he wants to be left	employees.	and see under the spirit's robes		Bob's struggling family.
alone.	5. Finally, Scrooge is taken	two children: Want and		6. Scrooge is described to have
6. Scrooge allows Bob to have	to see his ex-fiancée, Belle.	Ignorance.		completely changed and
Christmas Day off.	We see the scene when	6. The Ghost of Christmas Future		becomes a 'second father' to
7. Scrooge, when he is home, is	they break up, as money	then appears		Tiny Tim – 'who did not die.'
visited by the Ghost of Jacob	has taken over Scrooge's			
Marley – warning him he will be	life.			
visited by three more ghosts to	6. Scrooge cannot bear to			
help him change his ways.	see any more and struggles			
	with the spirit.			

Assessment Overview:	Language	Structure and Form	Characters	Themes
Part A and Part B: 1 hour				
	Alliteration	Order of ideas: Thinking about what the writer	1.Ebenezer Scrooge: Miserly,	-Family
	Triple Emphasis	started/finished with; why they saved something until	mean, bitter, materialistic,	-Loneliness and
Part A:	Satire- use of humour or ridicule to	last or shared it early on.	unsympathetic, indifferent,	isolation
You are given an extract	criticise	Paragraph length: Is it particularly long/short?	cold, selfish, isolated, cynical,	-Time
from the novella.	Simile- comparing using 'like' or 'as'	Sentence length: As above.	charitable, value driven,	-Education
You need to analyse how	Metaphor- saying one thing is another	Simple sentence: A sentence with only one subject and	generous, happy, sociable,	-Christmas Spirit
Dickens presents a	Personification- make object human	one verb: The cat sat on the chair.	transformed.	-Redemption
character or relationship.	Pathetic fallacy- weather to create	Compound sentence: Two main clauses joined with a	2. Marley's Ghost:	-Poverty
<u>Criteria:</u>	mood Pathos- language to evoke pity	connective that both make sense independently: The	Materialistic, self-centred,	-Social
3 paragraphs	Allusion- reference to another literary	cat sat on the chair and the man sat on the floor.	terrifying, haunting,	responsibility
Clear point	work	Complex sentence: A sentence with a main clause and	exhausted, direct, reformed,	-Supernatural
Embed evidence	Hyperbole- exaggerated statement	a subordinate clause: The cat, who was spoilt, sat on	regretful, hopeful, selfless,	-Poverty
Include language,	Connotation - associated meaning of	the chair whilst the man sat on the floor.	wise	-Fate
structure and form	word	Punctuation: Consider how these devices have	3. Bob Cratchit:	-Charity
Explain what the quote	Characterisation-built up description	been used	Uncomplaining, tolerant,	-Transformation
shows	of character in text	Juxtaposition: Two opposite ideas used close by	courteous, deterential,	-Capitalism
Analyse the techniques	Semantic field- words related in	one another	patient, civil, eager,	-Greed
Refer to reader	meaning	Penetitien: Using the same words, phrase or ideas	pleasurable, good-	-Money
	Imagery- visually descriptive	Repetition: Using the same words, phrase of ideas	numourea, playtul, caring,	-Friendsnip
Part B:	language.	more than once	fender, cheerful, loving,	-Religion
After the extract, you dre	Noun: Name of person, place, thing	Main Clause: The main part of a sentence;	Torgiving.	-Morality
given a meme snown in	Adjective: Describes noun	makes sense on its own.	4. Fied: Warn-hearied,	-
ine novelia.	Determiner: Gives information about	Subordinate Clause: A clause which does not	emparinenc, cheenor,	Choicos
You need to refer to	the noun: the/a/every/some	make sense on its own.	insightful determined	-Memory and the
events elsewhere in the	Abstract Noun: An idea/concept	Conflict- problem faced by characters	apperous forgiving jovial	nast
novella which relate to	love/anger	Resolution- point where conflict is resolved	enthusiastic carina	-Compassion
that theme.	Concrete Noun: Something you can	Foreshadowing- clue about something later	5. Ghost of Christmas Past:	-Forgiveness
	touch/hold	Foreboding- sense that something will occur	Contradictory strong gentle	-Guilt and blame
Criteria:	Verb: Doing word	Backstory-insight into character's past	quiet, forceful, auestionina.	-Time
3-4 paragraphs	Adverb: Describes verb	Exposition-revelation of something	mysterious	-Rationality
Clear point	Modal Verb: Gives information about	roetic justice- good rewarded bad punished	6. Ghost of Christmas Present:	,
Event description	the verb: should/could/might	meioarama- exaggerated characters/events	Compassionate, abundant,	
Explain what the event	Imperative Verb: A command	Motif- repeated image of symbol	generous, cheerful, jolly,	
shows	Pronoun: In place of noun I/he/it/they	Aniinesis- contrast of laeas in same grammatical	friendly, severe, sympathetic	
Explain how it shows the	Preposition: Tells you where something	Siluciule	7. Ghost of Christmas Future:	
theme	is on/over/under	directly to reader	Mysterious, silent, ominous,	
Explain why it is	Conjunction: A connective	Allegory - characters (events represent ideas	intimidating, frightening,	
significant	ana/or/but/although	about religion morals or politics	resolute.	
Reader effect	superiative: the most extreme version	Asyndeton-list without conjunctions	8. Tiny Tim: Frail, ill, good,	
		Polysyndeton - list with conjunctions (and)	religious	

Knowledge Organiser: Non-Fiction Reading <u>Module</u> Overview: You will read a variety of unseen Non-Fictions texts and will practise comprehension, analysis, evaluation and comparison. You will write a transactional writing piece.						
<u>AO1: C</u> Identify a info	t <mark>omparison</mark> nd select key rmation	<u>AO2: Analysis</u> Explaining how and language / structural devices are used.		AO2: AnalysisAO3: ComparisonExplaining how and language / structural devices are used.Identifying similarities/differences between writers' ideas/perspectives.AO4: EvaluationExploring how and why a text is effective.		A05/6 Writing and SPaG Use of ideas, language and structure. Accurate and effective SPaG.
Asses	<u>ssment Overview</u> :	2 hours and 5 i	ninutes: The exa	ım paper includes two un	seen Non-Fiction Texts and c	transactional writing task.
<u>Questior</u>	n<u>s 1-3</u>: Text 1	s 1-3 : Text 1 Questions 4-6: Text 2		Question 7	: Texts 1 and 2	<u>Q8/9 : Transactional Writing</u>: Choice of two questions, you will answer one
Q1/2: (3) AO1	Q3: (15 marks) AO2	Q4/5: (3) AO1	Q6: (15 marks) AO4	Q7a: (6 marks) AO3	Q7b: (14 marks) AO3	Q8/9: A05 (24 marks) A06 (16 marks)
Find and copy key quotes from the text. 5 minutes	Identify key quotes Analyse language devices Analyse structural choice Analyse word choices Explore effect on reader/writer's intentions 20 minutes	Find and copy key quotes from the text. 5 minutes	Embed short, concise quotes Link back to key word in question Explain what writer was trying to do and how they've done it Refer to writers' choices 20 minutes	Find three similarities Include a quote from each text No need to explain or elaborate as long as it's clear. 5 minutes	Build on 7a analysis Refer to the PAF Compare how the texts are similar/different Include key quotes 20 minutes	Communicate clearly, effectively and selecting and adapting tone, style and register for different forms, purposes and audiences. Organise information and ideas, using structural and grammatical features to support coherence and cohesion of texts. Candidates must use a range of vocabulary and sentence structures for clarity, purpose and effect, with accurate spelling and punctuation.

Kov Torms:	Formate	Purposes:
key leinis.	Formais.	
Purpose: The reason the piece if written.	Article: a piece of writing included with others	
Audience: Who the piece is written for.	in a newspaper, magazine, or other	
Format: What type of text is the piece	publication.	Persuade: To make someone think/do something.
written in.	Letter: a written, typed, or printed	Argue: To offer both points of view whilst
Analyse: Examine the text to explain.	communication, sent in an envelope by post	concluding on own judgment.
Evaluate: Judge the success of the piece.	or messenger.	Inform: To offer information on a topic.
Compare: Find similarities between two	Speech: a formal address or discourse	Advise: To offer ideas, tips and suggestions.
texts	delivered to an audience.	Review: judge and critique a book, play, event,
Contrast: Find differences between two	Review: a critical appraisal of a book, play,	restaurant etc.
texts.	film, etc. published in a newspaper or	
Perspective: Point of view of the writer.	magazine.	
Structu	re Devices	Word Classes
Structu Order of ideas: Thinking about what the	Imperative sentence: A command or instruction	Word Classes Noun: Name of person, place, thing
Structu Order of ideas: Thinking about what the writer started/finished with; why they saved	Imperative sentence: A command or instruction Interrogative sentence: A legitimate question	Word Classes Noun: Name of person, place, thing Adjective: Describes noun
Structu Order of ideas: Thinking about what the writer started/finished with; why they saved something until last or shared it early on.	Imperative sentence: A command or instruction Interrogative sentence: A legitimate question Declarative sentence: A simple statement	Word Classes Noun: Name of person, place, thing Adjective: Describes noun Determiner: Gives information about the noun:
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Structure Order of ideas: Thinking about what the writer started/finished with; why they saved something until last or shared it early on. Paragraph length: Is it particularly long/short? Sentence length: As above.	Imperative sentence: A command or instruction Interrogative sentence: A legitimate question Declarative sentence: A simple statement Exclamatory sentence: An exclamation to show anger/shock/excitement	Word Classes Noun: Name of person, place, thing Adjective: Describes noun Determiner: Gives information about the noun: the/a/every/some Abstract Noun: An idea/concept love/anger
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Figurative Language Devices	Rhetorical Language Devices
Alliteration: Repeated letter/sound Triple emphasis: List of three words / sentence structures to create imagery Imagery: Description which creates a clear picture Hyperbole: Exaggeration of an image Oxymoron: Two opposite words used side-by-side to describe one thing Metaphor: A comparison without 'like' or 'as' – saying something is something else Simile: A comparison with 'like' or 'as' Semantic Field: A range of vocabulary which all shares a similar theme. Personification: Giving something inanimate human qualities Onomatopoeia: A word to reflect a sound pop/bang/crash Idiom: Non-literal phrase we recognise: raining cats and dogs Euphemism: Polite way of saying something: the man had passed away Litotes: Play down something negative: My dog is not the friendliest	Anaphora: Repetition of word/phrase at start of several sentences Anecdote: A personal story to exemplify a point Fact: Can be proven Opinion: Someone's thoughts Rhetorical Question: A question used for effect and not answered Emotive Language: Words used to provoke an emotional reaction Statistics: Facts and figures Triple Emphasis: A list of three words or sentence structures used to emphasise a certain point or perspective Hyperbole: Exaggeration to prove a point Sensational Language: Purposely dramatic or over-the-top language

Y11 Conflict Poetry and Unseen, Knowledge Organiser				
Plot Overview:				
Students must study and annotate a selection of 'Conflict' poetry from the GCSE Anthology. Additionally, to this they must then become familiar with				
		Unseen Poetry and learn the	skills of comparison.	
Summary: After we anno	otate each Conflict Poer	m, add a sentence to Expo	osure:	
summarise poem.		The	Charge of the Light Brigade:	
A Poison Tree:		Cat	rin:	
The Destruction of Senne	acherib:	War	Photographer:	
Extract from The Prelude	:	Belfo	ast Confetti:	
The Man He Killed:		The	Class Game:	
Cousin Kate:		Рор	pies:	
Half-Caste:		No F	Problem:	
		Who	at were they Like?	
Exam O	verview:		Techniques:	
Part A ar	nd Part B.		Language, structure and form.	
Section 1- Anthology	Section 2- Unseen	Language	Structure	Form
		Imagery: Language which creates	Stanza: The verses in the poem.	Lyric Poetry: Modern lyric poetry is a
You are aiven one of		vivid sensory ideas in	Consider the shape; how it starts; and	formal type of poetry which
the poems from the	You will be aiven two	Simile: An explicit comparison	how the poem ends.	expresses personal emotions or
Anthology.	unseen poems and	between two things using 'like' or	Refrain: Last line repeated	teelings, typically spoken in the tirst
	asked to compare	'OS'	Juxtaposition: The placement of two	person.
You will be given g	and contrast the	between two things not using flike?	ather to invite comparison to contract	monologue Poetry: Dramalic
theme to then	sharing theme	or 'as'	Rhyming: (of a word syllable or line)	written in the form of a speech of an
compare with another		Personification: Attributing human	have or end with a sound that	individual character
poem of your choice		like qualities to objects, ideas or	corresponds to another.	Narrative Poetry: Narrative poetry is a
	Criteria:	animals.	Rhythm: a strong, regular repeated	form of poetry that tells a story, often
Criteria [.]	3-4 paragraphs	Alliteration: the occurrence of the	pattern of movement or sound	using the voices of both a narrator
3/4 paragraphs	Clear point	same letter or sound.	Line length: The length of the line.	and characters; the entire story is
Clear point	Embed evidence	Triple emphasis: Description using 3.	Repetition: the action of repeating	usually written in metered verse.
Embed evidence		Oxymoron: The combination of	something that has already been said	Free Verse: Free verse is an open
	structure and form	words or ideas which have opposite	or written.	form of poetry, which in its modern
structure and form	Explain what the	Assonance: Resemblance of sound	sentence without a pause beyond the	libre form. It does not use consistent
Explain what the	auote shows	between syllables of nearby words	end of a line, couplet, or stanza	meter patterns rhyme or any
auote shows	Analyse the	arising particularly from the rhymina	lambic pentameter: A line of verse with	musical pattern. It thus tends to
Anglyse the	techniques	of two or more stressed vowels.	five metrical feet, each consisting of	follow the rhythm of natural speech
techniques	Refer to the reader	Sibilance: The sibilant or hissing	one short (or unstressed) syllable	Sonnet: A sonnet is a poem that
Refer to the reader	Compare and	sounds are created. These soft	followed by one long (or stressed)	consists of 14 lines and more than
Compare and	contrast throughout	consonants are s with sh, and ch, th	syllable.	often uses an iambic pentameter
contrast throughout	vour analysis	including three others such as z, x, f	Caesura: A break between words	structure.
	yoor anarysis.	and softer c.	within a metrical toot	Epic Poetry: An epic poem, or simply
yoor analysis.		MOTIF: A repeated idea or image		an epic, is a lengthy harrative poem
				deeds of extraordinary characters

Year 11 Mathematics Knowledge Organiser (Term 1 – Unit 39/40/41/42/43/44/45)



Year 11 Mathematics Knowledge Organiser (Term 1– Unit 46/47/48)



Year 11 Mathematics Knowledge Organiser (Term 1 – Unit 49/50)



Recurring Decimal

A decimal with one or a group of digits that repeat itself indefinitely.

E.g. 0. 23 = 0.23232323...

Convert 0.84 to a fraction.

Multiply the decimal so that the repeated decimal digits are on the left side of the decimal point.

x = 0.84848484100x = 84.848484

Subtract x from 100x. 99x = 84

Isolate x, then simplify:

$$x = \frac{84}{99} = \frac{28}{33}$$

Fractional Indices

The denominator of a fractional power acts as a 'root'. The numerator of a fractional power acts as a normal power.

 $a^{\frac{m}{n}} = (\sqrt[n]{a})^m$

Example

$$27^{\frac{2}{3}} = \left(\sqrt[3]{27}\right)^2 = 3^2 = 9$$

$$\left(\frac{25}{16}\right)^{\frac{3}{2}} = \left(\frac{\sqrt{25}}{\sqrt{16}}\right)^3 = \left(\frac{5}{4}\right)^3 = \frac{125}{64}$$

Negative Indices $a^{-n} = \frac{1}{a^n}$ Example $3^{-2} = \frac{1}{3^2}$ $= \frac{1}{9}$

Upper and Lower Bounds

The upper and lower bound come from the largest and smallest values that would round to a particular number. Take 'half a unit above and half a unit below'. For example rounded to 1 d.p means nearest 0.1, so add 0.05 and subtract 0.05 to get the bounds.

All error intervals look the same like this - $\leq x <$

Example - State the upper and lower bound of 360 when it has been rounded to 2 significant figures:

2 significant figures is the nearest 10, so 'half this' to get 5, and add on to 360 and take it off 360,

Product Rule

To find the total number of outcomes for two or more events, multiply the number of outcomes for each event together. This is called the product rule because it involves multiplying to find a product.

Example:

A restaurant menu offers 4 starters, 7 main courses and 3 different desserts. How many different three-course meals can be selected from the menu?

Multiplying together the number of choices for each course gives $4 \times 7 \times 3 = 84$ different three-course meals.

<u>Surds</u>

A surd is an expression with an irrational square root. An irrational number cannot be written as a fraction. We leave them in surd form as the decimal version is too long.

> $\sqrt{2}$ and $\sqrt{3}$ are surds $\sqrt{4} = 2 so \sqrt{4}$ is not a surd

If we were to write down the exact length of the square it would be $\sqrt{3}$.

 $3m^2$

355 ≤ x < 365



To simplify surds look for square number factors.

Rules:

 $\sqrt{ab} = \sqrt{a} \times \sqrt{b}$ e.g. $\sqrt{75} = \sqrt{25} \times \sqrt{3} = 5\sqrt{3}$ e.g. $\sqrt{3} \times \sqrt{15} = \sqrt{45} = \sqrt{9}\sqrt{5} = 3\sqrt{5}$

 $m\sqrt{a} + n\sqrt{a} = (m + n)\sqrt{a}$ e.g. $2\sqrt{5} + 7\sqrt{5} = (2 + 7)\sqrt{5} = 9\sqrt{5}$

 $\sqrt{\frac{a}{b}} = \frac{\sqrt{a}}{\sqrt{b}}$

e.g.
$$\sqrt{\frac{72}{20}} = \frac{\sqrt{72}}{\sqrt{20}} = \frac{\sqrt{36} \times \sqrt{2}}{\sqrt{4} \times \sqrt{5}} = \frac{6\sqrt{2}}{2\sqrt{5}} = \frac{3\sqrt{2}}{\sqrt{5}}$$

Expand (Quadratic)

Each term in one bracket needs to be multiplied by each term in the other bracket.

Example (grid method)

$$(x+2)(x+5)$$

	x	+5
x	<i>x</i> ²	+5 <i>x</i>
+2	+2x	+10

Rationalising the denominator

This is the removing of a surd from the denominator of a fraction by multiplying both the numerator and the denominator by that surd.

$$\frac{a}{\sqrt{b}} = \frac{a}{\sqrt{b}} \times \frac{\sqrt{b}}{\sqrt{b}} = \frac{a\sqrt{b}}{b}$$

<u>Example</u>

e.g.
$$\frac{6}{\sqrt{12}} = \frac{6}{\sqrt{12}} \times \frac{\sqrt{12}}{\sqrt{12}}$$
 (multiply both top and bottom by $\sqrt{12}$)
 $= \frac{6\sqrt{12}}{12} = \frac{\sqrt{12}}{2}$ (now simplify)
 $= \frac{\sqrt{4} \times \sqrt{3}}{2} = \frac{2\sqrt{3}}{2} = \sqrt{3}$

Factorise (Quadratic)

Factorising is writing an expression as a product of terms by 'taking out' a common factor.

What numbers multiply to make the last number in the expression? Which of these factors add /subtract to make the number in the middle?

Example

 $x^{2} - 2x - 3$ (x - 3)(x + 1) $x^{2} - 6x + 5$

(x-5)(x-1)

Expand (Cubic)

Example - (3x + 2)(2x - 4)(5x + 7)First of all expand the first two brackets like normal (FOIL or Grid).

	3 <i>x</i>	+2
2x	6 <i>x</i> ²	+4x
-4	-12x	-8

 $6x^2 + 8x - 8$

Now expand $(6x^2 + 8x - 8)(5x + 7)$:

	6 <i>x</i> ²	+8x	-8
5 <i>x</i>	30 <i>x</i> ³	$+40x^{2}$	-40x
+7	42 <i>x</i> ²	-56x	-56

$$30x^3 + 2x^2 - 96x - 56$$

Factorise (with coefficients) .Factorise $6x^2 - 11x - 10$ This time we also need to find factors of the first term as well as the last term.

Factors of 10 – 1 and 10 OR 2 and 5 Factors of 6 – 1 and 6 OR 2 and 3.

Now I need to see which pairs of factors will multiply together so they will create 11x.

Answer: (3x + 2)(2x - 5)

Subject of a formula

More difficult questions – think about inverse operations to help you! <u>Examples</u>

Make r the subject of $V = \frac{1}{2}\pi r^2 h$.

To start, isolate r^2 by multiplying by 3 and then dividing by πh . $3V = \pi r^2 h$

$$\frac{3V}{\pi h} = r^2$$

Now we square root both sides.

$$\sqrt{\frac{3V}{\pi h}} = \pi$$

Make x the subject of 3x + 5 = y - ax.

When a formula contains the new subject more than once, start by isolating any terms including it on one side of the equals sign.

Here, add ax and subtract 5.

3x + ax = y - 5

Now we factorise the side with our new subject.

x(3+a) = y - 5

Then divide by the bracket to leave x on its own.

$$x = \frac{y-5}{3+a}$$

Rearranging formulae (difficult)

More difficult questions may require you to factorise an expression to be able to make a certain variable the subject. This is usually when the variable appears twice in the formulae we need to rearrange.

Make x the subject of 3x + 5 = y - ax.

When a formula contains the new subject more than once, start by isolating any terms including it on one side of the equals sign.

Here, add ax and subtract 5.

$$3x + ax = y - 5$$

Now we factorise the side with our new subject.

$$x(3+a) = y - 5$$

Then divide by the bracket to leave *x* on its own.

$$x = \frac{y-5}{3+a}$$

Finding the nth term of a linear sequence	nth term of a quadratic sequence
1. Find the difference .	1. Find the first and second
2. Multiply that by <i>n</i> .	differences.
3. Substitute $n = 1$ to find out what number you	2. Halve the second difference
need to add or subtract to get the first number in	and multiply this by n^2 .
the sequence.	3. Substitute $n = 1,2,3,4$ into your
Example	expression so far.
Find the nth term of: 3, 7, 11, 15	4. Subtract this set of numbers
1. Difference is +4	from the corresponding terms in
2. Start with 4n	the sequence from the question.
3. $4 \times 1 = 4$, so we need to subtract 1 to get 3.	5. Find the nth term of this set of
nth term = $4n - 1$	numbers.
Coometrie Sequence	6. Combine the nth terms to find
A sequence of numbers where each term is	the overall nth term of the
found by multiplying the provious one by a	quadratic sequence.
number called the common ratio r	
	Substitute values in to check your
An example of a geometric sequence is:	nth term works for the sequence.
	<u>Example</u>
The common ratio is 5	Find the nth term of: 4, 7, 14, 25,
	40
Another example of a geometric sequence is:	
8127.93.1	Answer:
The common ratio is $\frac{1}{2}$	Second difference = $+4 \rightarrow$ nth
The common ratio is $-\frac{1}{3}$	term = $2n^2$
<u>Triangular numbers</u>	
The sequence which comes from a pattern of	Sequence: 4, 7, 14, 25, 40
dots that form a triangle.	$2n^2$ 2, 8, 18, 32, 50
1, 3, 6, 10, 15, 21	Difference: 2, -1, -4, -/, -10
Example 1 3 6 10	Nith torres of this set of purch are is
	-3n+5
	Overall nth term: $2n^2 - 3n + 5$

 $\frac{\text{nth term of a geometric sequence}}{r^{n-1}}$ where *a* is the first term and *r* is the

common ratio <u>Example</u> The nth term of 2, 10, 50, 250 ls

 $2 \times 5^{n-1}$

Quadratic Sequence

A sequence of numbers where the **second difference is constant**.

A quadratic sequence will have a n^2 term.



Fibonacci type sequences A sequence where the next number is found by adding up the previous two terms Example The Fibonacci sequence is: 1,1,2,3,5,8,13,21,34 ...

An example of a Fibonacci-type sequence is:

4, 7, 11, 18, 29 ...



