



**Longdendale**  
HIGH SCHOOL

# ENRICHMENT ELECTIVES

Year 7: 2024-25



Part of  **STAMFORD  
PARK TRUST**



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HIGH SCHOOL

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PARK TRUST**

## Our Mission

Through excellence in education we are an inclusive community, that embraces choice, opens doors and creates opportunities. With kindness and collaboration, we empower everyone to be the best version of themselves. We are confident, curious and creative individuals who contribute positively to our community.



**RESPECT**

**RESILIENCE**

**ASPIRATION**

## Dear Year 7 Students,

The new electives programme is designed to instil our vision of 'Excellence and Ambition' for all. We believe that all of you should have the opportunity to take part in enrichment beyond the curriculum to realise your talents and interests to reach your full potential.

With the electives programme, you will take part in three electives per academic year. We would like you to pick one from each pillar academic, physical health and wellbeing and community. This will support developing your whole character.

### Academic Elective

This will focus on driving deep knowledge beyond the curriculum learning. We want you to develop a disposition for lifelong learning and be highly confident in applying critical, enquiry-based and problem-solving approaches to conceptual and practical challenges.

### Physical Health & Wellbeing Elective

Part of physical health and well-being is paramount to leading healthy successful lives. In these electives you will develop strength, stamina, resilience, flexibility team-working and co-ordination skills. Additionally, wellbeing strategies which support positive mental health such as mindfulness.

### Community & Leadership Elective

We are a community school and are always looking to strengthen our links with the wider community. We have worked with residential care homes, primary schools, nurseries, church and food banks and we are passionate about how you can make a difference. Community and leadership pillars are designed to support you develop skills and talents to support others building their confidence, oracy, collaboration, project-based learning.

You should pick **five** electives that you would like to study in term one from the different pillars using **this form** by 6th September. After this deadline you will be assigned an option.

If you are not successful with your first choice, you may be assigned this elective on a different term.

From Year 7 to Year 10 you will have the opportunity to take part in 12 electives which will strengthen your personal development and cultural capital.

Electives are part of our compulsory offer for all students. Therefore, once assigned these cannot be amended for timetabling purposes. Electives are planned to take place 2.35 - 3.30pm and commence Wednesday 11th September 2024.

Please read the guide carefully before making choices to stretch and challenge your talents and interests.

Thanks in advance,

Miss G. Lowe (Assistant Headteacher)

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# Book Club

## Open to:

- ✓ Year 7
- ✓ Year 8
- ✓ Year 9



## Introduction

In this elective, you will be reading a book as a group, feeding back on our thoughts and opinions on the text, predicting what happens next and talking about other books we have enjoyed. This will develop your reading for pleasure.

## What Knowledge Will I Gain?

You will gain knowledge of exciting new literature and discuss the book and their enjoyment.

## What Skills Will I Gain?

Reading discussion, communication and evaluation.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**




**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE English Language and GCSE English Literature. Learning to enjoy reading is essential for all careers, especially publishing, writing and teaching.

## Further Reading and Information

 Open University Reading for Pleasure: [www.ourfp.org](http://www.ourfp.org)

# Super Scientist



## Open to:

- ✓ All year groups

## Introduction

If you love all things science, then this elective is for you! You will be working in groups to solve real life scientific problems – you will need to use all you know about science to discover a solution. You will be completing practical science experiments using a wide range of apparatus and use all you know about science to run your very own discovery.

## What Knowledge Will I Gain?

Scientific knowledge linked to Biology, Chemistry, Physics, Engineering and Technology. The project process develops enquiry, problem-solving and communication skills.

## What Skills Will I Gain?

This elective helps young people become independent and reflective learners through enquiry-based project work. You will also achieve a qualification called the CREST Award.

## Which Value does this link with?



RESPECT



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will help you complete triple Science in GCSE (Biology, Chemistry and Physics). Further ahead if you're applying for university or for an apprenticeship or a job, you can use CREST to enhance your application. The CREST awards are a well-regarded, high-quality and a tangible recognition of success.

## Further Reading and Information



CREST Awards: [www.crestawards.org](http://www.crestawards.org)

# Logic Problems

## Open to:

- ✓ All year groups



## Introduction

In this elective, you will solve logic problem puzzles. These help you to approach problems in a different way and also develops logical reasoning.

## What Knowledge Will I Gain?

Problem solving, study of the brain and thinking processes.

## What Skills Will I Gain?

Mental processing skills, communication, problem solving.

## Which Value does this link with?



RESPECT



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE maths, further maths and statistics. It will help you with resilience, reading and understanding and approaching problems in a methodical way. Future study could include maths A Level and further maths and this could lead to studying maths at university.

# Longdendale Scrabble League



## Open to:

- ✓ All year groups

## Introduction

In this elective, you will boost your literacy and spelling skills. This will build into a competition league, building community within school.

## What Knowledge Will I Gain?

Students will learn knowledge of word formation and language acquisition.

## What Skills Will I Gain?

Literacy, numeracy, how to be a fair winner and loser.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE English Language and GCSE English Literature and could lead to A Level study in English and careers in Journalism and Publishing.



# Remembrance Project



## Open to:

- ✓ All year groups

## Introduction

This elective will give students the exciting opportunity to commemorate those who have died serving our country during World War One. Within this project students will visit a local war memorial in Hollingworth to honour and pay tribute to those who sacrificed their lives. Students will research about soldiers' experiences during the First World War and will create poppies and war memorials; symbols of both remembrance and hope for peace, in preparation for Remembrance Day on the 11th November.

## What Skills Will I Gain?

Skills that students will gain during this elective are teamwork, creativity and communication skills.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**




**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE history. Future Careers link to the field of the armed forces, history, law, journalism.

## Further Reading and Information

-  Royal British Legion: [www.britishlegion.org.uk/](http://www.britishlegion.org.uk/)

# Scratch Computer Coding



Open to:

✓ Year 7

## Introduction

In this elective the aim is to plan and code a computer game using SCRATCH.

## What Knowledge Will I Gain?

The fundamentals of coding and using a block-based programming language to create a computer game

## What Skills Will I Gain?

Problem solving, algorithm development which are the main elements of computational thinking.

## Which Value does this link with?



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE computer science and ICT. This will link in to jobs in the computing and ICT fields such as game development and app development.

## Further Reading and Information



Wiingy: [www.wiingy.com/resources/tutorials/scratch-for-beginners/](http://www.wiingy.com/resources/tutorials/scratch-for-beginners/)

# Comics and Craft

Open to:

✓ Year 7



## Introduction

Comics and Craft is designed for students to explore their creativity and imagination. Students will gain skills such as design/art and will be able to link this with their most beloved fictions comic characters.

## What Knowledge Will I Gain?

Art, craft and design embody some of the highest forms of human creativity. A high-quality art and design education should engage, inspire and challenge you. This equips you with the knowledge and skills to experiment, invent and create your own works of art, craft and design. Through your passion for comics and graphic novels you will gain a more in-depth knowledge of the background to the characters and learn different themes.

## What Skills Will I Gain?

You will develop listening skills and teamwork building by working together to build and design. Creativity will be evident in your designs. Problem solving is a key skill used throughout the process of building and constructing. Arts and craft benefit your self expression, confidence and self-esteem, fine motor skills, patience, concentration and planning and organisational skills.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE art and design and also English Language. As you progress, you should be able to think critically and develop a more rigorous understanding of art and design. You should also know how art and design both reflect and shape our history, and contribute to the culture, creativity and wealth of our nation.

## Further Reading and Information

 Comic Boom: [www.comicboom.buzzsprout.com](http://www.comicboom.buzzsprout.com)

# Cycling Proficiency and Bike Safety



## Open to:

- ✓ Year 7
- ✓ Year 8
- ✓ Year 9

## Introduction

In this elective, you will understand how to maintain bikes and also learn a range of different cycling skills to keep themselves safe whilst cycling.

## What Knowledge and Skills Will I Gain?

You will gain knowledge of how to be safe when cycling and will gain confidence riding. You will gain knowledge with regards to the highway code and learn basic first aid knowledge in regards to common cycling injuries. You will have the opportunity to cycle different routes and courses set up on school grounds. You will learn how to maintain and clean bikes, gears, brakes, chain and tyres with practical sessions including changing tyres and inner tubes, mending punctures, adjusting the seat and handle bars, changing cables, building a bike from the frame and running routine services on a bike. You will also learn what to carry with you while cycling.

## Which Value does this link with?



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in BTEC sport. Possible careers could include jobs at British Cycling, bike mechanics, aspirations to future hobbies and ambitions, healthy lifestyle.