Transformations

The movement or manipulation of an object. The four transformations we use are rotation, reflection, translation and enlargement.

<u>Reflection</u>

The size does not change, but the shape is 'flipped' like in a mirror.

To describe a reflection you need to give the equation of the mirror line

> Line x=? is a vertical line. Line y=? is a horizontal line. Line y=x is a diagonal line.

Example: Reflect shape C in the line y=x.

TIP: Reflect each point of the triangle separately then join them up.



<u>Rotation</u>

The size does not change, but the shape is turned around a point.

Use tracing paper.

To describe a rotation you need to give: the direction (clockwise or anti-clockwise) the angle the centre of rotation (coordinate)

Example:

Rotate shape A 90° anti-clockwise about (0,1)

Translations

Translate means to move a shape. The shape does **not** change size or orientation.

In a column vector, the top number moves left (-) or right (+) and the bottom number moves up (+) or down (-)



 $\binom{1}{5}$ means '1 left, 5 down'

Example:

In the example on the right, the shape has been translated by vector $\binom{4}{-3}$





Enlargement

The shape will get bigger or smaller. Multiply each side by the scale factor.

For example:

Scale factor 3 means '3 times larger = multiply all the lengths by 3' Scale factor ½ means 'half the size = divide all lengths by 2'

Sometimes the shape may need to be enlarged from a specific point.

Example:

This shape has been enlarged by scale Factor 2 at the centre of enlargement (0, 0).



Negative Enlargement

Negative enlargements will look like they have been rotated. They are enlarged in the opposite direction to a positive enlargement.

Example

Enlarge ABC by scale factor -2, centre (1,1)



Finding the Centre of Enlargement

Draw straight lines through corresponding corners of the two shapes. The centre of enlargement is the point where all the lines cross over.

Be careful with negative enlargements as the corresponding corners will be the other way around.

Example:



Fractional Enlargement

This is where the shape will get smaller. Such as scale factor 1/3 would make the shape 3 times smaller.

Example

This shape has been enlarged by scale factor ½



Iteration

Iteration is the repetition of a mathematical procedure applied to the result of a previous application, typically as a means of obtaining successively closer approximations to the solution of a problem.

Starting with $x_0 = 0$ use the iteration formula



3 times to find an estimate to the solution.

Calculate the values of x_1, x_2, x_3 to find an estimate for the solution to $x^3 + 3x = 2$ $x_{0+1} = \frac{2}{0^2 + 3} = 0.6$ We substitute this value into the next step. $x_{1+1} = \frac{2}{0.6^2 + 3} = 0.5806451613$ $x_{2+1} = \frac{2}{(0.58 \dots)^2 + 3} = 0.5993140006$

An estimate of the solution is 0.6 because all of the solutions round to 1d.p. Using the Quadratic Formula

The formula is:

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

Quadratics are usually in the form:

 $ax^2 + bx + c = 0$

This is how we pick out the values that will be substituted into the formula:

$$x^2 + 4x + 2 = 0$$

$$a=1$$
 $b=4$ $c=2$

Now that you have the a. b and c values these can now be substituted into the formula – then gradually start to simplify the formula:

$$x = \frac{-4 \pm \sqrt{4^2 - 4 \times 1 \times 2}}{2 \times 1}$$
$$\implies x = \frac{-4 \pm \sqrt{8}}{2}$$
$$\implies x = -0.585...$$
$$= -0.59 (1dp)$$
or $x = -3.414...$
$$= -3.41(1dp)$$

Completing the square

A quadratic in the form $x^2 + b + c$ can be written in the form $(x + p)^2 + q$.

1. Write a set of brackets with x in and half the value of b.

2. Square the bracket.

3. Subtract $\left(\frac{b}{2}\right)^2$ and add c.

4. Simplify the expression.

You can use the completing the square form to help find the maximum or minimum of quadratic graph.

Example:

Complete the square of $y = x^{2} - 6x + 2$ $(x - 3)^{2} - 3^{2} + 2$

 $= (x - 3)^2 - 7$

The minimum value of this expression occurs when $(x - 3)^2 = 0$, which occurs when x=3

When x = 3, y = 0 - 7 = -7

Minimum point = (3, -7)

If there is a coefficient in front of x^2 then use the same method as above, but factorise out a at the start.

(1)

Simultaneous Equations

This involves finding solutions that work in two (or more) equations at the same time – e.g.: x + 2y = 8

2x + y = 7

<u>Solving Simultaneous Equations</u> (Graphically)

Draw the graphs of the two equations. The solutions will be where the lines meet.

The solution can be written as a **coordinate**.

Example





They meet at the point with coordinates (2,3) so the answer is x = 2 and y = 3

Simultaneous Equations First label the equations x + 2y = 8

 $2x + y = 7 \qquad (2)$

Then multiply to match the coefficients (the number before the letter)

2x + 4y = 16 (3) $[2 \times (1)]$ 2x + y = 7 (2)

Next add (or subtract) to remove an unknown

2x + 4y	= 16	(3)
2x + y	= 7	(2)

3y = 9 (3) – (2)

Here, we can see that y=3.

Finally, substitute into a previous equation to calculate the other unknown. Here we used equation:

 $x + 2 \times 3 = 8$

x + 6 = 8

We can see here that x=2

So x = 2 and y = 3.

Conditional Probability

When events are dependent, the probability of the second event is called a conditional event because it is conditional on the outcome of the first event.

Example

2 milk and 8 dark chocolates in a box. Kate chooses one and eats it. She chooses a second one.

This can be shown on a tree diagram:



· · · · · · · · · · · · · · · · · · ·		
Direct Proportion (algebra) Direct: y = kx or y ∝ x	Indirect Proportion (algebra)Direct: y = kx or y ∝ x	<u>Congruence</u> Shapes are congruent if they are identical - same
 Solve to find k using the pair of values in the question. 	 Solve to find k using the pair of values in the question. 	shape and same size. Shapes can be rotated or reflected but still be congruent. Similar
 Rewrite the equation using the k you have just found. 	2. Rewrite the equation using the k you have just found.	Shapes are similar if they are the same shape but different sizes. The proportion of the matching sides must be the
3. Substitute the other given value from the question in to the	3. Substitute the other given value from the question in to	same, meaning the ratios of corresponding sides are all equal
equation to find the missing value.	the equation to find the missing value.	Proving Congruence 4 ways of proving that two triangles are congruent:
Example: p is directly proportional to q. When p = 12, $q = 4$. Find p when $q = 20$.	Example: p is directly proportional to q. When $p = 12$, $q = 4$. Find p when $q = 20$.	1. SSS (Side, Side, Side) 2. RHS (Right angle, Hypotenuse, Side) 3. SAS (Side, Angle, Side) 4. ASA (Angle, Side, Angle) or AAS
1. $p = kq$ $12 = k \times 4$ so $k = 3$	1. $p = kq$ $12 = k \times 4$ so $k = 3$	Example: $A \xrightarrow{61}^{BC} B \xrightarrow{C} D \xrightarrow{8cm}_{TS} 61 \xrightarrow{F} BC = DF$ $\angle ABC = \angle EDF$ $\angle ACB = \angle EFD$ $\therefore \text{ The two triangles are congruent by AAS.}$
2. p = 3q	2. p = 3q	Proving similarity To show that two triangles are similar, show that:
3. $p = 3 \times 20 = 60$, so $p = 60$	3. $p = 3 \times 20 = 60$, so $p = 60$	2. Two sides are in the same proportion, and their included angle is the same
ANSWER: p = 60 and q=120 (3 × 60)	ANSWER: p = 60 and q=120 (3 x 60)	3. The three angles are equal



Sine Rule

Use with non right angle triangles.

Use when the question involves 2 sides and 2 angles.

For missing side:

 $\frac{a}{\sin A} = \frac{b}{\sin B}$



 $\frac{x}{\sin 85} = \frac{5.2}{\sin 46}$

 $x = \frac{5.2 \times \sin 85}{\sin 46} = 3.75cm$



For missing angle:

sin A sin B



 $\frac{\sin\theta}{1.9} = \frac{\sin 85}{2.4}$

$$\sin \theta = \frac{1.9 \times \sin 85}{2.4} = 0.789$$

 $\theta = \sin^{-1}(0.789) = 52.1^{\circ}$

Cosine Rule

Use with non right angle triangles.

Use when the question involves 3 sides and 1 angle.

For missing side:

For missing angle:

$$a^2 = b^2 + c^2 - 2bccosA$$

$$\cos A = \frac{b^2 + c^2 - a^2}{2bc}$$



<u>Cumulative frequency</u>

Cumulative Frequency is a running total.

Age	Frequency	Cumulative Frequency
$0 < a \le 10$	15	15
$10 < a \le 40$	35	15 + 35 = 50
$40 < a \le 50$	10	50 + 10 = 60

A cumulative frequency diagram is a curve that goes up. It looks a little like a stretchedout S shape.

Plot the cumulative frequencies at the <u>end-</u> <u>point of each interval.</u>



You can find the Lower Quartile, Median, and Upper quartile by drawing lines ¼ of the way, ½ of the way and ¾ of the way across the cumulative frequency axis. Then see where this line hits the curve and then read down onto the x axis.

<u>Boxplot</u>

The minimum, lower quartile, median, upper quartile and maximum are shown on a box plot.

<u>Example</u>

Students sit a maths test. The highest score is 19, the lowest score is 8, the median is 14, the lower quartile is 10 and the upper quartile is 17. Draw a box plot to represent this information.



Boxplot Keywords

<u>Lower Quartile</u> - represents the first 1/4 of the data (halfway between minimum value and median).

<u>Median – the middle value</u>

<u>Upper Quartile</u> – represents ³/₄ of data (halfway between median and maximum value)

<u>Interquartile Range (IQR) –</u>

Difference between upper quartile and lower quartile.

Comparing Boxplots

Write two sentences.

1. Compare the averages using the medians for two sets of data.

2. Compare the spread of the data using the range or IQR for two sets of data.

The smaller the range/IQR, the more consistent the data.

You must compare box plots in the context of the problem.

Example:

'On average, students in class A were more successful on the test than class B because their median score was higher.'

'Students in class B were more consistent than class A in their test scores as their IQR was smaller.'





The equation of a circle, centre (0,0), radius r, is:



The equation of a circle is always in the form: $x^2 + y^2 = r^2$

This is provided the centre of the circle is (0,0). This is because you can find the equation of a circle using Pythagoras theorem.

<u>Cubic graph</u>

Cubic graphs are a curve shape – the diagram below shows the difference between a positive and negative cubic graph: $y = x^3$

Cubic graphs are in the form $ax^3 + bx^2 + cx + d = 0$.

<u>Area under a curve</u>

You can only estimate the area under a curve.

This can be done by splitting the area up into similar shapes (such as rectangles, triangles and trapeziums). You can find the area of each of these shapes and then add them together.



Quadratic graph

A 'U-shaped' curve called a parabola. The equation is of the form $y=ax^2 + bx + c$, where a, b and c are numbers, a $\neq 0$.

If a<0, the parabola is upside down.

A root is a solution. The roots of a quadratic are the x-intercepts of the quadratic graph

Gradient of a curve

Remember gradient is the change in y over the change in x!

The gradient of a curve at a point is the same as the gradient of the tangent at that point.

1. Draw a tangent carefully at the point.

2. Make a right-angled triangle.

3. Use the measurements on the axes to calculate the rise and run (change in y and change in x)

4. Calculate the gradient.

Example:







 Functions

 A function is the relationship between two sets of values.

 Notation:

 f(x)

 x is the input value

 f(x) is the output value.

 Composite Functions

 A combination of two or more functions to create a new function.

functions to create a new function. fg(x) is the composite function that substitutes the function g(x) into the function f(x).

fg(x) means 'do g first, then f' gf(x) means 'do f first, then g'

Example:

$$f(x) = 5x - 3, g(x) = \frac{1}{2}x + 1$$

What is fg(4)?

$$g(4) = \frac{1}{2} \times 4 + 1 = 3$$

$$f(3) = 5 \times 3 - 3 = 12 = fg(4)$$

What is fg(x)?

$$fg(x) = 5\left(\frac{1}{2}x + 1\right) - 3 = \frac{5}{2}x + 2$$

Inverse Functions

 $f^{-1}(x)$ A function that performs the opposite process of the original function.

1. Write the function as y=f(x)2. Rearrange to make x the subject. 3. Replace the y with x and the x with $f^{-1}(x)$

Example:

 $f(x) = (1 - 2x)^5$. Find the inverse.

$$y = (1 - 2x)^{5}$$

$$\sqrt[5]{y} = 1 - 2x$$

$$1 - \sqrt[5]{y} = 2x$$

$$\frac{1 - \sqrt[5]{y}}{2} = x$$

$$f^{-1}(x) = \frac{1 - \sqrt[5]{x}}{2}$$

Algebraic Proof

To demonstrate or show that a statement is true, we use examples. To prove that a statement is true you can use algebra.

Some useful generalisations

Consecutive Integers	n, n + 1, n + 2,
Even Numbers	2n
Odd Numbers	2n + 1
Consecutive Evens	2n, 2n + 2, 2n + 4,
Consecutive Odd	2n +1, 2n + 3,



Depreciation

This is where the value of something devalues at the same percentage rate each year.

<u>Example</u>

John buys a car for $\pounds17000$. It depreciates in value every year by 8%. What will it be worth after 5 years?

Cost - interest 100% - 8% = 92% = 0.92 17000 x 0.92⁵ = 11204.39

Answer £11204.39

Compound Interest

Amount of interest changes each year based on what is in the bank at the end of the year.

<u>Example</u>

John invests £3000 in a bank that pays 1.5% compound interest. How much will he have after 4 years?

Investment + interest

100% + 1.5% = 101.5% = 1.015 $3000 \times 1.015^4 = 3184.09$ Answer £3184.09

Simple Interest

Same amount of interest is added on each year.

<u>Example</u>

 $\pounds 200$ is invested into a bank account with a rate of 3% simple interest for 2 years.

3% of 200 = £6

Year 1 = $\pounds 200 + \pounds 6 = \pounds 206$ Year 2 = $\pounds 206 + \pounds 6 = \pounds 212$

ANSWER: **£2**12 in bank account at end of the year.

Reverse percentage

Example

Jane buys a pair of trousers in a sale for $\pounds 68$ after they were reduced by 15%. What was the original cost of the trousers?

Trousers now worth 85% of original price

85% = 68 1% = 68 ÷ 85 = 0.8 100% = 0.8 × 100 = 80 **Original cost = £80**

Subject of a formula

A formula usually has a single variable on one side of the equals sign. This is called the subject of the formula. Sometimes you will want to rearrange the formula so that one of the other variables becomes the subject. To do this you use inverse operations (in a similar way to solving equations) in order to isolate the new subject.

Examples

Make r the subject of $C = 2\pi r$.

To isolate r, divide by 2π .

$$\frac{C}{2\pi} = r$$

We often write formulae with the subject on the left-hand side, so this becomes

 $r = \frac{C}{2\pi}$

Make x the subject of $y = \frac{x}{\epsilon} + 3$.

To isolate x, start by subtracting 3.

$$y-3=\frac{x}{5}$$

Next, multiply by 5 – remember to multiply each term of the lefthand side.

$$5(y-3) = x$$

$$x = 5(y - 3)$$

Subject of a formula

More difficult questions – think about inverse operations to help you! **Examples**

Make r the subject of $V = \frac{1}{2}\pi r^2 h$.

To start, isolate r^2 by multiplying by 3 and then dividing by πh . $3V = \pi r^2 h$

$$\frac{3V}{\pi h} = r^2$$

Now we square root both sides.

$$\sqrt{\frac{3V}{\pi h}} = r$$

Make x the subject of 3x + 5 = y - ax.

When a formula contains the new subject more than once, start by isolating any terms including it on one side of the equals sign.

Here, add ax and subtract 5.

3x + ax = y - 5

Now we factorise the side with our new subject.

x(3+a) = y - 5

Then divide by the bracket to leave x on its own.

$$x = \frac{y-5}{3+a}$$

<u>Speed, Distance, Time</u>

Speed = Distance ÷ Time Distance = Speed x Time Time = Distance ÷ Speed



Example Speed = 4mph Time = 2 hours Find the Distance. $D = S \times T = 4 \times 2 = 8$ miles





 $Area = 6 cm^2$

Find the Force $F = P \times A = 10 \times 6$ = 60 N

<u>Sampling</u>

Population: the whole group that is being studied.

Sample: a selection taken from the population that will let you find out information about the larger group.

Representative: a sample group that accurately represents the population.

Random sample: a group completely chosen by change. No predictability to who it will include.

Bias: a built-in error that makes all values wrong by a certain amount.

Primary data: data collected from an original source for a purpose.

Secondary data: data taken from an external location. Not collected directly.

Outlier: a value that stands apart from the data set

Stratified Sampling

Stratified sampling is used to select a sample that is representative of different groups. The aim is to find a proportional sample based on the group size.

number in category
totalx sample sizeYear 7Year 8Year 7Year 812080100

Miss Holland wants to take a stratified sample of 15 students. How many Year 7's should she survey?

 $\frac{120}{300} \times 15 = 6$

Miss Holland should survey 6 students from year 7

<u>Pie Chart</u>

Used for showing how data breaks down into its constituent parts.

Remember to **label** the category that each sector in the pie chart represents.

Example

If there are 40 people in a survey, then each person will be worth 360÷40=9° of the pie chart.





Plans and Elevations

This takes 3D drawings and produces 2D drawings.

Plan View: from above

Side Elevation: from the side

Front Elevation: from the front

Example

See to the right for the example.





1. Draw the base of the triangle using a ruler.

2. Open a pair of compasses to the width of one side of the triangle.

3. Place the point on one end of the line and draw an arc.

4. Repeat for the other side of the triangle at the other end of the line.

5. Using a ruler, draw lines connecting the ends of the base of the triangle to the point where the arcs intersect.



<u>Constructing Triangles</u> (Side, Angle, Side) Perpendicular Bisector: Cuts a line in half and at right angles.

1. Draw the base of the triangle using a ruler.

2. Measure the angle required using a protractor and mark this angle.

3. Remove the protractor and draw a line of the exact length required in line with the angle mark drawn.

4. Connect the end of this line to the other end of the base of the triangle.



<u>Constructing Triangles (Angle,</u> <u>Side, Angle)</u>

1. Draw the base of the triangle using a ruler.

2. Measure one of the angles required using a protractor and mark this angle.

3. Draw a straight line through this point from the same point on the base of the triangle.

4. Repeat this for the other angle on the other end of the base of the triangle.



Constructing an Equilateral Triangle (also makes a 60° angle)

- 1. Draw the base of the triangle using a ruler.
- 2. Open the pair of compasses to the exact length of the side of the triangle.
- 3. Place the sharp point on one end of the line and draw an arc.
- 4. Repeat this from the other end of the line.
- 5. Using a ruler, draw lines connecting the ends of
- the base of the triangle to the point where the arcs intersect.



Equidistant

A point is equidistant from a set of objects if the **distances between that point and each** of the objects is the same.



Angle Bisector Angle Bisector: Cuts the angle in half.

 Place the sharp end of a pair of compasses on the vertex.
 Draw an arc, marking a point on each line.

 Without changing the compass put the compass on each point and mark a centre point where two arcs cross over.
 Use a ruler to draw a line through the vertex and centre point.



Perpendicular Bisector Perpendicular Bisector: Cuts a line in half and at right angles.

1. Put the sharp point of a pair of compasses on A.

2. Open the compass over half way on the line.

3. Draw an arc above and below the line.

4. Without changing the compass, repeat from point B.

5. Draw a straight line through the two intersecting arcs



<u>Perpendicular from an External Point</u> The **perpendicular distance** from a point to a line is the **shortest distance** to that line.

1. Put the sharp point of a pair of compasses on the point.

 Draw an arc that crosses the line twice.
 Place the sharp point of the compass on one of these points, open over half way and draw an arc above and below the line.

4. Repeat from the other point on the line.5. Draw a straight line through the two

intersecting arcs.



Perpendicular from a Point on a Line

Given line PQ and point R on the line:

- 1. Put the sharp point of a pair of compasses on point R.
- 2. Draw two arcs either side of the point of equal width (giving points S and T)
- 3. Place the compass on point S, open over halfway and draw an arc above the line.
- 4. Repeat from the other arc on the line (point T).
- 5. Draw a straight line from the intersecting arcs to the original point on the line.








Proportion	Unitary Method	Indirect proportion
part to the size of the whole	then finding the necessary value by	If two quantities are in indirect
Usually written as a fraction.	multiplying the single unit value.	proportion, as one increases, the other
Example	Example	decreases by the same percentage.
In a class with 13 boys and 9 girls, the	3 cakes require 450g of sugar to make.	1/k is the ratio between x and y
proportion of boys is $\frac{13}{2}$ and the	Find how much sugar is needed to	
22	make 5 cakes.	<u>Example</u>
proportion of girls is $\frac{1}{22}$	3 cakes = 450g	P is inversely proportional to V
	So 1 cake = 150g (÷ by 3)	When $P = 6$ $V = 8$
Proportional Reasoning	So 5 cakes = 750 g (x by 5)	Calculate the value of P when V = 2 P = k/v $A = k/8$
Comparing two things using		therefore $k = 48$
multiplicative reasoning and applying	Direct Proportion	P = 48/2 P=24
this to a new situation.	If two quantities are in direct	
Identity one multiplicative link and use	proportion, as one increases, the other	Inverse proportion
this to find missing quantities.	the ratio between x and y	
	ine faile between x and y	If two quantifies are inversely
30 minutes 60 pages		proportional, as one increases, the
? minutes 150 pages	y = kx	oner decreases by the same
		If v is inversely proportional to r , this
X 2		$\frac{1}{2}$
	x	$x = \frac{1}{x}$
		An equation of the form $y = \frac{k}{r}$
<u>Best Buys</u>		represents inverse proportion.
Find the unit cost by dividing the price		
by the quantity.	Y is directly proportional to x	Example V1
The lowest number is the best value.	when $x = 500$ $y = 10$	$y = \frac{k}{2}$
Example	Y = k x	x
o curves for $\pm 1.20 \rightarrow 16p$ each ($\pm py 8$)	10 = 500k therefore $k = 1/50$	x
13 Cukes 101 #2.03 7 13.00 edch (*D)	V = 1/E O y	
13)	f = 1/50x	



A decimal with one or a group of digits that repeat itself indefinitely.

E.g. 0. 23 = 0.23232323...

Convert 0.84 to a fraction.

Multiply the decimal so that the repeated decimal digits are on the left side of the decimal point.

x = 0.84848484100x = 84.848484

Subtract x from 100x. 99x = 84

Isolate x, then simplify:

 $x = \frac{84}{99} = \frac{28}{33}$

Fractional Indices

The denominator of a fractional power acts as a 'root'. The numerator of a fractional power acts as a normal power.

 $a^{\frac{m}{n}} = (\sqrt[n]{a})^m$

Example

$$27^{\frac{2}{3}} = \left(\sqrt[3]{27}\right)^2 = 3^2 = 9$$

$$\left(\frac{25}{16}\right)^{\frac{3}{2}} = \left(\frac{\sqrt{25}}{\sqrt{16}}\right)^3 = \left(\frac{5}{4}\right)^3 = \frac{125}{64}$$

Negative Indices
$$a^{-n} = \frac{1}{a^{n}}$$

Example
$$3^{-2} = \frac{1}{3^{2}}$$
$$= \frac{1}{9}$$

Upper and Lower Bounds

The upper and lower bound come from the largest and smallest values that would round to a particular number. Take 'half a unit above and half a unit below'. For example rounded to 1 d.p means nearest 0.1, so add 0.05 and subtract 0.05 to get the bounds.

All error intervals look the same like this - $\leq x <$

Example - State the upper and lower bound of 360 when it has been rounded to 2 significant figures:

2 significant figures is the nearest 10, so 'half this' to get 5, and add on to 360 and take it off 360,

Expand (Linear)

To expand a bracket, **multiply** each term in the bracket by the expression **outside** the bracket.

Example

3(m+7) = 3x + 21

<u>Factorise (Linear)</u>

The reverse of expanding.

Factorising is writing an expression as a product of terms by '**taking out' a common factor**.

Example

6x - 15 = 3(2x - 5), where 3 is the common factor.

Expand (Quadratic)

Each term in one bracket needs to be multiplied by each term in the other bracket.

Example (grid method)

(x+2)(x+5)

 x
 +5

 x
 x^2 +5x

 +2
 +2x
 +10

Factorise (Quadratic)

What numbers multiply to make the last number in the expression? Which of these factors add /subtract to make the number in the middle?

Example

 $x^2 - 2x - 3$ (x - 3)(x + 1)

355 ≤ x < 365





Using the Quadratic Formula

Quadratics are usually in the form: $ax^2 + bx + c = 0$

This is how we pick out the values that will be substituted into the formula:

$$x^{2} + 4x + 2 = 0$$

$$a=1$$
 $b=4$ $c=2$

Now that you have the a. b and c values these can now be substituted into the formula – then gradually start to simplify the formula:

$$x = \frac{-4 \pm \sqrt{4^2 - 4 \times 1 \times 2}}{2 \times 1}$$
$$\Rightarrow x = \frac{-4 \pm \sqrt{8}}{2}$$
$$\Rightarrow x = -0.585...$$
$$= -0.59 (1dp)$$
or x = -3.414...
= -3.41(1dp)

NOTE:

Another way you can solve quadratics is to 'complete the square' and 'iteration'. You will come across these later in the year.

Year 11 Higher (Set 2) Mathematics Knowledge Organiser

<u>Cumulative frequency</u>

Cumulative Frequency is a running total.

Age	Frequency	Cumulative Frequency
$0 < a \le 10$	15	15
$10 < a \le 40$	35	15 + 35 = 50
$40 < a \le 50$	10	50 + 10 = 60

A cumulative frequency diagram is a curve that goes up. It looks a little like a stretchedout S shape.

Plot the cumulative frequencies at the <u>end-</u> <u>point of each interval.</u>



You can find the Lower Quartile, Median, and Upper quartile by drawing lines ¼ of the way, ½ of the way and ¾ of the way across the cumulative frequency axis. Then see where this line hits the curve and then read down onto the x axis. <u>Boxplot</u>

The minimum, lower quartile, median, upper quartile and maximum are shown on a box plot.

<u>Example</u>

Students sit a maths test. The highest score is 19, the lowest score is 8, the median is 14, the lower quartile is 10 and the upper quartile is 17. Draw a box plot to represent this information.



Boxplot Keywords

<u>Lower Quartile</u> - represents the first 1/4 of the data (halfway between minimum value and median).

<u>Median – the middle value</u>

<u>Upper Quartile</u> – represents ³/₄ of data (halfway between median and maximum value)

<u>Interquartile Range (IQR) –</u>

Difference between upper quartile and lower quartile.

Comparing Boxplots

Write two sentences.

1. Compare the averages using the medians for two sets of data.

2. Compare the spread of the data using the range or IQR for two sets of data.

The smaller the range/IQR, the more consistent the data.

You must compare box plots in the context of the problem.

Example:

'On average, students in class A were more successful on the test than class B because their median score was higher.'

'Students in class B were more consistent than class A in their test scores as their IQR was smaller.'

Year 11 Higher (Set 2) Mathematics Knowledge Organiser



Biology Topic 5: Homeostasis and response

1. Keywords	
Homeostasis	The regulation of the internal conditions of a cell or organism to maintain optimum conditions for function in response to internal and external changes.
Optimum conditions	The perfect conditions for an organism to survive and grow. E.g. blood glucose level, body temperature and water level.
Nervous response	Uses electrical signal in nerves to make fast changes
Chemical response	Uses hormones in the blood to make changes.
Reflex arc	A nervous response that is fast and automatic for protection. Does not involve the conscious brain.
CNS	(Central nervous system) The brain and the spinal chord
Neurone	Nerve cell. Carries an electrical signal from one end to the other



2. Nervous syster	m: Reflex arc						
No.	1	2	3	4	5	6	7
Section	Stimulus 🗕	Receptor	Sensory neurone	Co-ordinator	Motor neurone	Effector	Response
Definition	A change to the environment that triggers a nervous response	A cell which detects a specific stimulus	A neurones which carries electrical signal from receptor to CNS	The area that receives and processes the information	Neurone that connects the CNS to the effector	The organ that creates the correct response form the stimulus	The effect of the stimulus. Often designed to prevent injury
Example	Touching a flame	Pain receptor in skin	Sensory neurone	Brain Relay neurone	Motor neurone	Muscle gland	Movement

3. The brain (TRIPLE ONLY)			
No	Name	Function	
1	Cerebral cortex	High level functions like language, memory and consciousness	
2	Cerebellum	Balance and coordination of muscles in the body	
3	Medulla	Controls life supporting functions like breathing and heart rate. Key for homeostasis	



5. Adjusting focus (TRIPLE ONLY)			
Object	Near	Distant	
Ciliary muscles	Contract	Relax	
Suspensory ligaments	Loosen	Tighten	
Lens	Is thicker	Is thinner	

4. The eye (TRIPLE ONLY)			
No	Name	Function	
	Sclera	White outer protective layer.	
1	Suspensory ligaments	Connect ciliary muscles to lens	
2	Iris	Controls the size of the pupil	
3	Pupil	Hole in eye that lets light through. Wide in dark conditions small in light conditions	
4	Cornea	Transparent protective layer	
5	Ciliary muscles	Contract to change shape of lens to see near and far objects	
6	Lens	Refracts light onto retina	
7	Retina	Contain light sensitive rod and cone cells	
8	Optic nerve	Send signals from retina to brain to make image	
	1 Conjuctiva 2 3 4 5 6		



7. Control of body temperature (TRIPLE ONLY)			
Thermoregulatory centre	Part of the brain that receives signals about temperature of the blood and skin		
37°C	Optimum ir	nternal body temperature	
Vasodilation	The widenir surface of t	ng of blood vessels near the he skin	
Vasoconstriction	The narrowing of blood vessels near the surface of the skin		
Sweat	Liquid released from pores on skin to cool the body as it evaporates		
Shivering	Involuntary heat	muscle contractions to generate	
How the body responds to changes in temperature			
Too hot		Too cold	
 Vasodilation bring blood near the surface Sweating increases Heat is lost through evaporation and radiation Body temp drops 		 Vasoconstriction take blood away from surface Sweating stops Muscles contractions (shivering) generate heat Body temp increases 	

8. Hormonal control: Endocrine system					
Endocrine system		A chemical response where glands secrete hormones into the blood which make changes around the body			
Glands		Special tissues designed to produce specific chemical (hormones)			
Se	ecrete	Release			
9.	9. Major glands on the body				
1	Pituitary gland	The 'master gland' makes hormones which affect other glands causing them to secrete hormones			
2	Thyroid gland	Controls metabolism			
3	Adrenal gland	Makes adrenalin			
4	Pancreas	Controls blood sugar levels			
5	Ovary	Produces female sex hormones			
6	Testes	Produce male sex hormone			



10. Control of blood glucose levels		
Type 1 diabetes	When the pancreas is damaged from infection and cannot make insulin. Needs injections to treat	
Type 2 diabetes	When poor diet and obesity cause body cells to not respond to insulin anymore. Treated with diet and exercise	
Insulin	Hormone made in pancreas that reduces glucose levels in the blood	
glycogen	The long term store of sugar in the body. Made in the liver	



12. Controlling water and nitrogen levels (TRIPLE ONLY)		
Urea	The waste product made by the breakdown of amino acids in the liver.	
Urine	The urea, excess water and ions not needed by the body. Made by the kidneys	
Kidneys	The organ responsible for filtration and selective reabsorption	
Selective reabsorption	 When the kidneys reabsorb: All of the glucose Some of the mineral ions Some of the water 	
Dialysis	A way of manually filtering the blood when the kidneys are no longer functioning. Whilst waiting for a transplant	

14. Reproductive hormones		
Hormone	Made in	Function
Testosterone	Testes	Creates male sexual changes at puberty including sperm production
Oestrogen	Ovary	Creates female sexual changes at puberty including ovulation
Follicle stimulating hormone (FSH)	Pituitary gland	Causes egg to mature in ovary
Luteinising hormone (LH)	Pituitary gland	Causes egg to be released by ovary
Progesterone	Ovary	Maintains lining of womb

15. Menstrual cycle (HT ONLY)



13. Hormones and the kidneys (TRIPLE HT ONLY)	
ADH (anti-diuretic hormone)	A hormone made in the pituitary gland which increase the reabsorption of water by kidney tubules
How ADH works:	
1. Blood is too concentrated	3

- 2. Pituitary gland releases ADH into blood.
- 3. ADH increase permeability of kidney tubules
- 4. More water is reabsorbed
- 5. Blood dilutes to normal levels. Urine is yellow.

16. Contraception	
Туре	How it works
Oral (the pill)	Stops FSH so no egg released
Injection/implant	Release progesterone which prevents egg maturation for months or years
Barrier (condoms)	Prevent sperm and egg meeting
Intrauterine (the coil)	Prevents embryo implanting
Spermicides	Kill sperm
Abstinence	Not having sex
Surgical (vasectomy/hysterectomy)	Surgically sterilising the adult permanently

17. Hormones in fertility (HT ONLY)		
Fertility drugs	Drugs which stimulate the production and release of eggs. Eg FSH and LH	
IVF (in vitro fertilisation)	The process of creating an embryo in the lab when couples struggle to conceive a baby	
Stages of IVF:		
 FSH and LH stimulate production of many eggs Eggs are harvested and fertilised by fathers sperm in a lab Fertilised eggs grow in lab A few embryos are implanted into mother womb 		
Possible consequences of IVF	ossible onsequences of /F Risk of multiple births simultaneously	

18. Negative feedback (HT ONLY)		
Negative feedback	A system where the product reduces the stimulus to return the change to normal levels	
Adrenalin	Fight or flight hormone. Increases heart rate and boosts blood supply of oxygen and glucose	
Thyroxine	Controls metabolic rate and affects growth and development. Controlled by negative feedback.	

19. Plant hormones (TRIPLE ONLY)		
Phototropism	The shoot of a plant growing towards light. The root growing away form light	
Gravitropism (geotropism)	The shoot of a plant growing up and the roots growing down	
Auxin	Group of plant hormones which make cells in shoots grow more and cells in roots grow less. Used as rooting powder and weedkiller.	
How tropisms work		
Phototropism	 Shaded side contains more auxin So grows faster Plant leans towards light 	
Gravitropism	 Bottom of shoot has more auxin So grows slower Roots bends downwards 	

20. Other plant hormones (TRIPLE HT ONLY)		
Gibberellins	Start seed germination. Used to promote fruit development and flowering	
Ethene	Cell division and ripening fruit	

Biology Topic 6: Inheritance, variation and evolution

1.Keywords	
Mitosis	A type of cell division which create two identical daughter cells
Meiosis	A type of cell division the create 4 unique gametes
Gametes	Sex cells eg sperm + egg and pollen + ovum
Sexual reproduction	Reproduction involving the fusion of gametes. Make unique offspring that resemble both parents
Asexual reproduction	Reproduction involving only one parent. No gametes fuse. Offspring are identical to parent
DNA	Deoxyribose nucleic acid. Polymer made of 2 strands forming a double helix. Contains the instructions for an organism.
Chromosomes	Long strands of DNA found in the nucleus. Humans have 23 pairs
Gene	A section of DNA which codes for a protein
Genome	All the genes of an organism

2. Meiosis
1. DNA replication: chromosome number doubles
2. Cell divides: two cells now
3. Those cells divide: four gametes now with half the number of chromosomes

3. Advantages	of reproduction (TRIPLE C	DNLY)	
Advantages sexual		Advantages asexual	
Causes variation		Only need 1 parent	
If environment changes natural selection can occur		Energy and time efficient (fast)	
Humans can selectively breed organisms for beneficial characteristics		Lots of offspring can be produced when conditions are good	
Organisms that can use both		MalariaFungiPlants	
4. DNA structure	4. DNA structure (TRIPLE ONLY)		
Nucleotide	The monomer of DNA base	Consists of a sugar, phosphate and a	
Base	One of 4 different chemicals that make the triplet code. A G T C		
Triplet code	3 bases in a row give a code for a specific amino acid		
	•		
5. Protein synthe	esis and gene expression	(HT TRIPLE ONLY)	
Pairing of nucleotide bases	A→T T→A G→C C→G		
Transcription	When the DNA is read and converted into messenger RNA (mRNA)		
Translation	When the mRNA is read by ribosomes and use to build the amino acid sequence		

Carries the correct amino acid to the ribosome for the mRNA

DNA which does not code for a protein. Can be involved in

A change to the DNA sequence. Most are harmless but some

DNA which codes for a protein, a gene

can stop proteins working correctly

Transfer RNA (tRNA)

Coding DNA

Non-coding

Mutation

DNA

triplet code

turning on or off genes.

6. Genetic inheritance		
Allele	Different forms of the same gene. eg hair colour	
Dominant	When only one copy of the allele is needed to show in the offspring	
Recessive	When the allele only shows when there are two copies	
Homozygous	Two copies of the same allele	
Heterozygous	Two different alleles	
Genotype	The set of genes in our DNA	
Phenotype	The outward appearance a set of genes displays	

7. Inherited disorders		
Inherited disorders	Disorders that are caused by inheriting faulty genes from parents	
Polydactyly	A dominant inherited disorder which causes extra fingers or toes to form	
Cystic fibrosis	A recessive inherited disorder which causes sticky mucus to block air ways	

8. Sex determination	
No of chromosomes in a human	23 pairs (22 normal, 1 pair of sex)
Male	XY (50% chance)
Female	XX (50% chance)
Sperm	Can hold Y or X chromosome so determine gender of embryo

9. Variation		
Variation		Changes within a population. Caused by mutation
Genetic variation		Changes due to inheriting different alleles of genes
Environmental variation		Changes due to the effect the environment has
10. Evolution		
Evolution	The o popi a ne	change in the inherited characteristics of a Jlation due to natural selection. May result in w species
Natural selection	The p to th char	process where the organism best adapted e environment survives and passes on their acteristics
Species	A gro can	oup of organisms with similar features which breed to make fertile offspring
Stages of evolution		
1. Population shows variation due to their genes		
2. Environment changes		
3. Some individuals are best adapted and live longer		
4. These can breed and produce more offspring		
5. Over a long period of time the offspring dominate the population		

11. Selective breeding		
Selective breeding	The ancient practice of artificially selecting animals and plants to breed together to create certain characteristics	
Inbreeding	The consequence of too much selective breeding. Can lead to disease or defects	
Outcomes of selective breeding	 Disease resistance in crops Increased meat and milk production Domestication of pets Large unusual flowers 	

12. Genetic engineering		
Genetic engineering	The process of changing the genome by adding a desirable gene from another organism	
GM crops	Genetically modified crops that are resistant to disease or grow bigger crops. Controversial to some	

13. Process of genetic engineering (HT ONLY)		
1	DNA containing desired gene removed from cell	
2	Enzyme cuts out gene	
3	Plasmid taken from bacteria	
4	Plasmid cut by same enzyme	
5	Plasmid and human gene joined by an enzyme	



14. Cloning (TRIPLE ONLY)		
Tissue cloning	Using groups of cells from a plant to grow a identical new plants	
Cuttings	Old fashioned simple method of growing a new plant from part of an old plant	
Embryo transplant	Splitting apart unspecialised animal cells from an embryo and transplanting them into host mother	
Adult cell cloning		
1	Body cell taken from Sheep A	
2	DNA removed	
3	Egg taken from Sheep B	
4	Nucleus removed	
5	DNA and cell fused with electric shock	
6	Cell develops into embryo and implanted into surrogate (c)	



15. Theory of evolution (TRIPLE ONLY)		
Charles Darwin	Proposed the theory of evolution in his book 'on the origins of species'	
Darwin's theory took a long time to be accepted because:	 It challenged the idea that God made all creatures There was not enough evidence at the time Mechanism of inheritance was not understood for another 50 years. 	
Jean-Baptiste Lamarck	Had a different theory about inherited characteristics. He believed they were acquired through the life of the parents. He was wrong	
Alfred Russell Wallace	Independently came up with the idea of evolution and natural selection at the same time as Darwin. Worked on the idea of speciation	
Speciation	Formation of a new species as a result of evolution	

16. Understanding genetics (TRIPLE ONLY)		
Mid 19 th century	Gregor Mendel a monk who carried out breeding experiments on plants. Discovered the inheritance of characteristics as 'units'	
Late 19 th century	Chromosomes observed	
Early 20 th century	Chromosomes linked to inheritance. Genes discovered.	
Mid 20 th century	Structure of DNA discovered and the way genes code for proteins.	
Today	Antibiotic resistance provides real time evidence of evolution in action	

17. Fossils		
Fossil	Remains of a plant or animal that were alive millions of years ago. Found in rocks. Normally only the hard parts	
Fossil formation	 Parts of organisms that have not decayed because one or more of the conditions needed for decay are absent Parts of the organism are replaced by minerals as they decay Preserved traces of organisms, such as footprints 	
What they tell us	Early life was simple As the fossils get newer the life becomes more complex	
Why do we not have a fossil for every living thing	 Early life forms were soft bodied so not fossils formed Geological activity destroyed fossils 	

18. Extinction	
Extinction	When an entire species has died
Causes of extinction	 Disease New predators Famine Natural disaster (meteor, volcano)

19. Resistant bacteria		
MRSA	A type of bacteria that has evolved to be resistant to antibiotics	
How to prevent antibiotic resistance	 Not prescribing antibiotic for viral and non- threatening infections Completing the course of antibiotic given Restricting the use of agricultural antibiotics 	

20. Classification of organisms		
Carl Linnaeus	 Invented the groups we classify organisms into 1. Kingdom 2. Phylum 3. Class 4. Order 5. Family 6. Genus 7. Species 	
Binomial name	The official name of all organism consisting of genus and species	
3 domain system		
Archaea	Primitive bacteria normally found in extreme environments	
Bacteria	True bacteria	
Eukaryotes	Plants, animals, fungi and protists	

Mnemonic Device

Kingdom Phylum Class Order Family Genus species

- King
- Phillip
- Came
- Over
- For
- Good
- Soup

Chemistry Topic 5: Energy changes

1. Keywords	
Conservation of energy	Energy can not be created or destroyed just transferred from one for to another
Exothermic reaction	Reaction which releases heat to the surroundings. Causing an increase in temperature
Endothermic reaction	Reaction which absorbs heat from the surroundings. Causing a decrease in temperature

2. Reaction profiles





3. Energy changes of reactions (HT ONLY)			
Reaction type	Temperature change	Amount of energy absorbed to break bonds	Amount of energy released when making new bonds
Exothermic	Increases	Less	More
Endothermic	Decreases	More	Less

3

5

4. Cells and batteries (TRIPLE ONLY)			
Simple cell	Made from connecting two different metals in contact with an electrolyte		
Battery	Two or more cells joined together in series to make a greater voltage		
Non-rechargeable cell	Type of cell where the reactions stop when one of the reactants is used up. E.g Alkali batteries		
Rechargeable cell	Type of cell where the chemical reactions can be reversed when an electric current is supplied		
Fuel cell	Type of cell that makes electricity from reacting a fuel (eg Hydrogen) with oxygen		

Overall equation $2H_2 + O_2 \rightarrow 2H_2O$ Anode equation (HT ONLY) $4H^+(aq) + O_2(g) + 4e^- \rightarrow 2H_2O(g)$ Cathode equation (HT ONLY) $H_2(g) - 2e^- \rightarrow 2H^+(aq)$

Physics topic 5a: Forces

1. Forces keywords		2. Types of	force	e				
Force	Something that makes a change happen	Force		Between		Contact or non- contact		Example
Magnitude	The value of a force in newtons	Friction		Two moving surfaces		Contact		Brakes
Scalar	Things that have magnitude but not direct	Upthrust		An object and water		Contact		Boat
Vector	Things that have a magnitude and a direction. Forces are always	Reaction		Two stationary objects		Contact		Book on shelf
Contact force	Can only act when two things touch	Air resistan	се	A moving object and air		Contact		Plane
Non-contact force	Can act on things not touching	Gravity		Two masses		Non-contact		You and the earth
Balanced (forces)	When forces are equal and opposite each other also called	Tension		Two ends of an elastic material		Contact		Spring
Unbalanced (forces)	When opposing forces are not equal to each other	_ Magnetic		Magnets and magnetic materials		Non-c	contact	Magnet picking up a nail
Resultant (force)	The overall force once all the forces are considered	3. Calculating weight						
Force arrows	Show direction and size of a force	Symbol		Name	Calculated	by		\wedge
Newton	Unit force is measured in	W Weight (N)		eight (N)) = Mass x Gravity			
Newtonmeter	A spring calibrated so it has a scale to measure force	m	Mo	ass (Kg)	= Weight ÷ G	ravity		W
Centre of mass	A point in the middle of an object where all its mass acts	g Gravitatio		avitation	ation = Weight ÷ mas		$m \times q$	
Elastic	A material that returns to its original shape after being deformed		al stre	field ength				
Plastic	A material that does NOT return to its original shape after being deformed	On		n earth g =	10 N/kg			

4. Calculating work				
Symbol	Name	Calculated by		
W	Work (J)	= Force x Distance		
F	Force (N)	= Work ÷ Distance		
S	Distance (m)	= Work ÷ Force		
W = Fs				

5. Hooke's law				
Symbol	Name	Calculated by		
F	Force (N)	= Spring constant x Extension		
k	Spring constant (N/m)	= Force ÷ Extension		
e	Extension (m)	= Force ÷ Spring constant		
F = ke				

6. Energy stored in a spring			
Symbol	Name	Calculated by	
Ep	Elastic potential energy stored (J)	$Ep = \frac{1}{2}ke^2$	
$\frac{1}{2}$	Half (0.5)	N/A	
k	Spring constant (N/m)	$k = \frac{2 Ep}{e^2}$	
Ø	Extension (m)	$e = \sqrt{\frac{2 Ep}{k}}$	
$Ep = \frac{1}{2}ke^2$			
 To calculate extension: Measure the original length of the object Measure the stretched length of the object Extension = stretched length – original length 			

7. Moments:

1.To calculate a moment you need to know:

- How much force is being applied (Newtons, N)
- The distance from the pivot that the force is being applied (Meters, m)

Moment = force x distance

2.The unit for moment is newton metre (Nm)

3.A small force over a large distance can generate the same moment as a large force over a small distance.