# Longdendale Sewing Bee



## Open to:

- ✓ All year groups

## Introduction

In this elective you will be taught advanced textiles and construction skills to make garments inspired by the show, The Great British Sewing Bee.

## What Knowledge Will I Gain?

Advanced textiles and construction techniques, life skills sewing buttons, repairing fabric.

## What Skills Will I Gain?

You will gain the skills to follow sewing instructions to make garments that they can wear or reproduce for other people.

## Which Value does this link with?



RESPECT



RESILIENCE







ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE art, design and technology (textiles). Students will be signposted to potential careers e.g. fashion design, tailoring, fashion research, fashion merchandising and more.

## Further Reading and Information

-  The Great British Sewing Bee: Back to Basics: ISBN 9781837831463
-  Great British Sewing Bee: From Stitch to Style: ISBN 9781849498821
-  Fashion: The Definitive Visual Guide: ISBN 9780241388310
-  Mend! A Refashioning Manual and Manifesto: ISBN 9780143135005

# Orienteering

Open to:

✓ Year 7



## Introduction

Orienteering is a combination of cross-country running with an academic purpose. Orienteering is for people who want their running to be an adventure whilst being an expert navigator. Orienteering will develop your sense of the world, give you a deeper appreciation of the natural environment and encourage you to explore the great outdoors.

## What Knowledge Will I Gain?

Orienteering is an outdoor adventure sport that exercises both your mind and body. Your navigation skills will be developed as you learn to read a map and navigate your way through marked checkpoints and controls using a specially designed school orienteering map. There is no set route, and these will change with each festival, so the skill and fun come from trying to find the best route in the fastest time!

## What Skills Will I Gain?

Physical and mental endurance. Navigation and map reading skills

## Which Value does this link with?



RESPECT



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE geography and BTEC sport. Careers could include creating maps (Cartography), entrepreneurship, team building activities and outdoor education.

## Further Reading and Information



British Orienteering: [www.britishorienteering.org.uk/newcomers\\_guide](http://www.britishorienteering.org.uk/newcomers_guide)



Scout Life: [www.scoutlife.org/features/163874/9-things-to-know-about-orienteering/](http://www.scoutlife.org/features/163874/9-things-to-know-about-orienteering/)

# Tim Burton Film Study



## Open to:

- ✓ Year 7
- ✓ Year 8
- ✓ Year 9

## Introduction

You will explore a film studies elective that analyses elements of Tim Burton's cinema style. This will give students an insight into a potential future in film, media studies and film criticism. The horror genre is a popular interest and a Tim Burton theme has been chosen to suit students of secondary age. As media studies is something not offered currently in schools it gives you an opportunity to explore this area.

## What Knowledge Will I Gain?

You will gain a knowledge of cinematic features stop motion and the gothic cinema genre.

## What Skills Will I Gain?

Analytical skills of film and cinema techniques linked to media.

## Which Value does this link with?



RESPECT



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ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in media studies. Leadership skills and knowledge is highly valued by colleges, universities and employers. The course will provide students with a comprehensive foundation of skills, experiences and insights that are directly applicable to future careers.

## Further Reading and Information

-  Various books on the art and cinema of Tim Burton will be offered to students to read.

# Christmas Concert Singing Club



## Open to:

- ✓ All year groups

## Introduction

In this elective, you will prepare a range of music for the Christmas concert to be selected, rehearsed and performed for a live audience. Please note that all students who wish to be in the Christmas Choir must select this elective in term 1.

## What Knowledge Will I Gain?

Knowledge of repertoire, styles, artists.

## What Skills Will I Gain?

Performance skills, stage presence, vocal skills.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE music. Possible careers could be in the entertainment business. Other skills include confidence building that can benefit all other careers.



# Eco-Schools Award

## Open to:

- ✓ All year groups



## Introduction

Eco-schools is an international award programme that guides schools on their sustainable journey, providing a simple framework to help make sustainability an integral part of school life.

## What Knowledge Will I Gain?

At Eco Club, you'll gain knowledge of sustainable practices, biodiversity, conservation techniques and how to be more conscious about the world's environment.

## What Skills Will I Gain?

You'll gain skills in sustainability, environmental awareness, teamwork, project management and innovative thinking, all focused on protecting the planet.