8. Calculating pressure				
Symbol	Name	Calculated by		
F	Force (N)	= pressure x area		
р	Pressure (Pa = n/m²)	= force ÷ area		
A	Area (m²)	= force ÷ pressure		





9. Calculating pressure in column of liquid (HT ONLY)			
Symbol	Name	Calculated by	
g	Gravitational field strength (10 N/Kg)	$g = \frac{p}{h\rho}$	
р	Pressure (Pa =n/m²)	p = h ho g	
h	Height (m)	$h = \frac{p}{g\rho}$	
ρ	Density (kg/m³)	$\rho = \frac{p}{gh}$	
$p = h \rho g$			

Physics Topic 5b: Forces in motion

1. Keywords	
Speed	Distance ÷ time. Scalar quantity
Velocity	Distance (in a certain direction) ÷ time. Vector quantity
Distance	How far and object moves. Scalar quantity
Displacement	The straight line distance from the start point to the end point. Vector quantity
Terminal velocity	The maximum speed reached when the forces are balanced

2. Typical speeds	
Walking	1.5 m/s
Running	3 m/s
Cycling	6 m/s
Sound	330 m/s

3. Calculating speed				
Symbol	Name	Calculated by		
S	Distance (m)	= speed x time		
V	Speed/Velocity (m/s)	= distance ÷ time		
t	Time (s)	= distance ÷ speed		
S = v t				

4. D/T graph keywords			
Keyword	Meaning	Position on distance time graph	
Accelerate	Speeding up	1	
Decelerate	Slowing down	2	
Constant speed	Staying the same speed	3	
Stationary	Not moving	4	
Speed	Distance covered in a certain time	The steepness of the line	
2 2 3 3 0 "zero point"	fast. 3 4 4 TIME	1 returning to "zero point"	

5. Acceleration			6. Ve
а	Acceleration (m/s²)	$a = \frac{\Delta v}{t}$	
Δv	Change in velocity (m/s)	$\Delta v = at$	veloc
t	Time (s)	$t = \frac{\Delta v}{a}$	
	$a = \frac{\Delta v}{t}$		
7. Uniform accel	eration		
v	$u^2 - u^2 =$	2as	
ν	Final velocity (m/s)		
u Start velocity (m/s)			
а	Acceleration (m/s ²)		
S	Distance (m)		



8. Newtons laws of motion		
] st	If the resultant force on an object is zero the object either remains stationary or at a constant speed	
2 nd	Force = mass x acceleration	
3 rd	When two objects interact the forces are equal and opposite	

9. Forces and braking		
Stopping distance	The thinking distance + braking distance	
Thinking distance	The distance travelled in the time it takes to react (typically 0.2s)	
Factors affecting thinking distance	 Tiredness Drugs Alcohol Distractions (phones) 	
Braking distance	The distance travelled under a braking force	
Factors affecting braking distance	 Road conditions (ice, water) Tyre condition Brake condition 	

10. Momentum (HT ONLY)			
p	Momentum (Kgm/s)	p=mv	
m	Mass (Kg)	m=p÷v	
٧	Velocity (m/s)	v=p÷m	
Conservation of momentum	The total momentum before = the total momentum after		

$F = \frac{m\Delta\nu}{\Delta t}$		
F	force	Ν
$m\Delta v$	Change in momentum	Kgm/s
Δt	Change in time	S
To reduce the force we need to extend the collision time		

Level 1/2 Hospitality and Catering: Unit 1: Contributing factors to the success of hospitality and catering provision (AC1.4)

Contributing factors

The hospitality and catering sector is very competitive, and many businesses fail in the first year of operation. There are many factors that must be managed carefully for hospitality and catering businesses to make a profit and continue to operate in the long term.

Basic costs

Labour: These costs include employee wages, National Insurance contributions and pension contributions.

Material: These costs include decoration, furnishings, kitchen and dining equipment, ingredients, printing and health and safety equipment.

Overheads: These costs include rent, rates, gas and electricity, insurance, licensing, training and maintenance.

Profit

Gross Profit: The difference between how much a menu item costs to make and how much it sells for. Ingredient costs should not be more than 30% of the gross profit. If the ingredient cost for a chocolate brownie dessert is £1.50 and the menu price is £4.50, the gross profit is £3.00.

Gross Profit % = (3.00 ÷ 4.50) x 100 = 66.6%

Net Profit = What is left from the gross profit once all costs (as listed above) are covered.

Economy

The value of the pound (\mathbf{f}) can affect the hospitality and catering sector. If the economy is good, people will be willing to spend more. If the economy is weak (recession), people may decide that eating out or going on holiday is a luxury and will spend less.

VAT (Value Added Tax) is added to the final cost of goods and services offered in the hospitality and catering sector. The money from VAT goes to the government to pay for services everyone uses for example the NHS.

New technology

New technologies have benefitted the sector in positive ways. These include:

- · cashless systems such as contactless cards and mobile payment apps
- digital systems such as online booking/ordering and key cards
- office software such as stock ordering systems.

Running a hospitality or catering provision uses a lot of resources. Businesses are encouraged to reduce, reuse, and recycle. Energy efficient equipment such as low energy light bulbs can save a business money. Using local and seasonal ingredients reduces the amount of CO₂ released into the atmosphere during transport. All waste should be separated and recycled or composted when possible.



The hospitality and catering sector is very competitive, so most businesses try to make good use of the media to advertise. Most businesses will have their own website, which customers can use to view menus and make bookings.

Consumers are increasingly using smartphones to book, order, pay and review.





Environmental impact

Media

• Print Media: Ads in magazines and newspapers, flyers and money-off vouchers.

Broadcast media: Television, radio and online ads. Social media: Customer feedback and reviews.

Level 1/2 Hospitality and Catering: Unit 1-1.1.1 - Standards and ratings



Standards and ratings: You will need to be able to know the importance of standards and ratings within the hospitality and catering industry, they are hotel and guest house standards, and restaurant standards.

Hotel and guest house standards

Hotels and guest houses standards are awarded and given star ratings. You should know what criteria is needed to be met for an establishment to receive each star rating.

Star rating 1 = Basic and acceptable accommodation and facilities. Simple rooms with no room service offered.

Star rating 2 = Average accommodation and facilities, a small establishment, and would not offer room service or have a restaurant.

<u>Star rating 3</u> = Good accommodation and facilities. One restaurant in the establishment, room service available between certain hours, and Wi-Fi in selected areas are provided. The establishment could have a pool and gym.

Star rating 4 = Very good accommodation and facilities. Large hotel & reception area of a very good standard. Certain hours of room service, with a swimming pool and valet parking offered.

Star rating 5 = Excellent standard of accommodation, facilities, and cuisine. Offer valet parking, 24 hr room service, spa, swimming pool, gym, and concierge service.

Restaurant standards

Restaurant standards have three main possible awards or ratings that you should know. They are listed below:

AA Rosette award

Ratings between one and five rosettes could be awarded based on the following:

- different types and variety of foods offered
- quality of the ingredients used
- where the ingredients are sourced
- how the food is cooked, presented and tastes
- skill level and techniques used as well as the creativity of the chef.



https://www.stirkhouse.co.uk/about-us/awards/ attachment/award-rosette

awarded based on the following:

- cooking and presentation techniques
- taste of the dishes
- value for money.



and-beyond

A rating between one and 10 could be awarded based on the following:

- cooking skills •
 - quality of ingredients
 - techningues and cooking skills shown.



Michelin star

A rating between one and three Michelin stars could be

- quality of ingredients used
- standard of the cuisine

ed by many chefs but bestowed upon only to an excellent few etting a star (or three) could change the fate of a restaurant

8383



https://guide.michelin.com/us/en/california/to-the-stars-

Good food guide

Level 1/2 Hospitality and Catering Knowledge Organiser: Unit 1: 1.1.1 -Types of Hospitality and catering provisions

Hospitality and catering providers

You must understand, be able to name, and explain the two different provisions in hospitality and catering. **Commercial:** the business aims to **make profit** from the hospitality and catering provision that they provide. Non-commercial: the service provider doesn't aim to make a profit from the service they provide.



Commercial (residential)

Commercial (residential): meaning the hospitality and catering provision aims to create a profit from the service they provide, but also offers accommodation.

For example:

- hotels, motels & hostels
- B&B, guest houses and Airbnb
- holiday parks, lodges, pods, and cabins
- campsites and caravan parks.

Commercial (non-residential)

Commercial (non-residential): catering establishments that aim to make a profit from their service, but no accommodation is provided.

For example:

- restaurants and bistros
- cafes, tea rooms and coffee shops
- takeaways
- fast food outlets
- public houses and bars
- airlines, cruise ships, long distance trains
- pop up restaurants
- food and drink provided by stadiums, concert halls and tourist attractions
- mobile food vans and street food trucks
- vending machines.

Non-commercial (residential)

Non-commercial (residential): the hospitality and catering provision offers accommodation but does not aim to make a profit from the service they provide.

For example:

- hospitals, hospices, and care homes
- armed forces
- prisons
- boarding schools, colleges, and university residences.

Non-commercial (non-residential)

Non-commercial (non-residential): catering establishments with no accommodation provided and don't aim to make a profit from their service.

For example:

- schools, colleges, and universities
- meals on wheels .
- canteen in working establishments (subsidised)
- charity run food providers. •









Level 1/2 Hospitality and Catering: Unit 1-1.1.1 -Types of service in commercial and non-commercial provisions



Types of service in commercial and non-commercial provision

You need to be able to understand and know the different types of service within commercial and non-commercial provision. They are split into two main categories of food service and residential service.

Food service

The different types of food services in the catering sector are listed below. You should know the meaning of each one and be able to provide examples. For instance;

Table service

- Plate: the food is put on plates in the kitchen and served by waiting staff. Good portion control and food presentation consistent.
- Silver: a waiter will transfer food from a serving dish to the customer's plate • using a silver spoon and fork at their table.
- Banquet: a range of foods suitable for large catered events such as weddings, parties, or award ceremonies.
- Family style: the food is placed on serving bowls on the customer's table for customers to share between them.
- Gueridon: is served from a trolley to the customer's table, the food is then cooked and/or finished and presented in front of the customer. Creates an atmosphere of sophistication and entertainment.

Counter service

- Cafeteria: all types of food and drink are shown on a long counter for customers to move along with a tray for them to choose what they want to eat.
- Fast food: the food and drink is displayed on a menu behind the counter, often with pictures. Quick, simple, and usually served with disposable packaging.
- Buffet: a range of foods served on a big serving table where customers walk up to collect their plate and help themselves to food and drink. The food can be hot or cold, and some items could be served by waiting staff.

Personal service

- Tray or trolley: the meals are served on trays from a trolley and customers sometimes order items in advance.
- Home delivery: the customer's order is made over the phone or online, and is then delivered by the business to their address.
- Takeaway: food that's cooked by the business onsite and then eaten elsewhere.

Residential service

Listed below are the different types of residential types of service in the hospitality and catering sector. You should know the different types of service offered in various hospitality provisions.

Rooms:

- single/ double/ king/ family
- suite (en-suite bath/ shower room, shared facilities).

Refreshments:

- breakfast/ lunch/ evening meal
- 24-hour room service/ restaurant available.

Leisure facilities:

- spa
- gym
- swimming pool.

Conference and function facilities:

- large rooms
- overhead projector and computer •
- pens and paper provided
- refreshments available. •







Level 1/2 Hospitality and Catering – Unit 1-1.1.2: Personal attributes, qualifications and experience

You need to be able to know and understand the different personal attributes, qualifications and experience that an employer would look for to fulfil different job roles in the hospitality and catering industry.

Personal attributes

The list below names the different personal attributes that employees could need to fulfil different jobs in the industry:

- Team player
- Organised
- Flexible
- Good communicator
- Friendly
- Calm under pressure
- Willingness to learn and develop
- Pleasant
- Hygienic
- Punctual
- Hardworking
- Reliable
- Approachable
- Good listener
- Leadership qualities
- Sense of humour
- Ability to be proactive
- Good attention to detail
- High standard of personal appearance.

Qualifications

Apprenticeships and experience in the role or sector are two ways to fulfil certain job roles. Named below are some of the qualifications that could be required to fulfil certain jobs within the hospitality and catering sector.

Hospitality sector

- Level 1 Certificate in Business and Administration (office administration).
- Level 2 Certificate in Front of House Reception (hospitality and catering).
- Level 2 Diploma in Reception Operation and Services (hospitality and catering). •
- GCSE English / Maths / Hospitality and Catering / Business / IT.

Catering sector

- Diploma in Catering.
- NVQ Food preparation and cooking. •
- Bachelor's degree/catering management.
- City & Guilds diplomas in professional cookery. •
- BTEC HND in professional cookery.
- A foundation degree in culinary arts.
- Health and safety and food hygiene • certificates/food hygiene.
- Level 1/2 hospitality and catering. •
- GCSE Food and Nutrition.
- Level 3 Food Science and Nutrition.
- First aid. •





Level 1/2 Hospitality and Catering: Unit 1-1.1.2 -Types of employment roles and responsibilities within the industry



Types of employment roles and responsibilities within the industry

There are four main areas within the industry that you should know the roles and responsibilities within. They are listed below:

Front of house

- Front of house manager: oversees all staff at the restaurant, provides training, hiring of staff, and ensures good customer service.
- Head waiter: oversees the waiting staff of the restaurant in high-end eating establishments.
- Waiting staff: greets customers, shows them their table, takes food and drink orders from customers, and serves them their order. Makes sure customers' needs are met, and that the food order is made correctly.
- Concierge: advises and helps customers with trips and tourist attractions. Books taxis for customers and parks customer cars.
- Receptionist: takes bookings, deals with questions and complaints from • customers, checks-in customers, takes payment, and provides room keys.
- Maître d'hôte: oversees the service of food and drinks to customers. They greet customers, check bookings, reservations, and supervise waiting staff.

Housekeeping

- Chambermaid: cleans guests' rooms when they leave, and restocks products that have been used, they also provide new bedding and towels.
- Cleaner: cleans hallways and the public areas of the establishment.
- Maintenance: repairs and maintains the establishment's machines and equipment, such as heating and air conditioning. These responsibilities could also include painting, flooring repair or electrical repair.
- Caretaker: carries out the day to day maintenance of the establishment. •



Kitchen brigade

- Executive chef: in charge or the whole kitchen, developing menus and overlooking the rest of the staff.
- Sous-Chef: the deputy in the kitchen and is in charge when the executive chef isn't available.
- Chef de partie: in charge of a specific area in the kitchen.
- Commis chef: learning different skills in all areas of the kitchen. Helps every chef in the kitchen.
- Pastry chef: prepares all desserts, pastry dishes and bakes.
- Kitchen assistant: helps with the peeling, chopping, washing, cutting of ingredients, and helps washing dishes and stored correctly.
- Apprentice: an individual in training in the kitchen and helps a chef prepare and cook dishes.
- Kitchen porter/ plongeur: washes the dishes and other cleaning duties.

Management

- Food and beverage: responsible for the provision of food and drink in the establishment which will include breakfast, lunch, dinner, and conferences.
- Housekeeping: ensuring laundering of bed linen & towels, ordering of cleaning products and overseeing housekeeping staff duties.
- Marketing: promotes events and offers to increase custom at the establishment, and is responsible for the revenue of the business.







Types of employment contracts and working hours

You need to know the following types of employment contacts and working hours.

- **Casual:** this type of contact could be provided through an agency and used to cover employees that are absent from work due to illness. There is no sick pay or holiday entitlement with this type of employment.
- Full time (permanent): working hours including start and finishing times are fixed and stated in this type of contract. A contact of this nature allows the employee to have sick pay and holiday entitlement.
- **Part-time (permanent):** working hours mean that the employee works on certain days of the week. Work times are stated in the contract, including the starting and finishing times that are fixed in this type of contract. The employee has sick pay and holiday entitlement in this type of contact.
- Seasonal: this type of contract is used when a business needs more staff due to busy times throughout the year, such as the Christmas period. The contract will state for the employee to work for a specific time frame only. Also, the contract would not expect further or regular work after the contact is complete.
- Zero hours contract: this type of contact is chosen between the employer and the employee. This means that the employee can sign an agreement to be available for work when the employer needs staff. No number of days or hours is stated in the contract and the employer doesn't require to ask the employee to work, and neither does the employee have to accept the work offered. No sick pay or holiday entitlement is offered for this type of contract.



Pay and benefits in the industry

The following pay and benefits are what you should be aware of in the industry.

- **A salary:** this type of pay is a fixed amount of money paid by the employer monthly, but is often shown as an annual sum on the contract.
- Holiday entitlement: employees are entitled to 28 days paid a year. Part-time contracts are entitled less depending to their contract hours.
- **Pension:** on retirement age, an employee qualifies for a pension contribution by the employer and the government.
- **Sickness pay:** money paid to the employee with certain contracts when they are unable to go to work due to illness.
- Rates of pay: national minimum wage should lawfully be offered to all employees over 18 years of age. This rate is per hour and is reviewed each year by the government.
- Tips: money given to an employee as a 'thank you' reward for good service from the customer.
- Bonus and rewards: given from an employer to the employee as a way of rewarding all the hard work shown from the employee throughout the year, and helping make the business a success. Also known as remuneration.

Working hours

The working hours directive in the UK states that employees on average cannot work more than 48 hours which is worked out over a period of 17 weeks. Employees can choose not to follow this and work more hours if they want to.

People under the age of 18 cannot work more than eight hours a day and 40 hours a week.

Employees that work six hours or more a day must have a break of 20 minutes, and have the right to have at least one day off every week.



Level 1/2 Hospitality and Catering – Unit 1-1.1.4: Positive and negative uses of media

You need to be able to know and understand the different types of media, as well as the positive and negative impacts they can have on the hospitality and catering industry.

Different types of media

The list below names the different types of media that can be used to promote the hospitality and catering industry.

- **Printed media:** Different types of printed media can include:
 - magazines \diamond
 - newspapers \diamond
 - billboards \Diamond
 - business cards \Diamond
 - posters. \diamond
- **Broadcast:** Different types of broadcasting media include:
 - television \diamond
 - \diamond radio.
- **Internet:** Ways of promoting through the internet include:
 - ♦ social media, e.g. Facebook, Instagram, Twitter, etc.
 - Websites, e.g. TripAdvisor \diamond
 - ads on podcasts \diamond
 - blogs \diamond
 - email. \diamond
- **Competitive:** This could include being competitive with other establishments to attract and retain customers through competitions, deals, special offers and themed events.

Positive and negative uses of media

Named below are some of the positives and negative impacts the media can have on the hospitality and catering sector.

Positive impacts:

- Social media is free and isn't an extra cost for the business. •
- Able to contact a larger and wider audience quickly.
- Attracts new customers.
- Builds business awareness. •
- Customers can feel more of a personal connection with the business. •
- Creates and builds customer loyalty. •
- Media can target specific groups easily.

Negative impacts:

- Advertising in media is expensive, e.g. printed media and broadcasting.
- Having a bad or negative review/comment on social media can rapidly decrease the reputation of a business, e.g. through a comment retweet or share.
- Rapid spread of negative reviews, comments and/or feedback can be • detrimental to the success of a business, leading the business potentially having to close.
- Having a bad reputation would decrease customer loyalty and less likely to attract new customers.





Level 1/2 Hospitality and Catering: Unit 1: 1.2.2 Customer requirements in hospitality and catering



Customer needs

Customers can be divided into three groups:

- **Business customers** •
- Leisure customers
- Local residents .

Customer needs may include catering, equipment and/or accommodation.

Customer needs: Local residents

Local residents may use the facilities hospitality and catering provisions offer without using overnight accommodation. Examples include restaurants, bars, spas, and golf courses.

Hospitality and catering businesses will want to ensure that noise and parking issues are addressed if the provision is in a residential area.

Customer needs: Customer rights and inclusion

By law, hospitality and catering provision must provide for customer rights, inclusion and disabilities. No business can discriminate against a person because of:

- Age
- Disability .
- Sexual orientation
- Ethnicity .
- Gender
- Race and culture
- Pregnancy and maternity ٠

Customer needs: Business customers

These customers use hospitality and catering provisions for work purposes. Examples include conferences, meetings, and training.

Catering:

- tea, coffee and food facilities for meetings
- early breakfast •
- 24-hour room service.

Conference facilities:

- whiteboards, projectors, screens, flip charts, pens and notepaper, free Wi-Fi parking. •

Accommodation:

- a quiet floor to work
- express check-in and check-out
- iron and ironing board or trouser press
- access to leisure facilities •
- discount/loyalty points.

These customers use hospitality and catering provisions for holidays, sight-seeing, travelling or when attending sporting and theatrical events.

The needs of leisure customers vary depending on their reason for travel. Some customers will want basic accommodation with value for money and some customers will look for a luxury experience.

Catering:

- drinks facilities in room
- snack/mini bar
- room service •
- restaurant
- bar .

Accommodation:

- different room sizes •
- disability access
- en-suite facilities
- free Wi-Fi
- concierge service
- cots .
- toiletries.



Customer needs: Leisure customers

breakfast: included or at extra cost

special dietary needs and children's menu options.

extra pillows and bedding





Successful hospitality and catering provisions change to meet their customers' needs and expectations. Customer needs can change depending on their lifestyle, dietary requirements and income. Customers have an expectation that a hospitality and catering provision will keep up with current trends. An example is mobile apps which can be used for everything from booking a room to ordering and paying for food.

Customer requirements/needs

Understanding customer needs and requirements helps hospitality and catering provisions to attract more customers and make more profit.

Lifestyle: Successful hospitality and catering provisions analyse the needs of their customers based on their lifestyles, budgets, eating patterns, and interests such as sports and hobbies.

Nutritional needs: Successful hospitality and catering provisions will offer a range of dishes to suit the nutritional needs of their customers. Many menus will include nutritional information available to help their customers make informed choices.

Dietary needs: Most menus will offer a range of dishes to suit special dietary needs such as coeliac disease. Most menus will include vegetarian and vegan options as well as children's menus.

Time available: Some customers will want fast food, and some will prefer a leisurely meal.

Customer expectations

Customers will visit a range of hospitality and catering provisions, from fast food to fine dining, with expectations of an enjoyable experience.

Service: Customers will expect polite efficient service regardless of the type of provision they are visiting.

Value for money: Customers will expect meals that are nutritious, filling and sold at the right price for the type of provision they are visiting.

Trends: Customers will expect hospitality and catering provisions to keep up with trends such as mobile ordering apps.

Awareness of competition from other providers: Customers will expect hospitality and catering provisions to adapt their menus to attract new customers.

Media influence/interest: Customers will expect hospitality and catering provisions to match reviews.

Environmental concerns: Customers will expect eco-friendly hospitality and catering provisions.

Seasonality: Customers will expect dishes made with seasonal, local ingredients.

Successful hospitality and catering provisions conduct marketing research by asking questions to find out the requirements, needs and expectations of potential customers. The information is used by the provision to create a USP (unique selling point).

facilities?

Location: Is your provision located in a residential area? On a high street? In a business area?

Accessibility: Is there parking? Is it accessible to people with mobility issues?

Money available: Do potential customers have a large amount of disposable income? Are they on a tight budget?

Access to establishments/provisions: Are they competing with similar provisions? Is there limited competition in the area?





Customer demographics

Age: Do potential customers want fast food or a luxury experience? Do they need child-friendly

Level 1/2 Hospitality and Catering – Unit 1-1.3.1: Safety documents in hospitality and catering

Different documentation is required to be completed for potential health and safety risks and hazards to be avoided within the hospitality and catering industry. Accident forms and risk assessments are explained below, stating their importance and how to complete each document.

Accident forms

If an accident happens, it is vital that an accident form is completed correctly to develop control measures for potential risks and to avoid them from happening again. It should be reviewed and used to manage any health and safety risk. It is law to complete an accident form for accidents in the workplace. Below is an example of an accident form and how it should be completed.

Accident form		
Name of person in accident:	Date:	
Description of accident & injury:	Description should include as many details as possible about what happened and how, e.g. slipped/fallen on oil spillage and broken arm as a result.	
What was the hazard?	Named hazards could be spillage/liquid on floor or broken handrail, etc.	
How could this accident have been prevented?	 Suggested prevention could include: correct storage ensuring all staff had health and safety training relevant health and safety posters visible in the workplace correct usage of wet floor signs and clear spillages immediately. 	
Further action:	 Points could include: investigating the accident further completing/updating risk assessment reviewing storage of products first aid that has been given to be logged correct PPE to be worn, e.g. anti-slip footwear. 	
Signed:		

Risk assessment

A risk assessment should be completed and reviewed frequently for the document to be kept up to date. New risks should have control measures to reduce the risk of happening or not happen at all. Within the document hazards need to be identified, likelihood of the risk happening is stated and the control measure of how to avoid or reduce the risk is noted. Below are definitions of the main key words and an example of a risk assessment document.

Hazard: An object or something that can physically harm someone or cause harm to someone's health.

Level of risk: The likelihood of the hazard happening and being harmed or causing injury. Level of risks named could be low, medium or high. Control measure: Steps or action taken to avoid or reduce the hazard from happening and causing injury.

Risk assessment			
Assessment carried out by:		Date of assessment:	Date of next review:
What are the hazards?	Level of risk	Control measure	Who needs to carry out action?
Examples could include, slips, trips, falls, burns from oven, electric shocks, etc.	Low / medium / high If it is a low risk, then the hazard is less likely to cause injury or harm compared to a high risk.	Examples could include providing training and PPE for employees, having appropriate safety posters and signs, e.g. wet floor signs.	Named employer and/or employees to reduce the hazard from happening.