## Which Value does this link with?



## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE geography and science. Attending an Eco Club at school can help with careers by fostering skills in sustainability, teamwork, and project management, directly linking to careers in environmental science, conservation, and sustainable business practices both in white and blue collar industries.

## Further Reading and Information

-  No One Is Too Small to Make a Difference by Greta Thunberg
-  You Are Eating Plastic Every Day by Danielle Smith-Llera & Plastic Sucks! by Dougie Poynter
-  This Book is Not Rubbish by Isabel Thomas & A Planet Full of Plastic by Neal Layton
-  Earth Heroes: Twenty Inspiring Stories of People Saving Our World by Lily Dyu

# Leadership Launchpad



## Open to:

- ✓ Year 7
- ✓ Year 8
- ✓ Year 9

## Introduction

Do you want to be a Transition Leader this year? Do you want to help support with the Year 5 and 6 students when they come up to do different activities at Longdendale? Do you want to be a form group leader? Do you want to make a real difference? Do you want to make a great first impression with all of your teachers by standing out from the rest? This is for you!

## What Knowledge Will I Gain?

We will have fun playing games and work as teams on challenges to problem solve and help us understand ourselves better.

## What Skills Will I Gain?

You will learn how to communicate with confidence with others and work as a team.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**






**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in all GCSEs. Leadership skills and knowledge is highly valued by your Longdendale teachers, colleges, universities and employers.

## Further Reading and Information

-  The 7 Habits of Highly Effective Teens by Sean Covey: ISBN 9780743264112
-  Start With Why and Leaders East Last by Simon Sinek: ISBN 9780241958223 & 9781543614626
-  Dare to Lead by Brené Brown: ISBN 9780399592522

# Magic

Open to:

✓ All year groups



## Introduction

In this elective, you will learn the basic mechanics of card magic so that you can develop the technique to perform magic tricks using cards. This elective will work with drama to practice live performances for audiences.

## What Knowledge Will I Gain?

Improved knowledge of spoken presentation and maths skills.

## What Skills Will I Gain?

Maths - presentation, communication skills, confidence.

## Which Value does this link with?



RESPECT



RESILIENCE



ASPIRATION

## How Does it Link to Future Study & Careers?

This elective will support future study in BTEC Performing Arts. Possible careers could be in the performing arts industry e.g. entertainer.

# Printmaking

## Open to:

- ✓ All year groups



## Introduction

In this elective, you will develop new skills in printmaking processes and be able to make your own products. This elective will work with photography to display work for the wider community.

## What Knowledge Will I Gain?

You will gain an understanding of how to design, create and develop multiple prints.

## What Skills Will I Gain?

Independent thinking, creativity, technical skills.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE art, design and 3D design. You could become an artist who creates prints and would be useful knowledge and skills for future study in art and design in KS5 and beyond.

## Further Reading and Information

Research monoprinting, lino printing and etching.

# School Newspaper: Journalism



## Open to:

- ✓ All year groups

## Introduction

You will work closely with the 'School Newspaper: Publishing and Marketing' elective. Collectively, you will plan the stories, content and layout of the newspaper or magazine, writing and editing articles, before working with the publishing team on print layout. You will explore student existing media and analyse it before replicating the style in our own publication.

## What Knowledge Will I Gain?

Media layout/language/tone etc analysis. Understanding and replicating other features of magazines - puzzle pages, competitions, etc. Article analysis and replication.

## What Skills Will I Gain?

Writing and editing; interviewing; planning; working to deadline.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in GCSE English Language and could lead to careers in Journalism, other writing careers or photography.

# School Newspaper: Publishing & Marketing



## Open to:

- ✓ All year groups

## Introduction

You will work closely with the 'School Newspaper: Journalism elective'. You will explore student existing media and analyse it before replicating the style in our own publication. You will take the stories and learn how to turn them into a product which is read and communicated widely across school, developing your ICT and design skills.

## What Knowledge Will I Gain?

Knowledge of different marketing processes and publishing styles.

## What Skills Will I Gain?

Confidence, Professionalism, time management, literacy skills and image development.

## Which Value does this link with?



**RESPECT**



**RESILIENCE**



**ASPIRATION**

## How Does it Link to Future Study & Careers?

This elective will support future study in BTEC enterprise and marketing. This will appeal to those that want to study ICT or marketing at college or university. Anyone that wants a job that they will have to work to strict deadlines collaborating with others.

**RESPECT**   
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