Remember: Employers are responsible for the health and safety training needs of all staff.



Level 1/2 Hospitality and Catering: Unit 1-1.3.1 -Health and safety in hospitality and catering provisions

Control of	Substances I	Jazardous to	Hoalth	Dogulations	
	Substances		Tearti	Regulations	

What employers need to do by law	What paid employees need to do
Control substances that are dangerous to health.	Attend all training sessions regarding COSHH.
Provide correct storage for those substances and appropriate training for staff.	Follow instructions carefully when using the substances.
Some examples of substances that are dangerous to health include cleaning products, gases, powders & dust, fumes, vapours of cleaning products and biological agents.	Know the different types of symbols used to know different types of substances and how they can harm users and others when used incorrectly.

Health and Satefy at Work Act 1974 (HASAWA)

What employers need to do by law	What paid employees need to do
Protect the health, wellbeing and safety of employees, customers and others.	Take reasonable care of their own health and safety and the health and safety of others.
Review and assess the risks that could cause injuries.	Follow instructions from the employer and inform them of any faulty equipment.
Provide training for workers to deal with the risks.	Attend health and safety training sessions.
Inform staff of the risks in the workplace.	Not to misuse equipment.

Regulations (RIDDOR) 2013

do

What employers need to do law

Provide training for staff.

and customers

Assess and review any lifting and activities that cannot be avoided.

Store heavy equipment on the floo low shelves.

Provide lifting and carrying equipm where possible.

Personal Protective Equipment at Work Regulations (PPER) 1992

What employers need to do by law	What paid employees need to d
Provide PPE e.g. masks, hats, glasses and protective clothes.	Attend training and wear PPE such as chef's jacket, protective footwear and
Provide signs to remind employees to wear PPE.	gloves when using cleaning chemicals.
Provide quality PPE and ensure that it is stored correctly.	





Report of Injuries, Diseases and Dangerous Occurences

What employers need to do by law	What paid employees need to do
Inform the Health and Safety Executive (HSE) of any accidents, dangerous events, injuries or diseases that happen in the workplace.	Report any concerns of health and safety matters to the employer immediately. If nothing is resolved, then inform the HSE.
Keep a record of any injuries, dangerous events or diseases that happen in the workplace.	Record any injury in the accident report book.

Manual Handling Operations Regulations 1992

by	What paid employees need to do
	Ask for help if needed.
carrying	Squat with feet either side of the item. Keep back straight as you start to lift. Keep the item close to your body whilst walking. Make sure you can see where you're going.
or or on	
nent	

Risks to health and security including the level of risk (low, medium, high) in relation to employers, employees, suppliers

Review and assess level of risks in the workplace e.g. slips, trips, falls, burns etc by completing a risk assessment to avoid from happening.
Level 1/2 Hospitality and Catering: Unit 1-1.3.2 -Food safety

HACCP table



Every food business lawfully needs to ensure the health and safety of customers whilst visiting their establishment. To ensure this, they need to take reasonable measures to avoid risks to health. HACCP is a food safety management system which is used in businesses to ensure dangers and risks are noted and how to avoid them.

All food businesses are

assess and review food safety risks

- identify critical control points to reduce or remove the risk from happening
- ensure that procedures are followed by all members of staff
- keep records as evidence to show that the procedures in place are working.

Food Hazards

required to:

A food hazard is something that makes food unfit or unsafe to eat that could cause harm or illness to the consumer. There are three main types of food safety hazards:

- **Chemical** from substances or chemical contamination e.g. cleaning products.
- Physical objects in food e.g. metal or plastic.
- Microbiological harmful bacteria e.g. bacterial food poisoning such as Salmonella.

Here is an example of a HACCP table – it states some risks to food safety and some control points.

Hazard	Analysis	(
Receipt of food	Food items damaged when delivered / perishable food items are at room temperature / frozen food that is thawed on delivery.	Check that t between 0°0 -18°C and -2 to standard.	
Food storage (dried/chilled/frozen)	Food poisoning / cross contamination / named food hazards / stored incorrectly or incorrect temperature / out of date foods.	Keep high-r fridge. Stocl regularly.	
Food preparation	Growth of food poisoning in food preparation area / cross contamination of ready to eat and high-risk foods / using out of date food.	Use colour of prevent crost regularly. Ma	
Cooking foods	Contamination of physical / microbiological and chemical such as hair, bleach, blood etc. High risk foods may not be cooked properly.	Good perso Use a food 75°C. Surfa	
Serving food	Hot foods not being held at correct temperature / foods being held too long and risk of food poisoning. Physical / cross-contamination from servers.	Keep food h Make sure s different spo at 5°C or be	





Critical Control Point

the temperature of high-risk foods are C and 5°C and frozen are between -22°C. Refuse any items that are not up .

risk foods on correct shelf in k rotation – FIFO. Log temperatures

coded chopping boards. Wash hands to ss-contamination. Check dates of food lark dates on containers.

onal hygiene and wearing no jewellery. probe to check core temperature is ace area & equipment cleaned properly.

not at 63°C for no more than 2 hours. staff serve with colour coded tongs or oons to handle food. Cold food served elow. Food covered when needed.

Level 1/2 Hospitality and Catering – Unit 1-1.4.1: Hospitality and catering and the law

There are several food legislations and laws that you need to be aware of, which are food labelling laws, food safety legislation and food hygiene.

Food labelling laws

By law, the following must be shown on food packaging and labels:

- name of the food
- list of ingredients
- allergen information noted clearly and in bold on the packaging or label
 - ♦ The 14 possible allergens include: celery, cereals containing gluten (e.g. wheat, oats and barley), crustaceans (e.g. lobster, prawns and crab), eggs, fish, lupin, milk, molluscs (e.g. oysters and mussels), mustard, peanuts, sesame, soybeans, tree nuts (e.g. almonds, hazelnuts, walnuts, Brazil nuts, cashews, pecans, pistachios and macadamia nuts) and sulphur dioxide and sulphites (information from www.food.gov.uk).
- storage instructions
- name and address of manufacturer
- nutrition information
- cooking instructions
- weight of ingredients
- use by dates and/or best before dates.

The label must not be misleading and must be clear and easy to understand.



Food safety legislation

Under the Food Safety Act 1990, any businesses that prepare, cook and sell food must meet the following criteria:

- make sure the food is safe to eat
- the food packaging or label must not be misleading in any way, e.g. if the packaging states the product is suitable for vegetarians it must not contain any meat
- the food product is what the consumer expects it to be.

Food hygiene

The Food Hygiene Regulations 2006 ensures that food at any time of production, apart from primary production (e.g. catching fish, milking animals, etc.), is handled and sold in a hygienic way.

These regulations also aim to do the following:

- 1. identify potential food safety hazards
- 2. enables to identify where exactly in the process that things could go wrong
 - these are called critical control points
- 3. put controls in place to prevent food safety risks from happening
- 4. ensure that the control measures that exists are always followed and are reviewed frequently.





Level 1/2 Hospitality and Catering: Unit 1: The operation of front and back of house: Front of house (AC2.2)



Operational requirements

To run a successful hospitality and catering business, it is important that the front of house is welcoming to all customers. A logical layout and workflow will mean that the customers will be able to enjoy organised, efficient service.

In a catering establishment such as a café, the front of house is where the customers are served.

In a residential establishment such as a hotel, the front of house is where guests are received before checking in to their room.

Catering and residential establishments have common front of house areas, which help to ensure a smooth operation of the business.

Front of house dress code

The front of house dress creates a first impression. In some establishments a **uniform** may be worn. In other establishments, employees may be required to wear colours such as black and white. In addition:

- clothing must be clean and ironed
- if worn, jewellery, perfume and make-up must be minimal
- personal hygiene must be maintained
- name badges may be required.

Restaurant workflow

The workflow should be organised so that orders can be filled, and food can be passed from the kitchen as quickly as possible.

Reception: Guests are greeted and shown to their seats in the dining area.

Seating/dining area: In a large restaurant, this area is divided into stations. Each station is managed by a waitperson.

Counter service: Food is on display for customers to choose and pay at the end. Some restaurants also offer seated counter service.

Bar: An area for socialising or eating in a less formal space.

Equipment station: Small items such as cutlery and serviettes and food items such as condiments should be available to wait staff.

Toilets: Customer toilets should be clean and welcoming.

Safety Equipment: First aid boxes and fire extinguishers must be easily accessed.

The workflow of a hotel should be organised so that guests can be checked in as quickly as possible.

Reception: Guests are checked in and receive keys/ key cards for their room.

Lobby/waiting area: This area should have comfortable seating for the guests. Drinks may be available in the lobby.

facilities.

welcoming.

track of:

- •
- •
- financial information
- customer feedback
- advertising. •



Hotel workflow

Stairs/Lifts: These provide access to rooms and other

Toilets: Customer toilets should be clean and

Administration and documents

Businesses may employ an administrator who keeps

staff employment and training records stock orders, delivery records and invoices health and safety documents

Kitchen equipment

It is important that a business invests in good quality kitchen equipment to produce food safely. Even though good quality equipment is expensive, for example stainless steel pots and pans, in the long run they will pay for themselves as they should not need to be replaced often. Good quality electrical equipment will cost less to run, which will also save money and increase profits.

Large equipment

Storage:	walk-in fridge, freezer, blast chiller, glass chiller.	
Preparation:	floor standing food mixer.	
Cooking: conventional oven, deep fat fryer, hot water urn, st bain-marie, hot plate/griddle, steamer, grill/salama		
Cleaning:	pass-through dishwasher, glass washer.	

Small equipment

Preparation: mixing bowls, measuring jugs and spoons, whisks, s sieves, knives, chopping boards, zester, juicer, piping tips, graters.	
Cooking:	pots and pans, baking dishes, baking trays, tongs, colanders.
Serving:	plates, bowls, glassware.

Mechanical equipment

Preparation:	weighing scales, electric w mincer, meat slicer, vegeta
Cooking:	temperature probes.
Specialist equipment:	conveyor toaster, panini m <i>vide</i> , pasta maker.

Cleaning and safety materials and equipment

Cleaning:	detergents, cleaning chem dustpan and brush, bucket bins.
Preparation:	date labels for food storag
Safety:	fire extinguisher/blanket, s gloves.





vhisk, food processor, blender, able peeler, juicer, ice cream maker.

naker, coffee maker, pizza oven, *sous*

nicals, scouring pads, cloths, mops, ts, recycling and waste bags and

e, foil, baking paper.

 $moke/CO_2$ alarm, first aid box, oven



Operational requirements

To run a successful hospitality and catering business, it is important that the back of house is well designed to allow safe working conditions for the kitchen staff. A good workflow also allows the safe movement of front of house staff between the kitchen and dining room so that customers enjoy efficient food service.

	Kitchen workflow		
	Delivery area	Located at the kitchen entrance. Deliveries are checked against the order and temperatures of high-risk foods are recorded.	
	Storage area	Cool area: contains fridges and freezers for storing high-risk foods, as well as space for storing fresh Dry area: for storing canned and dry goods.	
	Staffing area	A separate area where employees can change into work clothing. Staff toilets and hand washing facilities are provided. This area may also be used as a breaktime lou	
Preparation area A large kitchen will have separate areas for the preparation of meat and poultry desserts.		A large kitchen will have separate areas for the preparation of meat and poultry, fish, fruits and veget desserts.	
	Cooking area	A large kitchen will have separate cooking areas for hot wet foods such as soups, sauces and steam cooking area for roasting, baking, grilling and frying.	
	Serving area	A large kitchen will have separate areas for plating and presenting hot and cold foods. Waiters will co to deliver to customers in the restaurant.	
	Cleaning area	This area should be separate from the main kitchen. Dirty crockery and cutlery as well as pots and pans from the kitchen are cleaned and stored in this ar	
	Waste area	This area should be separate from the main kitchen. Food waste and recyclable and non-recyclable waste is sorted and then disposed in the correct bins, outside.	

Back of house dress code

The traditional chef's uniform is designed to show authority in the kitchen. Known as "chef's whites", they come in many colours. Key uniform items are: a long-sleeved, double-breasted jacket, long trousers, head covering, apron, and non-slip, toe-protected shoes. The clothing and shoes protect the wearer from injury while the head covering protects the food from hair and sweat.



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Level 1/2 Hospitality and Catering: Unit 1: Food related causes of ill health (AC4.1)



Food related causes of ill health

Ill health could be caused by any of the following:

- bacteria
- allergies
- intolerances
- chemicals such as:
 - detergent and bleach
 - pesticides and fertilisers.

Intolerances

Some people feel unwell when they eat certain foods. Common foods that cause intolerance include:

- milk (lactose) ٠
- cereals (gluten)
- artificial sweeteners (Aspartame)
- flavour enhancers (MSG). •

Food poisoning bacteria

The main causes of food poisoning bacteria are:

- Bacillus cereus: found in reheated rice and other starchy foods.
- Campylobacter: found in raw and undercooked poultry and meat and unpasteurised milk.
- **Clostridium perfringens:** found in human and animal intestines and raw poultry and meat.
- E-coli: found in raw meat, especially mince.
- Listeria: found in polluted water and unwashed fruit and vegetables.
- Salmonella: found in raw meat, poultry and eggs.
- Staphylococcus aureus: found in human nose and mouth.

Food and the law

Food can cause ill-health if it is stored, prepared and/or cooked incorrectly or if a person unknowingly eats a food that they are allergic or intolerant to. All hospitality and catering provision need to follow laws that ensure food is safe to eat. They are:

- Food Labelling Regulations (2006): A label must show all ingredients including allergens, how to store and prepare the food, where it came from, the weight of the food and a use-by or best-before date.
- Food Safety (General Food Hygiene Regulations) 1995: This law makes sure that anyone who handles food - from field to plate – does so in a safe and hygienic way. The **HACCP** system is used throughout the hospitality and catering sector.
- Food Safety Act 1990: This law makes sure that the food people it is safe to eat, contains ingredients fit for human consumption and is labelled truthfully.

Food allergies

An allergy is a reaction to something found in food. In the case of a severe allergy, the reaction can lead to death.

Common allergens include:

Cereals	Eggs	Seeds
Soya	Fish and shellfish	Strawberries
Peanuts	Wheat	Milk and dairy
Celery	Tree nuts	Mustard



Level 1/2 Hospitality and Catering: Unit 1: Symptoms and signs of food-induced of ill-health (AC.4.2)

Symptoms and signs of food-induced ill-health:

An "upset tummy" is a familiar symptom for someone who thinks they might have food poisoning; this is known as a non-visible symptom. There are many other signs and symptoms that could show that a person might be suffering from ill-health due to the food they have eaten. Some of the symptoms can be seen (visible symptoms) such as a rash. It is important to be able to recognise visible and non-visible symptoms to help someone suffering from food-induced ill-health.

Visible symptoms

Visible symptoms of food poisoning, chemical poisoning, allergic reaction and food intolerance include:

- Diarrhoea: a common symptom of most types of food poisoning bacteria and can also be a symptom of lactose intolerance.
- Vomiting: a common symptom of most types of food poisoning bacteria, but may could also be caused by taking in chemicals accidently added to food.
- **Pale or sweating/chills:** a high temperature is a common symptom of E-coli and Salmonella.
- Bloating: a symptom of lactose intolerance.
- Weight loss: a symptom of gluten intolerance (coeliac disease).

Allergic/anaphylactic reaction

- **Visible symptoms:** red skin, a raised rash, vomiting, swelling of lips and eyes and difficulty breathing.
- Non-visible symptoms: swelling of tongue and throat, nausea (feeling sick) and abdominal pain.
- Anaphylaxis: a severe reaction to eating an allergen that can lead to death. An injection of adrenaline (for example, an EpiPen) is the treatment for an anaphylactic reaction.

Non-visible symptoms of food poisoning, chemical poisoning, allergic reaction and food intolerance include:

- food-induced ill-health.
- Cramps may happen at the same time as diarrhoea.
- Constipation: a symptom of Listeria food poisoning.
- Painful joints: a symptom of E-coli food poisoning.
- Listeria.
- amount of nutrients.





Non-visible symptoms

• Nausea (feeling sick): the most common symptom for all types of

Stomach-ache/cramps: abdominal pain is common symptom of lactose intolerance as well as a sign of an allergic reaction.

• Wind/flatulence: a common symptom of lactose intolerance.

• Headache: a symptom linked to Campylobacter, E-coli and

Weakness: non-stop vomiting, and diarrhoea can leave a person feeling weak. Gluten intolerance (coeliac disease) can leave a person feeling tired because their bodies can't absorb the correct

Level 1/2 Hospitality and Catering:

Unit 1-1.4.3: Preventative control measures of food-induced of ill-health

Preventing cross-contamination

Food poisoning bacteria can easily be transferred to high-risk foods. This is called cross-contamination. It can be controlled by:

- washing hands before and after handling raw meat and other high-risk foods.
- using colour-coded chopping boards and knives when preparing high-risk foods.
- washing hands after going to the toilet, sneezing, or blowing your nose and handling rubbish.

Preventing physical contamination

Physical contamination is when something which is not designed for eating ends up in your food. Physical contaminants include hair, seeds, pips, bone, plastic packaging, plasters, broken glass, flies and other insects, tin foil and baking paper, soil, and fingernails.

Physical contamination can be controlled by:

- food workers following personal hygiene rules
- keeping food preparation and serving areas clean
- checking deliveries for broken packaging
- thoroughly washing fruits and vegetables before preparation
- using tongs or gloves for handling food. •

Delivery	Storage	Preparation
The temperature of high-risk foods must be checked before a delivery is accepted. The food should be refused if the temperatures are above the safe range. Refrigerated foods = 0-5°C Frozen foods = -22°C to -18°C	High-risk foods must be covered and stored at the correct temperature. Temperatures must be checked daily. Refrigerator = 0-5°C Freezer = -22°C to -18°C	High risk-foods need to be carefully prepared to avoid cross-contamination. A food probe can be used to make sure that high-risk foods have reached a safe core (inside) temperature, which needs to be held for a minimum of two minutes.
	Unwashed fruit and vegetables must be stored away from other foods.	Core temperature = 70°C

Temperature contro





Service

Food needs to be kept at the correct temperature during serving to make sure it is safe to eat. Hot food needs to stay hot and cold food needs to stay chilled.

Hot holding = **63°C minimum** Cold holding = **0-5°C**



Role of the Environmental Health Officer (EHO)

The role of the Environmental Health Officer (EHO) is to protect the health and safety of the public. They are appointed by local authorities throughout the UK. In the hospitality and catering industry, they are responsible for enforcing the laws linked to food safety. They inspect all businesses where food is prepared and served to members of the public, advise on safer ways of working and can act as enforcers if food safety laws are broken.

EHO inspections

The EHO can carry out an inspection of any hospitality and catering premise at any time during business hours – they do not need to make an appointment. During an inspection, the EHO will check to make sure that:

- the premises are clean
- equipment is safe to use
- pest control measures are in place
- waste is disposed properly
- all food handlers have had food hygiene and safety training
- all food is stored and cooked correctly
- all food has best-before and use-by dates
- there is a HACCP plan to control food hazards and risks.

The EHO is allowed to:

- take photographs of the premises
- take food samples for analysis
- check all record books, including fridge and freezer temperatures, cleaning schedules and staff training
- offer advice on improving food hygiene and safety in the business.

EHO and the law

If the EHO discovers problems with the food safety and hygiene in the premise, they are allowed by law to:

- · remove any food that may be hazardous so it can't be sold
- tell the owners to improve hygiene and safety within a set time and then come back and re-inspect
- close the premises if there is a risk to health of the public
- give evidence in a court of law if the owners are prosecuted for breaking food hygiene and safety laws.

Complaints by the public

The EHO will immediately investigate any complaints of suspected food poisoning linked to a particular premise.

Hygiene ratings

When an inspection has been carried out, the EHO will give the business a food hygiene rating. The ratings are published on the Food Standards Agency website as well as on stickers displayed at the business. A rating of 5, or very good, represents the highest standard of food hygiene.



Year 10 HT3 and HT4 Knowledge Organiser - Component 2 Taking Part and Improving Other Participants'' Sporting Performance

Sports Provision



Public - Facilities are usually owned by the local council or local authority.

Private - Facilities are usually for private members only. They aim to provide an excellent service to people who pay a joining fee.

Voluntary - Has the largest number of people involved. Volunteers who enjoy sport, develop clubs and teams.

Components of Fitness — Skill



Agility = The ability of a sports performer to quickly and precisely move or change direction without losing their balance.

Coordination = The smooth flow of movement needed to perform a task efficiently and accurately. It often involves being able to use 2 or more body parts together.

Reaction Time = The time taken for a sports performer to respond to a stimuli and the start their response.

Power = The work done in a unit of time. It is the ability to apply a combination of strength and speed. Power = Force (kg) x Distance (m)/time (min or s)





Cardio-Respiratory = The heart and blood vessels working with the lung and the airways to carry oxygen to the muscle. Contracting = This is when the muscles shortens to create a movement Accelerative

Speed = Gradually increasing your speed Pure Speed = Your
maximum speed.

Endurance = The ability to prolong the amount of time near maximum speed Static

Balance = Balancing without moving Dynamic Balance = Balancing when moving

Stimuli = Something which causes a response or movement

Year 10 HT3 and HT4 Knowledge Organiser - Component 2 Taking Part and Improving Other Participants'' Sporting Performance

Key Terms

Skills - Are learned abilities that athletes acquire through training and practice. Skill may be defined as the ability to perform at a high standard effectively and efficiently.

Strategies - A plan of action designed to achieve a long-term or overall aim.

Isolated Practice - Practices that focus on one skill at a time. These are to be completed on your own with no pressure of an opponent.

Competitive Situation - Play it in a real game situation with the number of players, area of play and presence of an official to represent competition standard of play.

Officials - They are in charge of sporting events, games and competitions to ensure that the rules and regulations are followed and a winner is determined.

Complete the table below by giving an example of how muscular strength would be used by ea	ach
performer. (3 mar	ks)

Performer	How is muscular strength used?	
Sprinter		
Rugby player		
Gymnast		

Look at the image of the rowing crew competing in a race.

Describe why these athletes need go	od muscular
endurance for their event.	(2 marks)

Explain why tennis players need **muscular endurance** and **coordination** to perform in their sport **(4)**



Level 1/2 Hospitality and Catering: Unit 2-2.1.1 -Nutrition at different life stages & special dietary needs

Nutrition at different life-stages

Adults:

- Early Growth in regard to height of the body continues to develop until 21 years of age. Therefore, all micro-nutrients and macro-nutrients especially carbohydrates, protein, fats, vitamins, calcium and iron are needed for strength, to avoid diseases and to maintain being healthy.
- Middle The metabolic rate starts to slow down at this stage, and it is very easy to gain weight if the energy intake is unbalanced and there isn't enough physical activity.
- **Elderly** The body's systems start to slow down with age and a risk of blood pressure can increase as well as decrease in appetite, vision and long-term memory. Because of this, it is essential to keep the body strong and free from disease by continuing to eat a healthy, balanced diet.

Children:

- **Babies** All nutrients are essential and important in babies, especially protein as growth and development of the body is very quick at this stage. Vitamins and minerals are also important. You should try to limit the amount of salt and free sugars in the diet.
- **Toddlers** All nutrients remain very important in the diet at this stage as growth remains. A variety of foods are needed for toddlers to have all the micro-nutrients and macro-nutrients the body needs to develop.
- **Teenagers** The body grows at a fast pace at different times at this stage as the body develops from a child to an adult, therefore all nutrients are essential within proportions. Girls start their menstruation which can sometimes lead to anaemia due to not having enough iron in the body.

Special Dietary needs

Different energy requirements based on:

 Lifestyles / Occupation / Age / Activity level The amount of energy the body needs is determined with each of the above factors e.g. active lifestyle or physical activity level would need more energy compared to a person being sedentary.

Medical conditions:

- Allergens Examples of food allergies include milk, eggs, nuts and seafood.
- Lactose intolerance Unable to digest lactose which is mainly found in milk and dairy products.
- Gluten intolerance Follows a gluten free diet and eats alternatives to food containing wheat, barley and rye.
- Diabetes (Type 2) High level of glucose in the blood, therefore changes include reducing the amount of fat, salt and sugar in the diet.
- Cardiovascular disorder Needing a balanced, healthy diet with low levels of salt, sugar and fat.
- Iron deficiency Needing to eat more dark green leafy vegetables, fortified cereals and dried fruit.

Dietary requirements:

- Religious beliefs Different religions have different dietary requirements.
- Vegetarian Avoids eating meats and fish but does eat dairy products and protein alternatives such as quorn and tofu.
- Vegan Avoids all animal foods and products but can eat all plant-based foods and protein alternatives such as tofu and tempeh.
- **Pescatarian** Follows a vegetarian diet but does eat fish products and seafood.





Level 1/2 Hospitality and Catering: Unit 2-2.1.1 -Understanding the importance of nutrition

The importance of nutrition

Listed below are the macro-nutrients and micro-nutrients. You need to know their function in the body and know examples of food items for each. You need to know why they are needed in the diet and why there is a need for a balanced/varied diet.

Macro-nutrients

Carbohydrates - Carbohydrates are mainly used in the body for energy. There are two types of carbohydrates which are:

- **Starch** Examples include bread, pasta, rice, potatoes and cereals.
- **Sugar** Examples include sweets, cakes, biscuits & fizzy • drinks.

Fat - This is needed to insulate the body, for energy, to protect bones and arteries from physical damage and provides fat soluble vitamins. There are two main types of fat which are:

- Saturated fat Examples include butter, lard, meat and cheese.
- **Unsaturated fat -** Examples include avocados, plant oils such as sunflower oil, seeds and oily fish.

Protein - Protein is mainly used for growth and repair in the body and cell maintenance. There are two types of protein which are:

- High biological value (HBV) protein Includes meat, fish, poultry, eggs, milk, cheese, yogurt, soya and quinoa.
- Low biological value (LBV) protein Includes cereals, nuts, seeds and pulses.

Micro-nutrients

Vitamins

- Fat soluble vitamin A Main functions include keeping the skin healthy, helps vision in weak light and helps children grow. Examples include leafy vegetables, eggs, oily fish and orange/yellow fruits.
- Fat soluble vitamin D The main function of this micro-nutrient is to help the body absorb calcium during digestion. Examples include eggs, oily fish, fortified cereals and margarine.
- Water soluble vitamin B group Helps absorbs minerals in the body, release energy from nutrients and helps to create red blood cells. Examples include wholegrain foods, milk and eggs.
- Water soluble vitamin C Helps absorb iron in the body during digestion, supports the immune system and helps support connective tissue in the body which bind cells in the body together. Examples include citrus fruits, kiwi fruit, cabbage, broccoli, potatoes and liver.

Minerals

- Calcium Needed for strengthening teeth and bones. Examples include dairy products, soya and green leafy vegetables.
- Iron To make haemoglobin in red blood cells to carry oxygen around the body. Examples include nuts, beans, red meat and green leafy vegetables.
- Sodium Controls how much water is in the body and helps with the function of nerves and muscles. Examples include salt, processed foods and cured meats.
- **Potassium** Helps the heart muscle to work correctly and regulates the balance of fluid in the body. Examples include bananas, broccoli, parsnips, beans, nuts and fish.
- Magnesium Helps convert food into energy. Examples include wholemeal bread, nuts and spinach.
- **Dietary fibre (NSP)** Helps digestion and prevents constipation. Examples include wholegrain foods (wholemeal pasta, bread and cereals), brown rice, lentils, beans and pulses.
- Water Helps control temperature of the body, helps get rid of waste products from the body and prevents dehydration. Foods that contain water naturally include fruits and vegetables, milk and eggs.







Level 1/2 Hospitality and Catering: Unit 2-2.1.2 -How cooking methods can impact on nutritional value



Boiling

- Up to 50% of vitamin C is lost when boiling green vegetables in water.
- The vitamin B group is damaged and lost in heat.

Poaching

The vitamin B group are damaged in heat and dissolve in water.

Frying

- Using fat whilst frying increases the amount of vitamin A the body can absorb from some vegetables
- Cooking in fat will increase the calorie count of food e.g deep fat frying foods.

Stir-frying

- The small amount of fat used whilst stir-frying increases the amount of vitamin A the body can absorb from some vegetables.
- Some vitamin C and B are lost due to cooking in heat for a short amount of time.

Roasting

vitamins.

Steaming

- vitamin C in foods.

Grilling

- Using this cooking method can result in losing up to 40% of group B vitamins.
- It is easy to overcook protein due to the high temperature used in grilling foods.

Baking

• Due to high temperatures in the oven, it is easy to overcook protein and damage the vitamin C and B group vitamins.



· Roasting is a method of cooking in high temperatures and so this will destroy most of the group C vitamins and some of the group B

Steaming is the best cooking method for keeping

• Only up to 15% of vitamin C is lost as the foods do not come into contact with water.

Level 1/2 Hospitality and Catering: Unit 2: 2.2.1 Factors affecting menu planning – Environmental issues



Sustainability

Many diners are interested in hospitality and catering provisions that provide sustainable dining.

The aim of the three Rs of sustainability is to conserve natural resources and prevent excess waste. By following the rules of reduce, reuse, and recycle, hospitality and catering provisions can save money at the same time as attracting more diners and bringing in more profit.

Sustainability also means buying local produce, using organic ingredients, buying meat and poultry from farm assured producers who guarantee better welfare for the animals, using Marine Stewardship Council sustainable fish and offering meat-free versions of favourite dishes.

Reduce

Food waste: If food and waste were its own country, it would be the third largest producer of greenhouse gas in the world! If it cannot be used to make new dishes or given away, then as much food waste as possible should be composted.

Energy use: Hospitality and catering provisions can save energy in many ways including using low-energy lighting, maintaining and upgrading equipment, putting lids on saucepans, batch baking and cooking.

Food miles: Using local suppliers means that the food does not have to travel as far from 'field to fork'.

Water usage: Use less in cooking by only just submerging vegetables or using a steamer. Use an energy and water efficient dishwasher.

Reuse

Food that is past its best, for example a brown banana, or scraps such as bones can be used to create new dishes which in turn will decrease food waste. <u>www.lovefoodhatewaste.com</u> has a vast range of recipe ideas for using surplus food.

- Bread: breadcrumbs, bread and butter pudding, bread sauce and croutons.
- Meat and poultry: bones can be used to make stocks.
- Fruit: banana muffins, apple crumble, fruit coulis, smoothies.
- Vegetables: bubble and squeak, vegetable stock, vegetable bakes, omelettes.
- Eggs: whites can be used to make meringue; yolks can be used to make mayonnaise.

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Recycle

Many hospitality and catering provisions have separate bins for recyclable materials. Professional kitchens should also have areas to separate waste into recyclable, non-recyclable and compostable materials. All staff should be trained to know how to dispose waste correctly.

Coffee grounds can be composted. Compost can be used to grow fruit, vegetables and herbs for use in the kitchen.

Jars and plastic containers can be used for storage in the kitchen. Glass bottles can be used to hold flowers or candles as table decorations.

Too Good To Go, Karma and *Olio* are apps used by restaurants and supermarkets. Customers can buy discounted food which would otherwise go into landfill.



Level 1/2 Hospitality and Catering – Unit 2-2.2.2:

How to plan production

You need to be able to plan dishes for a menu as w	wel	l as know, understand and include the following
Commodity list with quantities		Timing
This means naming all the ingredients needed to make all dishes and how much of each one e.g. grams (g), ounces (oz), millilitres (ml), etc.		You need to state realistic timings of how long your plan to give accurate information of how le
		A CLEAN MAR
Contingencies		Mise en p
This means stating, in the plan, what you would do to deal with a problem if something were to go wrong.		This is all the preparation you undertake before weighing out ingredients, collecting equipment
Equipment list		Cookin
Naming all pieces of equipment you would need to cook the dishes, which also includes specialist equipment such as pasta machines and ice cream makers as well as saucepans, chopping boards, knives, etc.		Throughout your plan, you will need to state ho e.g. chicken is white in the middle, using a tem
Health, safety and hygiene		Cooling and ho
Stating in the plan, points regarding the health, safety and hygiene. The use of temperature probes to ensure foods are cooked, correctly using colour coded chopping boards or washing hands after handling raw meat are a few examples.		Cooling dishes correctly within 1.5hrs to 8 degrees at 63 degrees should be mentioned in your playou would ensure these temperatures are met
Quality points		Servin
These include naming any quality points to consider in the preparation, cooking and serving stage of the plan. Examples could include checking foods are in use by/best before dates, dishes are cooked to minimum temperatures, ingredients stored in correct places and correct temperature, etc.		Once you have finished cooking your dish or d would present your dish/dishes, e.g. on plate, l garnishes and sauces you include before servi
	7	
Sequencing or dovetailing		Storag
This means you fit together the different steps and activities in logical order when planning to cook more than one dish.	1	In your plan, you should state where different k e.g. raw chicken in the fridge or frozen fruit in t these pieces of equipment need to be (fridge n needs to be -18 degrees)



1

each step is likely to take throughout long your dishes take to complete.

lace

e cooking. Examples of this include t and washing hands.

g

ow you ensure food is cooked correctly, nperature probe, etc.

t holding

rees and keeping hot dishes for service an for relevant dishes, as well as how t, e.g. by using temperature probes.

g

dishes, you need to state how you bowl, etc., as well as what decoration, *r*ing.

е

kinds of ingredients need to be stored, the freezer and at what temperatures needs to be 0–5 degrees and freezer



Creativity

It is said that 'we eat with our eyes'. Creativity in plating dishes enhances the diner's experience diners want to be 'wowed' when their meal appears!

Serving dishes: Start with the plate – varied sizes, shapes and colours can add immediate impact to your dish. Dishes served in bowls or dessert glasses should be placed on a plate to aid serving.

Elements: Each dish will consist of several elements - the main protein, accompaniments, garnish and decoration.

Volume: Do not overcrowd the plate – leave some space so that the diner can see each element of the dish. The rule of thumb is that only two-thirds of the plate should be full.

Height: Food can be stacked to add height to the overall dish, but each element should be visible.

Colour: Accompaniments, garnishes and decoration can add colour to dishes where the main elements are similar in colour. An example is fish and chips: bright green peas and a slice of yellow lemon will enhance the overall appearance of the meal.

Functionality: The dish should be beautiful to look at, but easy for the diner to eat.

Temperature: Hot food should be served on hot plates. Cold food should be served on chilled plates.

Accompaniments

Accompaniments should be chosen to complement the main part of the dish. Examples include:

Carbohydrate accompaniments:

- Savoury: bread, dauphinoise potatoes, pilau rice.
- Sweet: shortbread, brandy snaps, macaron. •

Fruit and vegetable accompaniments:

- Savoury: pea purée, roasted root vegetables, griddled asparagus.
- Sweet: berry compote, fruit kebabs, grilled peaches.

Sauces:

- Savoury: gravy, red wine jus, parsley sauce.
- Sweet: custard, salted caramel sauce, chocolate sauce.

Portion control

It is important that the customer is satisfied with their portion without the plate being overcrowded. Keeping portion control accurate allows hospitality and catering provisions to order adequate supplies of ingredients. Accurate portion control will also help prevent food waste.

Garnishes are additions to a dish which both add to the overall taste and enhance the overall appearance.

Savoury: parmesan crisps, crispy onions, caviar, watercress, lemon wedges, fresh herbs, salsa, edible flowers.

Sweet: chocolate dipped strawberries, tuile biscuits, chopped nuts, tempered chocolate work, spun sugar work, edible flowers.

Decoration adds drama to the finished dish but it is not meant to be eaten or add to the overall flavour of the dish. Examples include:

•

•

- aold leaf



Classic



Garnish

Decoration

whole spices added to pilau rice

hollow eggshell as serving dish.

Plating styles



Freeform



Landscape

Food safety practices

During your practical session, you must demonstrate that you can work safely and hygienically. Your plan should show that you have thought about food safety and hygiene during all parts of your practical session. Your personal safety and hygiene practices will be observed during your practical session.

Personal safety and hygiene practices

Hands:

- Wash before, during and after preparing food especially after touching raw meat, dirty vegetables and fridge handles.
- Wash after going to the toilet. •
- Wash after sneezing or blowing your nose. •
- Wash after disposing of waste. •

Clothing and hair:

- Clean apron and/or chef's whites.
- Non-slip closed-toe shoes.
- Tie hair back. .
- Wear a bandana or hair net. •

Cuts:

Cover with a blue, waterproof plaster.

Equipment:

- Handle knives safely.
- Use oven gloves when carrying hot items. •
- Keep electrical equipment away from water. .
- Clean spills immediately. •

Food safety and hygiene practices

Ingredients:

- Check use-by and best before dates. •
- Check ingredients for freshness; no bruises on fruit, fish should not smell. •
- Store correctly until needed. •

Cleaning:

- Clean worktops before preparation. •
- Clean workstation and equipment after preparing high-risk foods. .
- Wash up throughout the session do not leave it all until the end! •

Temperatures:

- Keep high-risk foods in the fridge $(0^{\circ}C 5^{\circ}C)$ until needed.
- Use a temperature probe to check core temperature of high-risk foods. .

Waste management:

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Keep waste separate from ingredients during preparation, cooking and serving.

Law and the second s

Recycle and compost waste if possible.

Management of accidents

- Ensure that you know the location of the First Aid box. •
- Ensure that you know how to use a fire blanket or fire extinguisher. •





Level 1/2 Hospitality and Catering: Unit 2: 2.4.1 Reviewing of dishes

Dish production

- Were you able to keep to your time plan?
- Did you have any problems during the • practical? How did you resolve them?

Dish selection

- Did your dishes contain the right nutrients for your two groups?
- Were they expensive or cheap to produce? •
- Did they contain seasonal or local produce?

Organoleptic

How did your dishes:

- Look (appearance)?
- Taste (flavour and texture)?
- Smell (aroma)?

Hygiene

- Did you follow all hygiene guidelines?
- Did you wear correct PPE?
- Did you wash up between jobs?

Reviewing of dishes

PEE: Point, Evidence, Explain

You need to write a self-reflection of how you performed during your practical session. There are 8 areas to consider when you write your review of your dishes.

Presentation

- Were the portions the right size for your two groups?
- How did you add colour to your dishes?
- Were your garnishes and decorations appropriate?

waste.)

- •
- •
- •





Health and safety

Were you able to use equipment safely? Did you store ingredients correctly?

Waste

Did you separate your waste into categories? (Food waste, recyclable materials, general

Did you buy the right amount of ingredients?

Improvements

If you made your dishes again, what would you do differently?

If you had to do the task again, would you change your choice of dishes?

Would you add additional accompaniments?

Level 1/2 Hospitality and Catering: Unit 2: 2.4.2 Reviewing own performance



Decision making

- What were your strengths in completing the written tasks?
- What were your strengths in choosing dishes?
- How could you improve weak decisions? .
- Were the dishes easy to make together?
- What were the disadvantages of the chosen dishes? •
- Did your dishes meet the needs of the provision?
- Did your dishes meet the needs of your two groups (nutrition and cost)?

Planning

Was the practical session plan in a logical order?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.

Were you able to keep to the plan during the practical session?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.

Organistation

How did you organise your written tasks?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.

How did you organise your workstation during the practical session?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.

Time management

How did you manage your time when completing the written tasks?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.

How did you manage your time during the practical session?

- Discuss your strengths.
- Discuss your weaknesses.
- Suggest improvements.





Level 1/2 Hospitality and Catering: Unit 2-2.2.1: Factors affecting menu planning



Factors affecting menu planning

You need to be aware of the following factors when planning menus:

- **cost** (ingredients as well as business costs)
- portion control (value for money without waste)
- balanced diets/current national advice
- time of day (breakfast, lunch, and dinner menus as well as small plates and snacks)
- clients/customers (a menu with prices that will suit the people who visit your establishment).

Equipment available

You need to know and understand the type of equipment needed to produce a menu. The choice of dishes will be influenced by the equipment available to the chef.

This includes kitchen equipment such as:

- hobs, ovens, and microwaves
- fridge, freezer and/or blast chiller
- specialist equipment, for example a sous vide or pizza oven
- hand-held equipment, for example electric whisks or hand-blenders
- other electric equipment, for example food processors.

Skills of the chef

The skills of the chef must be suited to the type of provision and the menu offered.

A Michelin starred restaurant will require a chef who has complex skills in preparation, cooking and presentation of dishes.

A café will require a chef who has a range of medium and complex skills to produce a suitable menu.

A large restaurant will normally have a full kitchen brigade while a smaller establishment may only have a single chef with one or two assistants.

Time available

The type of provision will influence the amount of time a customer may be willing to wait for their dish to be prepared. Can the chef prepare, cook, and present more than one dish at the same time? Can some items be made in advance?

The time of year can affect menu choices. Light and cold dishes such as salads are better suited to the summer months. Hearty dishes such as stews are more suited to the winter. Special dishes linked to holidays such as Christmas and Valentine's Day may also be included. The availability of seasonal produce can also affect menu choices as certain commodities, for example strawberries, are less expensive when in season.

The chef will need to think about environmental issues when planning a menu. Can the chef **reduce** the amount of ingredients bought as well as reducing food waste? Can the chef reuse ingredients to create new dishes for example stale bread made into bread-and-butter pudding? Can the kitchen recycle waste wherever possible? Running the kitchen sustainably will save money.

Organoleptic properties

Organoleptic properties are the sensory features of a dish (appearance, aroma, flavour, and texture).

The chef will need to think about how the dish will look and taste. Is there a range of colours? Do the flavours go well together? Are there a variety of textures?



Time of year

Environmental issues

Level 1/2 Hospitality and Catering: Unit 2-2.3.1: Practical skills and techniques



Skills and techniques

You need to be able to identify the different types of skills you need to produce your selected dishes. Some dishes will require the use of more complex skills. You will need to demonstrate a range of skills when producing your chosen dishes.

Preparation and cooking skills are categorised as follows: **basic**, **medium**, and complex.

Presentation

You should know and understand the importance of using the following appropriate presentation techniques during the production of dishes:

- creativity
- garnish and decoration
- portion control
- accompaniments.

Basic preparation skills and techniques

Blending, beating, chopping, grating, hydrating, juicing, marinading, mashing, melting, peeling, proving, sieving, tenderising, trimming, and zesting.

Basic cooking skills and techniques

Basting, boiling, chilling, cooling, dehydrating, freezing, grilling, skimming, and toasting.

Medium preparation skills and techniques

Baton, chiffonade, creaming, dehydrating, deseeding, dicing, folding, kneading, measuring, mixing, puréeing, rub-in, rolling, skinning, slicing, spatchcocking, toasting (nuts/seeds) and weighing.

Medium cooking skills and techniques

Baking, blanching, braising, deglazing, frying, griddling, pickling, reduction, roasting, sautéing, steaming, stir-frying, and using a sous vide (water bath).

Complex preparation skills and techniques

Brunoise, crimping, de-boning, filleting, julienne, laminating (pastry), melting using *bain-marie*, mincing, piping, and segmenting, shaping, unmoulding and whisking (aeration).

Complex cooking skills and techniques

Baking blind, caramelising, deep fat frying, emulsifying, poaching, and tempering.



GCSE ART & DESIGN HT1-6 KNOWLEDGE ORGANISER

ASSESSMENT OBJECTIVE 1

MIND MAPPING: IDEAS PRESENTED AROUND YOUR THEME



MODDBOARD: COLLAGE IDEAS USING COLLECTED IMAGES

CONTEXTUAL UNDERSTANDING: DEVELOP IDEAS THROUGH INVESTIGATIONS, DEMONSTRATING CRITICAL UNDERSTANDING

CONSIDER YOUR THEME ARE YOU COLLECTING IMAGES FOR A THEME OR OF AN ARTISTS WORK?

SOURCES WHEN RESEARCHING A THEME COLLECT Images, Photos, Wallpaper Samples, Magazine Cuttings, Lettering etc. When Researching an Artist Ensure all the Images are Relevant.

PRESENTATION PULL IT ALL TOGEWTHER BY STICKING TO A PARTICULAR STYLE AND/OR COLOUR SCHEME. USE DAFONT FOR YOUR TITLES



FILL THE SPACE YOUR MODDBDARD WILL DIRECTLY LINK TO THE DEVELOPMENT OF YOUR PROJECT. FILL ANY EMPTY SPACE WITH ANNOTATION AAND SKETCHES.

DON'T LIMIT YOURSELF EVEN IF IT DDESN'T LINK TO YOUR STARTING POINT IT MAY RELATE TO YOUR THEME. ADD ANNOTATIONS AND SKETCHES TO SHOW YOUR THOUGHT PROCESS.

KEY TERMS

PROPORTION

COMPOSITION

ACCURACY

QUALITY OF LINE

WEIGHT OF LINE

TINF

TINTS

BLENDING

DEPTH

DEFINITION

MARK-MAKING

CIRCULAR

MOTION

ARTIST RESEARCH: SHOW YOUR UNDERSTADING

BIOGRAPHICAL INFO BIRTH, DEATH, STYLE, EDUCATION, IMPORTANT WORKS

SOCIAL, HISTORICAL, ECONOMIC Influences What whas happening at the Time? Was the work in response to Anything?

COLLECTED IMAGES MODDBOARD- ANNOTATION YOUR THOUGHTS

COPIED IMAGES SHOW YOUR UNDERSTANDING BY REPRODUCING EXAMPLES OF THEIR WORK.



ANALYSING ARTWORK ANALYSE ARTISTS AND YOUR OWN WORK USEING FORM, CONTENT, PROCESS, MODD, NEXT STEPS IN THE STYLE OF CREATE YOUR OWN VERSION OF THE ARTISTS WORK. YOU SHOULD WORK IN THE STYLE OF THE ARTIST WORK WITH YOUR OWN IMAGERY.

ARTISTIC INFLUENCES WHO INFLUENCED THEIR WORK?

DID THEIR WORK INFLUENCE ANYONE ELSE? WHAT IS YOUR VIEW/DPINION OF THE

WORK AT FIRST GLANCE.

ANALYSING: ART & DESIGN WORK

CONTENT (Looking at the subject of the work) What is the work abouit?

- IS THE WORK REALISTIC/ABSTRACT/SURREAL?
 EXPLAIN HOW THIS IMPACTS THE VIEWER.
- HAVE ANY PARTS BEEN EXAGGERATED OR DISTORTED? IF SO, WHY/HOW?
- ARE THERE ANY REDCCURRING FEATURES WITHIN THE ARTIST WORK? DESCRIBE.
- WHAT IS THE THEME OF THE WORK?
 - WHAT MESSAGE DOES THE WORK COMMUNICATE?

FORM (LODKING AT THE FORMAL ELEMENTS)

- WHAT COLOURS DOES THE ARTIST USE? WHY?
- WHAT SHAPES DOES THE ARTIST USE? WHY?
- WHAT MARK-MAKING TECHNIWUES DOES THE
 ARITST USE? WHY?
- HOW BIG IS THE WORK? WHY DID THE ARTIST CHOSE THIS SCALE?
- DOES THE ARTIST HAVE A RECOGNISABLE STYLE. IF SD, EXPLAIN WHAT MADE YOU THINK THIS.

PROCESS (HOW HAS THE WORK BEEN MADE AND DEVELOPED) • WHAT MEDIA/MATERIALS/TODLS HAS THE ARTIST USED? WHAT IS THE EVIDENCE FOR THIS? • HOW HAS THE ARTIST COMMUNICATED THEIR DECISION MAKING/CREATIVE JOURNEY/NARRATIVE? • HOW HAS THE WORK BEEN MADE? MODD (LOOKING AT THE COMMUNICATION OF MODDS AND FEELINGS) • HOW DOES THE WORK MAKE YOU FEEL? EXPLAIN. • DOES THE COLOUR TEXTURE, FORM, THEME,

COMPOSTION EFFECT YOUR MODD? • DOES THE WORK REMINISCE ABOUT A DREAM OR YOUR PAST OR A PERSON EXPERIENCE? EXPLAIN. Next Steps (How are you going to use this knowledge to develop Your own work) • How will you develop your work in RESPINSE?

WHAT FEATURES WILL YOU TRY TO REPLICATE?

SMOOTH TRANSITION MEDIA HUES ABSTRACT FIGURATIVE LAYERING CONTINUOUS LINE SCALE

Year 11 BTEC Dance- Autumn 1 Subject Term Knowledge Organiser

Component 2 - Developing Skills and Techniques in the Performing Arts

Application of skills and techniques during rehearsal

Students will apply skills and techniques during the rehearsal and development process to support their development.

Such as:

o physical

o musicality

o interpretative

o stylistic

o interaction with the group

o interaction in performance

o refining ideas

o communicating design ideas e.g. presentation.

Examine professional practitioners' performance work

Analyse repertoire from three performance styles in dance and musical theatre

• consider the roles and responsibilities, creative intention, key influences and purpose

• make comparisons between stylistic qualities, using examples to back up your knowledge

• consider how practitioners contribute to the performance process and how their roles and responsibilities differ depending on the performance, style and outcome.

Rappers Delight

Hip hop as a musical phenomenon are subject to debate, but its roots as a commercial phenomenon are much clearer. They trace back directly to January 5, 1980, when the song "Rapper's Delight" became the first hip hop single ever to reach the Billboard top 40.

Historical Context

Street dance, also more formally described as vernacular dance, originated in New York in the 1970s. Evolving on the streets of Manhattan and the Bronx, it was developed as an improvised, social dance form, reacting against traditional, high-art dance styles

Dance styles Locking

Locking combines short, sharp movements with "locks," or pauses, all synchronized to funk music. Locking was created by a man named Don Campbell.

Popping

Popping is a dance style that is based on rapid contractions and release of the muscles so it appears that they are, "popping" in synch with the beat of the music. Under the umbrella of Popping are the dance styles like Tutting, Strobing, Ticking, Dime-stopping, Waving, Roboting, and Electric Boogaloo. Popping is a funk style of dance originating in California in the African American community during the 1960s. Popping is still very popular today and it is done to variety of music genres.

Waacking

Waacking is a dance style that was created in the nightclubs of Los Angeles in the 1970s. Waacking consist of movements of the arms and hands done typically to disco music.





Year 11 HT1 Drama Knowledge Organiser

Summary of topic

They must understand the GCSE requirements of the devising plays unit and understand what constitutes successful devised work

•

Aims of the topic

To use given stimuli to create and develop a devised piece of theatre

Devising Rules

- Every actor should have a monologue that is at least 90 seconds long and everyone should have an equal part.
- Divide the work up evenly script writing (everyone write/plan their own scene), sourcing costume, planning technical theatre (staging, music, lights)
- Help each other out but only when your own work is done. Even though this is a group project, you still get marked individually.
- Find an idea that every person is happy with and don't rule anything out.
- Try to get it on its feet early the best ideas come from when you try to act something out, not sit there discussing it.

Devising Plays Knowledge Organiser

Y10 GCSE

Assessment & Rehearsal Tips

- You will be offered 4 pieces of stimuli given to us by the exam board. 1 song, 1 quote, 1 phrase and 1 picture.
- In your given groups, you will generate ideas for each stimuli
- You will then decide on a stimuli and an idea. Then you will decide on a practitioner to use for your idea
 - In your groups you will create a piece of drama around your idea, linked to the stimuli and using practitioner techniques
- <u>Try everything even if something doesn't</u> work, you may discover something useful.

'It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of Light, it was the season of Darkness, it was the spring of hope, it was the winter of despair.' Charles Dickens, A Tale of Two Cities 2. 'Best Day of my Life' – American Authors 3. 'We realise the importance of our voices only when we are silenced' – Malala Yousafzai 4.

https://images.app.goo.gl/Kxp2XA2HGPooKVP H7



Skills & Definitions

Ensemble – Collaborated group performance. Characterisation – The creating, development and performance of a created character. Improvisation – Spontaneous acting and suggestions that further develop a performance. **Devised** – Original created performance material, often using a stimulus. **Stimuli** – The starting point set by exam board e.g. picture, quote, word or song. You chose one. Practitioner – Brecht or Artaud and how they influenced the performance. **Brecht** – Famous for Political and Epic Theatre. (See practitioner knowledge organiser). Made the audience think and bring real change. Artaud – Famous for Theatre of Cruelty (See practitioner knowledge organiser). Made the audience feel uncomfortable. Genre – Physical theatre is NOT a practitioner, it is a STYLE of drama focused upon storytelling using movement. Techniques – The key skills which are relevant to the practitioner or genre (see practitioner knowledge organiser). **Final performance** – The end performance of the piece. **Rehearsal** – The process of creating and developing your piece of theatre Monologue – A one person speech in character. Often around 2 minutes in length.

Verbs			
aller en fac	to go to university		
en avoir marre	to be fed up with		
de			
faire une	to have a gap year		
année			
sabbatique			
passer le bac	to take A levels		
travailler	to work		
bavarder	to chat		
embaucher	to take on/employ		
faire le bilan	to evaluate/assess		
faire un stage	to do a work		
_	placement		
mériter	to deserve		
se renseigner	to get information		
suivre	to follow		
aider	to help		
apprendre	to learn		
avoir horreur	to hate		
de			
s'ennuyer	to get bored		
s'entendre	to get on with		
s'interesser à	to be interested in		
nettoyer	to clean		
se passionner	to love		
pour			
soigner	to care for		
supporter	to endure		
avouer	to confess		
compter sur	to rely on		
se débrouiller	to cope		
exercer	to carry out		
franchir une	to go to the next		
étape	level		
lancer	to launch		
manquer	to lack		
poursuivre	to pursue		
provoquer	to cause		
recruter	to recruit		
gagner	to earn		
se débrouiller	to cope		

Education Post-16 & Jobs, Career Choices and Ambitions Knowledge Organiser

an apprentice

apprenticeship

qualification

education

studies

option/choice

training

sixth form

college university

behaviour

accountancy

progress

meeting

vocational

course

training

options

repeating the

school year

term

student

improvement

luck

weak at

good at

weakness

strength

team work

self confidence

(Theme 3: Units 11 & 12)

Education

un apprenti/

une apprentie l'apprentissage

le diplôme

l'enseignement

les études

la filière

la formation

le lycée

l'université

le

comportement la comptabilité

le conseil de

classe

la filière

professionnelle

la formation

professionnelle

l'orientation

le

redoublement

le trimestre

l'étudiant(e)

l'amélioration

la chance faible en

forte en

le point faible

le point fort

le travail

d'équipe

la confiance en

soi

Skills

	_	_	

full time

part time

work/job

area position/job

course

customer

colleague

(medical) patient

boss

atmosphere

office

job application

law

recruitment

business

interview

team

job

job advert

advertisement

social network

factory

career

driving licence

She is more

motivated than

me

He works better

than me

World of work

à temps complet

à temps partiel

le travail

le domaine

le poste

le stage

le client/ la cliente

le/la collègue

le/la malade

le patron/ la patronne

l'ambiance

le bureau/ le cabinet

la demande d'emploi

le droit

l'embauche

l'entreprise

l'entretien

l'équipe

le metier

la petite annonce

la publicité

le réseau social

l'usine

la carrière

le permis de conduire

Elle est plus

motivée que moi

Il travaille

mieux que moi

Comparatives (more/less/as)

Plus/moins/aussi + adjective + que

Irregular- 'mieux' (better)

la

JoL	bs
l'ingénieur	engineer
le mécanicien/	mechanic
la mécanicienne	
l'avocat(e)	lawyer
le chanteur/ la	singer
chanteuse	
le coiffeur/ la	hairdresser
coiffeuse	

chanteuse	
le coiffeur/ la	hairdresser
coiffeuse	
le/la comptable	accountant
le dessinateur/	designer
la dessinatrice	
le fermier/ la	farmer
fermière	
l'infirmier/	nurse
l'infirmière	
l'instituteur/	primary school
l'institutrice	teacher
le/la journaliste	journalist
le mannequin	model
le/la professeur	teacher
le/la secrétaire	secretary
le vendeur/ la	shop assistant
vendeuse	
le/la vétérinaire	vet
le serveur/la	waiter/
serveuse	waitress
le facteur/ la	postman/
factrice	postwoman
l'homme/la	househusband/
femme au foyer	housewife
le conseiller/ la	careers adviser
conseillère	
d'orientation	

Superlatives (most)				
Le/la/les + plus + <u>adjective</u>				
Il est la plus	He is the most			
intelligent	intelligent			
Irregular- 'meilleur(e)(s)' (best)				
Elle est la	She is the best			
meilleure	mechanic			
mécanicienne				

у	Educu	cion rose ro a
ו י		
-		
1	False f	friends
	passer un	to take an exam
-	examen	
-	réussir un	to pass an exam
-	examen	
~	les notes	marks
5	decevant(e)	disappointing
-	la formation	training
	avoir mai au	to reel sick
-	la mode	fashion
<u> </u>	le stage	work
-	ie stage	experience
-	le travail	work
-	travailler	to work
-	Adia	tives
	Adjec	tives
	dócovant(o)	dicoppointing
	decevant(e)	disappointing
n	dur(e)	naro
	motive(e)	dellabed
	ravi(e)	delighted
	bien paye(e)	well paid
	varie(e)	varied
	ettraye(e)	frightened
	gourmand(e)	greedy
	ageable	pleasant
	bien organise(e)	well-organised
	bruyant(e)	noisy
	ennuyeux/se	boring
	fatigant(e)	tiring
	responsable	responsible
	utile	useful
	diplömé(e)	qualified
	étonné(e)	astonished
	élevé(e)	high
	libre	free
	salarié(e)	salaried

What is a landscape? Re		Relief of the UK	d	Areas +600m: Peaks and ridges cold, misty and snow common.	Erosion		Transportation		
A landscape has visible features that make up the surface of the land. Landscapes can be been down down into fear (class act)		Relief of the UK can be divided			The break down and transport of rocks – smooth, round and sorted.		A natural process by which eroded material is carried/transported.		
Landscape Elements		lowlands. Each have their own			Attrition	Rocks that bash together to become smooth/smaller.	Solution	Minerals dissolve in water and are carried along.	
Physical Mountains Coastlines Rivers	BiologicalVegetation	characteristics.	i.e Ar 20 or hill W W wei i.e	i.e. Scotland Areas - 200m: Flat or rolling	Solution	A chemical reaction that dissolved rocks.	Suspension	Sediment is carried along in the flow of the water.	
	Wildlife	Lowlands			Abrasion	Rocks hurled at the base of a cliff to break pieces apart.	Saltation	Pebbles that bounce along the sea/river bed.	
Human • Buildings • Infrastructure • Structures	Variable Veather Smells Sounds/Sights	Uplands		No.		Mills. Warmer weather. i.e. Fens	Hydraulic Action	Water enters cracks in the cliff, air compresses, causing the crack to expand.	Traction
Glaciation in the UK		Human activity on Landscape							

Over many thousands of years, glaciation has made an impression on the UK's landscape. Today, much of upland Britain is covered in u-shaped valleys and eroded steep mountain peaks.

During the ice age

Ice covered areas eroded and weathered landscapes to create dramatic mountain scenery.

After the ice age

Deep valleys and deposition of sediment revealed

Geology of the UK

The UK is made from a variation of different rock types. The varied resistance of these rocks influences the landscape above.

Igneous Rock

Volcanic/molten rock brought up to the Earth's surface and cooled into solid rock.

Sedimentary Rock

Made from broken fragments of rock worn down by weathering on Earth's surface.

Metamorphic Rock

Rock that is folded and distorted by heat and pressure.

Soil & Landscape

- Soils are created from weathered rocks, organic material and water. Rock types have influence over fertility of soil.
- Low-laying areas such as the Cambridgeshire Fens have deep soil whereas uplands have thin soil.
- Deep soil is more often associated with deciduous woodland rather than coniferous woodlands.

vegetation which grows there.	been i
Over thousands of years, much of the UK's woodlands have gone.	Increa means
Distin	

Farming has changed the

in the rock.

which grows there.	been replaced by urban sprawls.	pylons cover most of the UK.
nds of years, much of oodlands have gone.	Increasing population of the UK means more houses are needed.	UK's marshes and moorlands are heavily managed by people.
Distin	ctive Land	scapes

Much of the rural landscape has

Climate and Weather in the UK		Average ra	
The variations of climate and weather means there are different influences on the UK's landscape.			
Climate	Weathering		
The rainfall map of the UK shows variations in average rain. • Less precipitation occurs in	Mechanical Caused by the physical action of rain, frost and wind.	s A	
 Most precipitation occurs in upland areas. Scotland. 	Chemical Action of chemicals within rain dissolving the rock.	All and a state	
Uplands experiences mean Uplands experience more weathering, erosion and mass movement.	Biological Rocks that have been broken down by living organisms.	© Couve copyright	
Freeze-thaw weathering			
Stage One Water seeps into cracks and fractures	Stage Two When the water freezes, it expands about 9% This	Stage Three With repea freeze-that cycles, the	

wedges apart

the rock.



w.

rock breaks

off.

Infrastructure such as roads and

Mass Movement

Tractio

Suspens

1

3

Δ

A large movement of soil and rock debris that moves down slopes in response to the pull of gravity in a vertical direction.

- Rain saturates the permeable rock above the impermeable rock making it heavy.
- Waves or a river will erode the base of 2 the slope making it unstable.
 - Eventually the weight of the permeable rock above the impermeable rock weakens and collapses.

The debris at the base of the cliff is then removed and transported by waves or river.



Deposition

When the sea or river loses energy, it drops the sand, rock particles and pebbles it has been carrying. This is called deposition.





1) Hydraulic action widens cracks in the cliff face over time.

- 2) Abrasion forms a wave cut notch between HT and LT.
- 3) Further abrasion widens the wave cut notch to from a cave.
- 4) Caves from both sides of the headland break through to form an arch.
- 5) Weather above/erosion below –arch collapses leaving stack.
- 6) Further weathering and erosion eaves a stump.

Coastal Defences

Hard Engineering Defences				
Groynes	Wood barriers prevent	 Beach still accessible. X No deposition further 	5) 6)	
	longshore drift, so the beach can build up.	down coast = erodes faster.	U	
Sea Walls	Concrete walls break up the energy of the wave . Has a lip to stop waves going over.	 ✓ Long life span ✓ Protects from flooding × Curved shape encourages erosion of beach deposits. 	Fo	
Gabions or Rip Rap	Cages of rocks/boulders absorb the waves energy, protecting the cliff behind.	 ✓ Cheap ✓ Local material can be used to look less strange. X Will need replacing. 	Harder ro Safter ro	
Soft Engineering	Defences			
Beach Nourishment	Beaches built up with sand, so waves have to travel further before eroding cliffs.	 ✓ Cheap ✓ Beach for tourists. X Storms = need replacing. X Offshore dredging damages seabed. 	Harder 1	
Managed Retreat	Low value areas of the coast are left to flood and erode	 ✓ Reduce flood risk ✓ Creates wildlife habitats. X Compensation for land. 	€	

naturally.



Swash moves up the beach at the angle of the prevailing wind. Backwash moves down the beach at 90° to coastline, due to gravity. Zigzag movement (Longshore Drift) transports material along beach.

- Deposition causes beach to extend, until reaching a river estuary.
- Change in prevailing wind direction forms a hook.
- Sheltered area behind spit encourages deposition, salt marsh forms.

Upper Course of a River

1)

2)

Formation of Bays and Headlands

Near the source, the river is flows over steep gradient from the hill/mountains. This gives the river a lot of energy, so it will erode the riverbed vertically to form narrow valleys.

mation of a Waterfall	
Via	1) River flows over alternative types of rocks.
	2) River erodes soft rock faster creating a step.
	3) Further hydraulic action and abrasion form a plunge pool beneath.
	4) Hard rock above is undercut leaving cap rock which collapses providing more material for erosion.
	5) Waterfall retreats leaving steep sided gorge.

Middle Course of a River

Here the gradient get gentler, so the water has less energy and moves more slowly. The river will begin to erode laterally making the river wider.

Formation of Ox-bow Lakes



Lower Course of a River

Near the river's mouth, the river widens further and becomes flatter. Material transported is deposited.

Formation of Floodplains and levees

When a river floods, fine silt/alluvium is deposited on the valley floor. Closer to the river's banks, the heavier materials build up to form natural levees.

Nutrient rich soil makes it ideal for farming. Flat land for building houses.

River Management Schemes

Soft Engineering Afforestation – plant trees to soak up rainwater, reduces flood risk. Demountable Flood Barriers put in place when warning raised.

Managed Flooding – naturally let areas flood, protect settlements.

Case Study: Hunstanton Coast

Location and Background

Located on the North-West coast of Norfolk. The town is a popular sea resort for tourists to visit all year round. In 2013, the town suffered damage from a storm surge.

Geomorphic Processes

Old Hunstanton is dominated by dunes that are formed when sand is trapped and built up behind objects.
-Hunstanton Cliffs are made from three different bands of rock (sandstone, red chalk and white chalk).
-Hunstanton Cliff are exposed to cliff retreat. This is when a wave-cut notch develops enough for the cliff face to become unstable and eventually collapses.

Management

-Hunstanton is protected by a number of groynes. These trap sand to build up the beach for better protection. -The town is also protected by large sea walls to prevent flooding and deflect the waves energy. -\$15 million has been spent on beach nourishment to add sediment to beach for increased protection against flooding.

Natural levees

		Hard Engineering	
o soak up rainwater, s put in place when Ily let areas flood,		Straightening Channel – increases velocity to remove flood water. Artificial Levees – heightens river so flood water is contained. Deepening or widening river to increase capacity for a flood.	
	Cas	se Study: The River Tees	
lk. The town is a ear round.	Loc Loc Per	cation and Background cated in the North of England flows 137km from the nnines to the North Sea at Red Car.	
hat are formed objects. fferent bands of c). at. This is when cliff face to	Geo Up wa fro Gra Mic The Lov	omorphic Processes per – Features include V-Shaped valley, rapids and terfalls. High Force waterfall drops 21m and is made m harder Whinstone and softer limestone rocks. adually a gorge has been formed. ddle – Features include meanders and ox-bow lakes. e meander near Yarm encloses the town. wer – Greater lateral erosion creates features such as odplains & levees. Mudflats at the river's estuary.	

Management

-Towns such as Yarm and Middleborough are economically and socially important due to houses and jobs that are located there. -Dams and reservoirs in the upper course, controls river's flow during high & low rainfall.

- Better flood warning systems, more flood zoning and river dredging reduce impact from flooding.

Year 11 MUSIC GCSE HT1 Knowledge Organiser



Lots of orchestral music

Year 11 Subject Term Knowledge Organiser: Computer Science

Programming

We need to know what an algorithm is and how they relate to programming, A discrete set of precise instructions that have an input and return an output Be able to obtain user input from the keyboard. Be able to output data and information from a program to the computer display.	We will need to know how to use and understand the following statement types : •variable declaration •constant declaration •assignment •iteration •selection •subroutine (procedure/function). Examples of iteration and selection are below •FOR i ← 1 TO 5	We will be able to use the following mathematics within our programmes and algorithms addition subtraction multiplication real division integer division, including remainders.
We will need to know how to use nested selection and nested iteration structuresAn example of nested iteration would be:WHILE NotSolved # loop 1 Instructions here	 Instructions here ENDFOR An example of indefinite (condition controlled) iteration with the condition at the start would be: WHILE NotSolved Instructions here ENDWHILE Examples of indefinite (condition controlled) 	We need to know and understand the concept of a data type. With focus on the following integer real Boolean character string.
FOR i ← 1 TO 5 #loop 2 Instructions here ENDFOR Instructions here ENDWHILE	 REPEAT Instructions here UNTIL Solved DO Instructions here WHILE NotSolved 	We will be able to use the following operators within our programming and algorithms: •equal to == •not equal to != •less than < •greater than > •less than or equal to <= •greater than or equal to.>=

Year 11 Subject Term Knowledge Organiser: Computer Science

Programming

We will need to know how data is stored and accessed in programmes, this is called data structures Understand the concept of data structures. Why we use lists and arrays. Use arrays (or equivalent) in the design of solutions to simple problems. Storing multiple values in one variable Only one and two-dimensional arrays are required.	We will be able to handle and manipulate strings within our code. We will be able to understand and be able to use pre defined terms /instructions within our code to find and do the following •length •position •substring •concatenation •convert character to character code •convert character code to character •string conversion operations.	Understand what is meant by testing in the context of algorithms and programs. Be able to identify and correct errors within our programs. Understand what test data is and describe the following types of test data: normal (typical) boundary (extreme) erroneous data. Boundary data would be for example: If the allowed range is 1 to 10, then
 Be able to write simple data validation programmes (is the data correct). The following validation checks are examples of simple data validation: Checking if an entered string has a minimum length checking if a string is empty checking if data entered lies within a given range (eg between 1 and 10). This will allow us to to write simple authentication routines. 	We need to understand the concept of subroutines. Explain the advantages of using subroutines and functions in programs. Describe the use of parameters to pass data within programs. Use subroutines that return values to the calling routine. Know that subroutines may declare their own variables, called local variables, and that local variables usually: only exist while the subroutine is executing are only accessible within the subroutine. Use local variables and explain why it is good practice to do so. Describe the structured approach to programming.	boundary data is 0, 1, 10, 11, ie either side of the allowed boundary. Be able to select and justify the choice of suitable test data for a given problem. Understand that there are different types of error: syntax error logic error. Be able to identify and categorise errors within algorithms and programs.

THEMES: Human Rights		What are Human Rights	Racism	
Key terms		The Universal Declaration of Human Rights is the most important document outlining human rights. It was agreed upon by the United	Making members of ethnic groups feel welcome and	
Censorship	Limiting and suppressing what people can say, write, see or hear.	Nations in 1948, as a response to the terrible events of the Second World War.	Raise children to share beliefs that all humans are equal and valuable.	
Discrimination	The act of treating a person differently to others.	every human being regardless of gender, race, language, religion, politics, or wealth.		
Prejudice	Judging people to be inferior or superior without any reason behind it.	The Universal Declaration of Human Rights is not a law itself. It is a statement of the world's commitment to human rights. Many of its articles have been included in the laws of countries around the world.	which campaign for equality.	
Extremism	Supporting ideas that most people consider unreasonable.	MLK	Malala As a young girl of 11, the Pakistani student wrote an anonymous diary about what life was like under the rule of an extreme group called the Taliban in north-west Pakistan. She talked about how she wanted to stay in education and about how girls should be able to go to school. The Taliban wanted to ban girls' education. But the Taliban didn't like this. And because of what she said in her diary - in October 2012, she was shot by their soldiers.	
Human Rights	The basic entitlements of all human beings.	Discrimination against black people in America goes back to the days of slavery. From the late 18th century onwards slavery was made illegal in the USA, but equal rights were not		
Personal Conviction	Where a person feels strongly about something.	quick to follow. In some of the States in the late 1800s black people outnumbered whites and yet they had virtually no rights		
Social Justice	Promoting a fair society and challenging injustice. Ensuring everyone is equal.	King was instrumental in co-ordinating protests and sit-ins, boycotts and speeches to promote racial equality without		
Absolute poverty	Deprivation. Where a person cannot access the most basic of human needs.	slowly the segregation laws began to disappear.	Still, she continued her work and became the youngest person ever to win the world-famous Nobel Peace Prize.	
Relative poverty	How poor a person is compared to another.	Westboro Baptist Church	Poverty and Wealth Most poverty is found in less economically developed	
Crucial Commands: Describe:Say in detail what something or someone is like, and the impact it has. E.g. Describe the meaning of the word Omnibenevolent. Explain: Say why something or someone is important, and the impact it has. E.g. Explain why Jesus' death is important to Christians. Discuss: Write about at least two points of view and explain why these points of view are valuable or not. E.g. "The most important Christian belief is Jesus' resurrection" (15 marks)		 became well known for its forceful opposition to homosexuality and the gay rights movement, as expressed on picket signs carried by church members at funerals and other events. The church also demonstrated against other religions, most notably Judaism. It condoned tragedies as the 9/11 attacks (2001) and the mass shooting at an elementary school in Connecticut (2012), as God's retribution for sin. 	 countries (LEDCs). These countries are non-industrialised, e.g Afghanistan and Sudan. People living in these countries are more likely to have high rates of child mortality, poor life expectancy, inadequate housing and poor educational standards. Contrast this with those who live in more economically developed countries (MEDCs). Examples of MEDCs include the UK, USA and Canada. People living in MEDCs often have a much better chance of living in relative wealth. These countries have a more developed economy and have a greater income due to their technological and industrial abilities. 	

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Year 11 3D Design Knowledge Organiser



ASSESSMENT OBJECTIVE Critical Understanding: Develop Ideas Through Investigations, Demonstrating Critical Understanding.

Mind Mapping: Ideas Presented Around Theme



Keywords Each branch represents a key idea, one word per branch, one word creates more associations. Colours coding Allows you to categories. Makes your work look more appealing.

Include images Communicates more than words, Processed instantly, Visual stimuli

Mood board: Collage Ideas Using Collected Images

Consider your theme Are you collecting images for a theme or of an artists work?

Sources When researching a theme

collect images, photos, wallpaper samples, magazine cuttings, lettering etc. When researching an artist ensure all the images are relevant.



Fill the space

Your mood board will directly link to the development of your project. Fill any empty space with annotation and sketches.

Don't limit yourself

Even if it doesn't link to your starting point it may relate to your theme. Add annotations and sketches to show your thought process.

Presentation Pull it all together by sticking to a particular style and/or colours scheme. Use font for your titles

Analysing: 3D Design Work

Artist Research: Show Your Understanding

Biographical info Birth, death, style, education, important works

Topic/theme

In the center of the

page, use images and

text to represent your

chosen theme.

Branches

Key themes, add to

each main branch by

adding other branches.

Social, historical, economic influences

What is happening at the time? Was the work in response to anything?

Collected images Mood board- annotation your thoughts

Copied images Show your understanding by reproducing examples of their work.



Analyzing artwork Analyze artists and your own work using form, content, process, mood, next steps

In the style of

Create your own version of the artists work. You should work in the style of the artist work with your own imagery.

Artistic influences

Who influenced their work? Did their work influence anyone else? What is your view/opinion of the work at first glance.

Content

- (Looking at the subject of the work)
 What is the work about?
- Is the work realistic/abstract/surreal? Explain how this impacts the viewer.
- Have any parts been exaggerated or distorted? If so, why/how?
- Are there any reoccurring features within the artist work? Describe.
- What is the theme of the work? What message does the work communicate?
- Form
- (Looking at the formal elements)
 What colours does the artist use? Why?
- What colours does the artist use? Why? What shapes does the artist use? Why?
- What mark-making techniques does the artist use? Why?
- How big is the work? Why did the artist chose this scale?
- Does the artist have a recognizable style. If so, explain what made you think this.
 - What featur

Key Terms

Tone

Tints

Blending

Definition

Sculpture

Sculpt

Media

Abstract

Figurative

Layering

Hues

Mark-making

Circular Motion

Smooth Transition

Depth

ProportionComposition

Accuracy Quality Of Line Weight Of Line

- What media/materials/tools has the artist used? What is the evidence for this?
- How has the artist communicated their

(How has the work been made and

decision making/creative journey/narrative? How has the work been made?

Mood

Process

developed)

- (Looking at the communication of moods and feelings)
 - How does the work make you feel? Explain. Does the colour, texture, form, theme,
 - composition effect your mood?
 - Does the work reminisce about a dream or your past or a person experience? Explain.

Next steps

- (How are you going to use this knowledge to develop your own work)
- How will you develop your work in response?
- response? What features will you try to replicate?
- Continuous LineScale

Mi	ciudad		Places in town town	vn otions	Activities	Shops
	En mi	un ayuntamiento - a town hall un bar/muchos bares - a bar/lots of bars	to - a town halluna pista de hielo - an ice rinka bares - a bar/lots of barsun puerto - a port/harbourruinas) - a (ruined) castleuna oficina de correos - a post officeemaun restaurante - a restauranta marketuna bolera - a bowling alleyswimming poolun teatro - a theatredo - a supermarketuna iglesia - a churcheachuna biblioteca - a library		Vivo en <u>Liverpool</u> , una ciudad grande	I live in Liverpool , a big <u>city</u>
	ciudad/pueblo hay In my city/town there isun castillo (en ruinas) - a (ruined) castle un cine - a cinema un mercado - a market una piscina - a swimming pool un supermercado - a supermarket una playa - a beach un museo - a museum 	un castillo (en ruinas) - a (ruined) castle un cine - a cinema un mercado - a market			que <mark>está situado</mark> en el <u>noroeste de Inglaterra,</u>	which is situated in the Northwest of England
		una piscina - a swimming pool		al lado del río <u>Mersey</u> .	next to the river <u>Mersey</u> .	
		una playa - a beach		Vivo en <u>las afueras</u> y	I live in <u>the outskirts</u> and	
		una estación de trenes/autobuses - a train/bus station un gran almacén - a department store un centro comercial - a shopping centre	station	me chifla mi barrio porque hay mucho para los habitantes.	I love my neighbourhood because there is lots for the residents.	
city	un polideportivo - a sports centre Es una ciudad/un histórico/a - historic transmila (a color (mint))		- modern	Por ejemplo, se puede <u>visitar</u> <u>los museos, hacer un recorrido</u> <u>en autobús o ir de compras</u>	For example, you can <u>visit</u> <u>the museums, go on a bus</u> <u>tour</u> or <u>go shopping</u>	
۸y	pueblo animado/a - lively aburr - It's a turístico - touristy indus	animado/a - lively aburrido turístico - touristy industria	/a - boring il - industrial		ya que hay un centro commercial enorme.	because there is an enormous shopping centre.
	Está situado -		ı por Known for	También hay un lago donde se puede hacer esquí acuático.	Also, there is a lake where you can go water skiing.	
	it's situated está rodeado de it's surrounded by				Desafortunadamente no hay piscina.	Unfortunately there is no swimming pool.
	Tiene unos impresionantes paisajes naturales - it has some amazing natural landscapes Tiene varios influencias culturales - it has various cultural influences Tiene el bullicio de la ciudad - it has the hustle and bustle of the city Es mi ciudad natal - it's my home town Hay mucho que hacer/hay mucha marcha - there's lots to do No hay nada que hacer - there's nothing to do Hay una zona peatonal - there's a pedestrian zone		iQué pena! Me flipa hacer natación.	What a shame! I'm crazy about swimming.		
			ine city	En mi opinión Liverpool es muy <u>turística</u> dado que	In my opinion Liverpool is very <u>touristy</u> because	
					hay muchos <u>museos</u> , dos <u>catedrales</u>	there are lots of <u>museums</u> , two <u>cathedrals</u>
S	se puede you can Se puede you can estar mucho tiempo al aire libre - spend of subir la torre - go up the tower hacer un recorrido en autobús - do a bus disfrutar de las vistas - enjoy the views apreciar la arquitectura variada - appreci aprovechar del buen tiempo - make the mu probar platos típicos - try local dishes practicar senderismo - go hiking/trekking ir de compras - go shopping		a lot of time in the open air tour iate the variety of the architecture ost of the good weather sports	y es conocido por <u>los</u> <u>Beatles</u>	and it's known for <u>the</u> <u>Beatles</u>	
vitie				y <u>el fútbol</u> . iHay dos <u>estadios</u> <u>de fútbol</u> !	and <u>football</u> . There are <u>two</u> <u>football stadiums</u> !	
Acti					Tiene <u>el bullicio de la ciudad</u> y	It has <u>the hustle and bustle</u> <u>of a city</u> and
					varios influencias culturales.	various cultural influences.
	NoUn estanco - a tobacconist's Un banco - a bank Una cafeteria - a café Una carnicería - a butcher's Una farmacia - a pharmacy/chemist's Una frutería - a greengrocer's Una joyería - a jeweller's Una librería - a bokshop Una panadería - a bakeryUna papelería - a stationery shop Una pastelería - a stationery shop Una pastelería - a stationery shop Una pastelería - a cake shop Una peluquería - a hairdresser's Una pescadería - a fishmonger's Una tienda de ropa - a clothes shop Una juguetería - a shoe shop Una juguetería - a toy shop Una tienda de comestibles - a grocery store/supermarket			Es mi ciudad natal	It's my home town	
			a stationery shop - a cake shop - a hairdresser's - a fishmonger's ropa - a clothes shop - a shoe shop - a toy shop comestibles - a grocery store/supermarket	y me encanta.	and I love it.	
Shops					A model tex	t on my city
						16
Mi ciudad





_						
antages	Lo mejor de vivir		es tan fácil desplazarse - it's so easy to get around		Lo mejor de vivir en la ciudad es que	The best thing about living in the city is that
	en la ciuda que the	d es best	hay una rea de transp hay tantas diversiones	sorte publico - there's a public transport network s - there's so much to do	es <u>tan fácil desplazarse</u> ya	it's <u>so easy to get around</u>
	thing about	t living in	, hay muchas posibilidad	des de trabajo - there are lots of job opportunities	que	
			la vida es más interes	ante - life is more interesting	hay <u>una red de transporte</u> público muy fiable.	because there is <u>a really</u> reliable public transport network.
			el centro es tan ruido	so - the centre is so noisy	Además, merece la pena	Moreover, it's worth getting
dis	Lo peor qu	e que	nay tanto tratico - th	eres so much traffic	madrugar porque	up early because
	that	ining is	la conte no se conose	- rearly don't know each other	hay mucho que hacer.	There's a lot to do.
			hay demasiado contan	ninación - there's too much pollution	Hay <u>cines, tiendas</u> y <u>boleras</u>	There are <u>cinemas</u> , <u>shops</u>
90				na an f iabha - aba mublia ann an ant ianta naliabha	У	and bowling alleys and
anto			hay bastante desempl	eo - there's quite a lot of unemployment	mucha gente dice que <u>la</u> vida es más interesante.	lots of people say that <u>life</u> <u>is more interesting</u> .
	En el camp	o in	yo conozco a todos mi	is vecinos - I know all of my neighbours	En mi opinión, se lleva una	In my opinion life is so hectic in the city
4	the country	yside	se puede aprovechar o	del aire libre - you can enjoy the fresh air	vida tan frenética en la ciudad	
			la vida es más tranqui	ila - life is calmer	y por eso, preferiría vivir en el campo.	therefore I would prefer to live in the countryside.
			la vida es más aburrio	la - life is more boring		
	introduc		a transporte público g	ratis - I would introduce free public transport	Me parece que hay <u>bastante</u> <u>desempleo</u>	It seems that there is <u>a lot</u> of unemployment
		renovaria	os edificios viejos - 1	would renovate the old buildings	sin embargo la vida es <u>más</u>	however life <u>is calmer</u> and
50	Si fuana	crearía má	s trabaios - T would cr	trabailos - T would create more jobs		
- 00u	posible -	crearía má	a más frabajos - I would create nore goos a más espacios verdes - I would create more green spaces iría en la educación - I would invest in education ría más árboles - I would plant more trees iría más tiendas en el centro - I would build more shops in the centre		se puede aprovechar del aire libre.	you can enjoy the fresh air.
	possible	invertiría			Si fuera posible cambiaría muchas cosas de mi ciudad.	If it were possible I would change a lot of things in my city.
	'	plantaría n				
		constuiria			Por ejemplo reduciría la	For example I would reduce
		prohibiría los coches - I would ban cars		<u>contaminación y</u>	pollution and	
				plantaría más árboles ya que	<u>plant more trees</u> because	
in the past	En el pasado - in the past Hace (10) años - 10		the la ciudad era - más/menos que hacer - more/less to do the city was mucho despempleo - there was a lot of unemployment	en el pasado era muy <u>industrial</u> .	in the past it was very <u>industrial</u> .	
	years ago En los años the 60s	s sesenta - ir	was más/menos industrial - more/less industrial tenía - it had un puerto importante - an important port	A model text	↑ ↑ on advantages	
i+	dicen que	- my los Beatles se volvian tamosos - the Beatles became tamous Liverpool era la capital de cultura durante el año dos mil ocho (2008) - Liverpool was the		and diaduar	toog of the	
	parents/gr	andparents	Capital of Culture in 2008 la ciudad ha cambiado a lo largo de los siglos – the city has changed throughout the centuries		ana aisaavar	nuges of the
Ś					ci	ty 17
	4				-	

	Unit 2.3 Making Operational Decisions:			= means connective
 Types of Production Job Production: Making one product at a time. This is used to make one off products which are different each time: + Highly skilled workers = High quality goods = excellent reputation = more sales & profit = more money to make the business better. + Goods can be made exactly how the customers wants them = high levels of customers satisfaction -High staff wages as the employees are highly skilled = higher unit costs = less overall profit = less money to make the business better - Doesn't allow for economies of scale = costs per unit are higher = overall costs are higher = less profit to spend making this business better Flow Production: This is when the same product is made continuously using dedicated machinery + Low skilled workers = lower wages = lower cost per unit which is important as profit margins are low = more overall profit per unit = more profit to make the business better + Can benefit from economies of scales as they can buy in bulk = costs per unit are lower = the price of the product can be lowered to beat competitors - Workers are low skilled and the job can be boring = lack of motivation = might leave and go elsewhere = money spent on recruitment and training = less profit = less money to spend making the business better 		Batch production When companies produce one product for a period of time, and then switch to a similar but different product e.g. a bread company will make all white bread and then stop change the machine to make brown bread + Allows different batches to be made = more variety = can keep more customers happy = larger customer base = more sales = more profit = more profit to make business better. + can benefit from economies of scale if the business is producing a large quantity of each batch= lower cost per unit = can charge a higher price - lots of down time for the machines when changing between batches = lost time = lower productivity = higher costs per unit = lower profit per unit = less profit to make the business better.		
		Just In Time: Only ordering stock when you need it. + You don't need to pay for a warehouse to hold your stock so costs are lower = profit higher = more money to spend making the business better + Won't have lots stock that then goes out of stock = you won't have to reduce the price or make a loss on the items as they are no longer popular = saves money = more profitCan't meet unexpected demand = disappointed customers = customers may go to your competitors and not return = less sales and profit = less money to spend making business better -Customers may be let down and have to wait as you don't have the stock to replace any broken or faulty items = poor customer satisfaction = bad reputation = less sales and profit		
		Key Word: Economies of Scale: The r the lower the costs per ite able to buy raw materials	more the business ems become for ex in bulk and aet a	makes of it's items xample they are discount.

Unit 2.3 Making Operational Decisions: Supplier Relationships and Quality

 Procurement: Getting the right supplies from the right supplier, at the right price and at the right time Factors that a business would need to consider in the Procurement of it's supplies Cost of the items The delivery – including the cost/speed and reliability of delivery The quality of the materials 	Impact on of poor supplier reliability -Orders will not be met = customers let down = bad reputation = loss of customers = less sales and profit -May only be able to offer limited choice = customers will feel dissatisfied = are less likely to return and go to a competitor = less sales and profit	
 The availability of the materials The trust between the supplier and the business *This question could also worded "Factors a business must consider before choosing a supplier" 	Impact of an unprofessional supplier -Deliveries are late -Quality is poor	
WAGOLL: Explain one factor a business, would have to consider during the procurement of their stock (3) A business would consider the quality of the raw materials. This is because if the quality of the raw materials is low then the quality of the overall product will be low. This would result in a damaged reputation and a loss of sales and profit.	Benefits of producing high quality items Can charge a higher price = more profit per item = more profit overall = more money to spend making the business better Happier customers = more likely to return and therefore become loyal = more sales and profit	
Or A business must consider the cost of the items. The business must ensure that the cost isn't too high as otherwise this may mean that the business has to charge a higher price which would mean they may loose customers who go to a cheaper competitor	Drawback of producing high quality items Expensive as the raw materials used to produce the goods must also be good quality = higher costs per unit = higher overall costs = less profit = less money to spend making the business better.	
Explain the benefits of having a good relationship with suppliers(6) Suppliers are more likely to give the business discounts on raw materials. This means that the variable costs per unit may fall. Therefore more profit will be made on each item and this leads to more money to spend making the business better. Suppliers are likely to become more reliable . Therefore, supplies of raw materials are more likely to arrive on time. As a result customer needs will be satisfied and therefore the business will get a good reputation which lead to more sales and profit	Quality controlChecking the product at the end of the productionprocessQuality Assurance:Checking the product throughout the productionprocessesExam Hint: A question about quality control is NOTsimply asking the benefits or the drawbacks of havinghigh quality goods.	

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	Unit 2.5 Making human re	source decisions: Training		= means connective
Advantages of Quality Control		Advantages of Quality Assurance		
Quicker and less time consuming as you are not stopping to check products – higher levels of productivity as more items are produced in a day – higher productivity = lower unit costs = more profit per unit- more money to reinvest back into the business As products are checked right at the end faulty or poor quality products should not end up with the customer – no unhappy customers – no damage to reputation – keep loyal customers – keep competitive advantage		Costs are lower as there is less wastage as products are checked regularly and mistakes are picked up quickly – lower costs mean more profit – more money to invest and make the business better		
		More motivational to employees as they feel trusted and responsible for their part in ensuring the product is good quality – they don't want to be the person that lets the team down – therefore work harder to ensure the product is good quality – in turn less faults – therefore less wastage – therefore lower costs		
Disadvantage of Quality Control		Disadvantages of Quality As	Suranco	
Lots of wastage as the whole product is made before fault is spotted – high wastage – high costs – less profit Hard to get all staff to feel they are part of the quality system and part of the process which can impact motivation = more likely to make mistakes = more costly = less profit		Disadvaniages of Qodiny As	solutice	
		Less productive - as more st – higher costs per unit – may makes good more expensive afford – less sales – less profit	e stops in the production line-less made nay have to have higher selling price – nsive – lower target market as less can rofit.	
		Staff need trained = costly = making the business better	less profit = less n	noney to spend

Productivity

Productivity is output per worker. It measures how much each worker produces over a period of time. If you increase productivity you get workers to produce more in the same time period. Being more productive reduces costs. And makes the COST per Unit lower. This means

- You can make more profit per unit a)
- b) You can charge a lower selling price

You can improve productivity by

- Motivating workers
- o Training workers
- Having better machinery

Unit 2.5 Making human resource decisions: Training

= means connective

Portions of chicken



Other potential Questions:

State 2 pieces of information found on a bar gate stock graph Maximum Stock Level/Minimum Stock Level/Reorder Level/ Lead Time Maximum Stock Level 1,300 Minimum Stock/Buffer level 100 Reorder level: 800 Days for order B to arrive/Lead Time : 26-12 = 14 days Order that arrived: Order A: On day 6 when the order arrived they had 100 portions of chicken, this then shot up too 1300, therefore they ordered 1200 portions

Days without Chicken: 26 – 22 = 4 days

Year 10 Subject Term Knowledge Organiser: Enterprise and Marketing

L01: Understand how to target a Market: Market Segmentation **WAYS** to Segment the Market: We need customer segmentation because: Customers are o Age DIFFERENT. Gender They are different in 0 Occupation o Benefits they want Income • Amount of **money** they are able/willing to pay 0 Geographic • Quality of goods they require 0 Lifestyle Quantity of goods they require The **BENEFITS** of market segmentation Can make more profit 0 Happier Customers 0 Allows for better advertising 0 Ensures products fully meet the needs of customers The purpose of Market Research 0 L01: Understand how to target a Market: Market Research To reduce **risk** 0 To help with **decision** 0 **Primary Research/Field** Secondary/Desk Research SecondaryResearch/Desk making **Research** Research To gain customers' views 0 Gathering data and and understand what they information that has Advantages: Advantages: want **ALREADY** been collected Relevant and Up to Cheap before date Quick to get **Primary Research/Field** Specific to the Books/newspapers/m 0 **Disadvantages:** Research organisation agazines Only your business has Sales Data May not be up to 0 Gathering data and 0 the information. Competitors' data date or reliable information that has **NOT** 0 your competitor Government statistics Competitors can get been collected before 0 don't Purchased research the same information 0 Observations 0 material (e.g. Mintel) as you. **Disadvantages:** Questionnaires Not Specific to your 0 The internet 0 Surveys Ο Costly business 0 Focus groups Ο Time Consumina 0 Consumer trials 0

Year 10 Subject Term Knowledge Organiser: Enterprise and Marketing

L01: Understand how to target a Market: Primary Market Research

Observations

Advantages:

 Accurate as it shows someone how they truly behave

Disadvantages:

- Doesn't give reasons for the behaviour you are watching e.g. why does the customer not go up a super market aisle
- Time Consuming
- o Expensive

Consumer Trials

Advantages:

You can get **honest** and reliable information as you can see their reaction

Disadvantages:

 Expensive as you have to give away free products

Focus Group

Advantages:

The information is **detailed** and you can find out the WHYs and their detailed opinions

Disadvantages:

0

- Expensive and Time consuming
 - Don't get a lot of responses as it's normally only a small group

<u>Telephone Survey</u> <u>Advantages:</u> •Can cover all over the UK <u>Disadvantages:</u> •Many people don't

answer and hang-upExpensive and Time

Consuming

<u>Personal Survey/Face to</u> <u>Face</u>

<u>Advantages:</u>

Information can be clarified by the interviewer if the person being asked doesn't understand

Disadvantages:

- Time Consuming
- o Expensive

Internet Survey Advantages: •Quick and cheaper than the other methods Disadvantages: •May be ignored Postal Survey Advantages: •Less Time Consuming than Face to Face Disadvantages: •Many people just put them in the bin

<u>Questionnaire</u>

Advantages:

Business can ask the **questions they want**

Disadvantages:

- Time Consuming
- Expensive
- People may not want to answer the questions

Year 10 Subject Term Knowledge Organiser: Enterprise and Marketing

L01: Understand how to Research: Secondary N	target a Market Narket Research	L01: Understand how to target a Market Research: Customer Feedback Techniques		L01: Understand how to target a Market: Data
Internal Sales Data Advantages: Can clearly see trends over a set amount of time Disadvantages: Only gives limited	Books and MagazinesAdvantages: CheapDisadvantages: quickly	Methods Customer Comments Type Online surveys Advantages: QUA Online surveys Customer QUA Online surveys Comment cards Cheap method as num Online surveys Comments of nu Online surveys Comments of nu Online surveys Comments of nu Online surveys Surveys Disadvantages: of nu Online surveys Social Media Disadvantages: of nu Social Media Media Media of nu Advantages: Comments to staff opin Free to access on Costs nothing peop Disadvantages: Disadvantages: opin	Customer Comments CardsAdvantages:• Cheap method as the customer fills it in themselvesDisadvantages:• Easily ignored/ not filled in	Types of Data <u>QUANTIIT</u> ative Data (think QUANTITY). This is numerical data made up of numbers e.g. from surveys e.g. 95% of people like Business or looking at Sales data e.g. a business made £20,000 last month
information – doesn't give the why.	<u>Purchasea Research</u> <u>Materials – e.g.</u> <u>Mintel</u> <u>Advantages:</u> Is very detailed <u>Disadvantages:</u>		QUALIT ative Data (think QUALITY). This is data made up of people's opinions. You get the "Why behind the people's answers. This is from Focus groups or Interviews	
<u>Statistics</u> <u>Advantages:</u> Free to access on the internet	 Have to pay for it Competitors Data Advantages: 	Disadvantages: • If it's negative may damage your reputation	 No guarantee the staff member will pass the information on to management 	
Disadvantages: • Out of date quickly	Can find it quickly on the internet Disadvantages: • Out of date quickly	Online Survey/Telephone see above .	e and email survey –	